

Report of har ghar har din Ayurveda 2022
Rognidan department

Sr. No.	date	Activity name	Place	Faculty name
1.	13/10/2022	Article-Nutrition in vardhakyaavastha	Navshakti newspaper	Dr Archana Gharge
2.	28/09/2022	Lecture- Millets and nutrition	at Bandodkar college, Thane	Dr Jai Kini
3.	4/10/2022, 7/10/2022	Awareness to Senior citizens- Explaining the nidan causing diseases in senior citizens	At YMTAMC, kharghar	Dr Archana Gharge, Dr. Shivani Gupta, Dr. Snehal Yadav, Dr Anil Parekar
4.	13/10/2022	Youtube Video- Importance of mental well being – Ayurveda point of view.	Youtube	Dr Anil Parekar
5.	13/10/2022	Lecture-Mental health	Physiotherapy college, Dr. G.D.Pol foundation	Dr. Snehal Yadav, Dr Anil Parekar
6.	19/10/2022	Sharing of experiences to common people	IPD of YMTAMC, Kharghar	Dr. Shivani Gupta, Dr Anil Parekar



