

DR. G. D. POL FOUNDATION
Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI

Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA 455/2026

CIRCULAR

Date: 08/09/2026

6 DAYS CME PROGRAMME FOR TEACHERS OF KAYACHIKITSA
(12th October 2026 to 17th October, 2026)

SPONSORED BY - MINISTRY OF AYUSH, NEW DELHI

CO-ORDINATED BY - RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI

To,
The Principal/Dean,
All Ayurveda Colleges of India.

Subject: Inviting applications for 6 days CME programme for Teachers of Kayachikitsa
Ref: RAV Letter No. F. No. 5-11013/1/2026-SCHEME (CME), Date: 02.09.2026.

Dear Sir/Madam,

I am pleased to inform you that Dr. G.D. Pol Foundation YMT Ayurvedic Medical College, Kharghar – Navi Mumbai, Maharashtra is organizing a six days CME for teachers of Kayachikitsa, Sponsored by Ministry of AYUSH, Govt. of India, New Delhi and Coordinated by Rashtriya Ayurveda Vidyapeeth, New Delhi from 12th October 2026 to 17th October, 2026.

Applications are invited from teachers of KAYACHIKITSA of NCISM approved colleges through proper channel. You are requested to nominate suitable candidate from your Institute/college for this purpose. The selection of the candidates will be as per RAV guidelines. The last date for receiving applications for the CME is 20th September 2026 through Google form.

<https://forms.gle/Lqh6dP2PPwxDbKXt5>

Scan To Register :

Thanking You.

VD. SANJEEV YADAV
PRINCIPAL

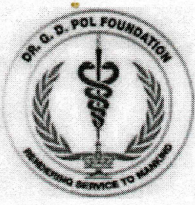
Dean **Dr. G. D. POL FOUNDATION**
Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
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Copy to:

1. Administrative office, RAV, New Delhi.



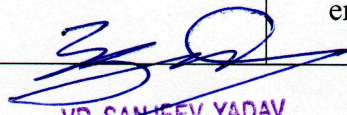
CME KAYACHIKITSA



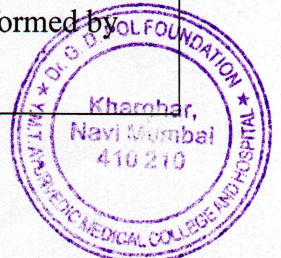
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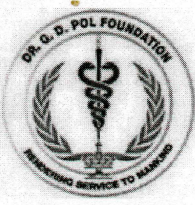
Phone: 022- 27744406 Fax: 27749895 E-Mail: yntayurved@drdgpolfoundation.org
Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

DETAILS OF CME	
Name of the CME	6 Days RAV- CME For Kayachikitsa Teachers.
Sponsored by:	MINISTRY OF AYUSH, NEW DELHI RAV, NEW DELHI
Duration	12th October 2026 to 17th October, 2026.
Venue	Dr. G.D. Pol Foundation YMT Ayurvedic Medical College, Kharghar – Navi Mumbai, Maharashtra. 410210.
Eligibility of Trainee	1. Teaching faculty of Kayachikitsa working in NCISM recognized Ayurveda Colleges.. 2. Trainee who has attended less number of CME 3. Trainee on the basis of seniority in service. 4. Teachers who have already attended two CME programmes in the year 2025-26 will not be eligible
Maximum no. of trainees	30
Procedure to Apply	1. Candidates can apply in the prescribed Format through Google Form link. (https://forms.gle/Lqh6dP2PPwxDbKXt5) or scan above QR Code 2. The Authority application should be countersigned and duly certified by the Head of the Institution/Controlling authority to the effect that the candidate is a regular teacher in the concerned department and that he/she has not attended more than two such programmes during the current financial year.(attached in google form) 3. Participants should attach copies of Aadhar Card, Pan Card & Original Identity Card & Authority Letter of the Institute through Google Form link. 4. Applications which are incomplete and received after due date will not be considered.
Last Submission Date	20 September 2026
Procedure of Selection	1. Guidelines of RAV CME Scheme will be applicable for the selection (http://www.ravdelhi.nic.in/en/cme-scheme). 2. Selected participants will be informed by email before 21/09/2026.


V.D. SANJEEV YADAV
PRINCIPAL

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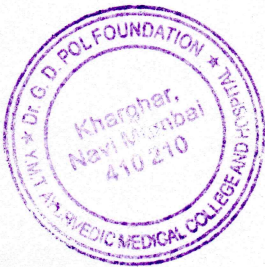


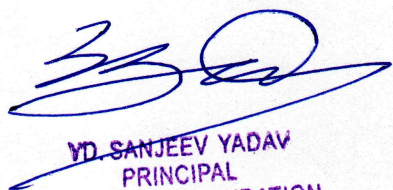


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Payment of TA	1. Participants should produce the original tickets or receipts for payment of T.A. 2. Fare will be reimbursed only at the end of the programme and subject to eligibility limited maximum up to 2 Tier A.C. Rail fare as per the laid down conditions & principles. 3. TATKAI or DYNAMIC PRICING train tickets will not be reimbursed. 4. Arrangements for accommodation, food will be provided by the Institute during the CME period. 5. Payments will be made directly to the bank account by electronic transfer. 6. Reimbursement of the journey performed by road impermissible for the places which are not connected by rail. 7. The road mileage will be limited to 2 AC rail charges or actual claim, whichever is lower. 8. Note: As per RAV guidelines Train Tickets can be purchased through – IRCTC/ Ashoka Travell / railOne App Only will be reimbursed.
Lodging and Boarding	• The trainees will be provided the best possible lodging and boarding facility within the budget limits of the CME.
Attendance and Participation Certificate	• Full 6 Days attendance is mandatory for obtaining participation certificate. • Certificates will be issued at the end of the CME.




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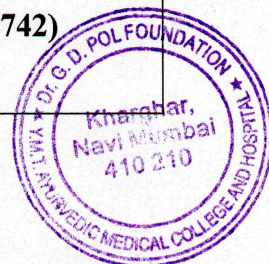
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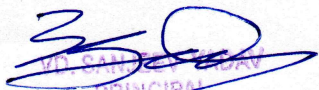
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Organizing Committee:

Chief Patron	• Dr. G. D. Pol Chairman, Dr. G.D. Pol Foundation, Kharghar, Navi Mumbai 410210.
Patron	• Dr. Kavita Pol Trustee, Dr. G.D. Pol Foundation, Kharghar, Navi Mumbai 410210. • Dr. Hrishikesh Pol Trustee, Dr. G.D. Pol Foundation, Kharghar, Navi Mumbai 410210.
Chairperson	• Dr. Sanjeev R. Yadav, Principal, Dr. G.D. Pol Foundation, YMT Ayurvedic Medical College, Kharghar, Navi-Mumbai 410210.
Organizing secretary	• Dr. Minal S. Vaidya, HOD, Department of Kayachikitsa. Dr. G.D. Pol Foundation, YMT Ayurvedic Medical College, Kharghar, Navi-Mumbai 410210.
Coordinators	• Dr. Aparna Sathe Associate Professor, • Dr. Mahesh Pandey Associate Professor & Vice-Principal • Dr. Pramod Pol (9594763942) Associate Professor, • Dr. Pravin Jagtap (9890902106) Assistant Professor • Dr. Vidhya Chaudhari (7506224233) Assistant Professor • Dr. Vaibhav Kurkute (9923519742) Assistant Professor

Details are also available on the website — <https://www.ymtayurvedcollege.org/>




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Kharghar Navi Mumbai - 410 210..

**Tentative Shedule-6 Days CME
for Kayachikitsa Teacher
Dr.G.D. Pol Foundation YMT Ayurvedic Medical College
Kharghar.Navi Mumbai. Maharashtra**

Day 1 – 12/10/2026

Time	Schedule	Topic	Resource Person
08.30 - 09.00 AM	Registration and Breakfast		
09:00-10:00AM	Inauguration		
10:00-11:30AM	Session 1	Clinical Application of Shatkriyakala in Samprapti Vighatana and Algorithmic Treatment Design	Dr. Zenica D'souza
11:30-01:00PM	Session 2	Comprehensive Ayurvedic Management Protocols for Metabolic Syndrome	Dr. Mrityunjay Sharma
01:00-02:00PM	Lunch Break		
02:00-03:30PM	Session 3	Ethical Principal In Clinical Practices	Dr. Zenica D'souza
03:30-05:00PM	Session 4	Ayurvedic Perspectives and Clinical Management in Hematological Disorders	Dr. Mrityunjay Sharma
Day 2 - 13/10/2026			
09:30–11:00AM	Session 1	Advancements in Rasayana and Vajikarana : Clinical Efficacy of Uttarbasti in Male Infertility	Dr. Madhav Digavi
11:00–12:30AM	Session 2	Epidemiological and Clinical Perspectives of Tuberculosis through the Lens of Rajayakshma	Dr. Shilpa K
12:30–01:30PM	Lunch Break		
1:30 – 3:00PM	Session 3	Evidence-Based Ayurvedic Management Strategies for Chronic Kidney Disease (CKD)	Dr. Madhav Digavi
3:00 – 4:30PM	Session 4	Diagnosis & application of principles of management in twak vikara & clinical insights into common dermatological conditions	Dr. Shilpa K
Day 3 - 14/10/2026			
09:30-11:00AM	Session 1	Contemporary Ayurvedic Rheumatology: Diagnostic Protocols and Clinical Outcomes	Dr. Sanjeev Rastogi
11:00–12:30AM	Session 2	Critical Evaluation and Management of Pranavaha And Annavaha Srotodushti	Dr. Shrilatha Kamath
12:30–01:30PM	Lunch Break		
1:30 – 3:00PM	Session 3	Methodologies, Ethics, and Innovations in Ayurvedic Clinical Research	Dr. Sanjeev Rastogi
3:00 – 4:30PM	Session 4	Advanced Therapeutic Protocols for Annavaha Srotas Disorders	Dr. Shrilatha Kamath

**Tentative Shedule-6 Days CME
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Day - 4 - 15/10/2026

09:30 - 11:00AM	Session 1	Conceptual & Diagnostic approach to Liver Disorder	Dr. Sameer Naik
11:00– 12:30AM	Session 2	Integrative Management Strategies for Hepatobiliary Diseases	Dr. V.G. Huddar
12:30– 01:30PM		Lunch Break	
1:30 – 3:00PM	Session 3	Principles and Clinical Practice and Success stories in Ayurvedic Hepatology	Dr. Sameer Naik
3:00 – 4:30PM	Session 4	Integrative Oncology: The Role of Ayurveda in Cancer Care and Palliative Care	Dr. V.G. Huddar

Day 5- 16/10/2026

09:30– 11:00AM	Session 1	Understanding vata vyadhi : A clinical Neurological Perspective with Ayurvedic Management	Dr. Shraddha Sharma
11:00– 12:30AM	Session 2	Ayurvedic Therapeutics and Rehabilitation in Neurological Disorders	Dr. Jitesh Madhavan
12:30– 01:30PM		Lunch Break	
1:30 – 3:00PM	Session 3	Manasa Roga : Integrating Ayurvedic Principles with Modern Mental Health Care	Dr. Shraddha Sharma
3:00 – 4:30PM	Session 4	Contemporary Psychiatric Disorders: Ayurvedic Interventions and Psychological Care	Dr. Jitesh Madhavan

Day 6 -17/10/2026

09:30– 11:00AM	Session 1	Evidence-Based Medicine (EBM)in the Management of Manas Roga	Dr. Basavaraj Tubaki
11:00– 12:30AM	Session 2	Digital Pedagogy: Utilization of Online Tools for Practical Training and Competency Evaluation	Dr. Amit Nakanikar
12:30– 01:30PM		Lunch Break	
1:30 – 3:00PM	Session 3	Critical Understanding and Application of Avasthik Chikitsa in Jalodara.	Dr. Basavaraj Tubaki
3:00 – 4:30PM	Session 4	A Critical Comparative Analysis of Diabetes Mellitus And Medovaha SrotoDushti	Dr. Amit Nakanikar
4:30 – 5:30AM		Valedictory	

ON THE OFFICIAL LETTERHEAD OF THE INSTITUTION

Ref. No.: _____

Date: ____ / ____ / 2026

AUTHORITY LETTER

To,
YMT Ayurvedic Medical College,
Kharghar, Navi Mumbai,
Maharashtra – 410210.

This is to certify that Dr. _____,
Designation: _____,
Department: _____,
Institution: _____,

is working/associated with this Institution as _____.

The Institution hereby grants permission and No Objection Certificate (NOC) to Dr.
_____ to attend and participate in the RAV CME in
Kayachikitsa organized at:

G. D. Pol Foundation, YMT Ayurveda Medical College,
Kharghar, Navi Mumbai, Maharashtra – 410210.

It is further certified that, as per the records available with this Institution, the above-mentioned faculty/participant has not attended more than two (02) CME programmes during the previous calendar/academic year 2025–2026, as applicable under the relevant RAV/CME requirements.

This certificate is being issued at the request of the concerned faculty/participant for submission to the RAV CME Organizing Authority and for all relevant official purposes.

Thanking You,

Institutional Certification

Head of the Institution/Controlling authority