



DR. G.D. POL FOUNDATION

YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL

NAVI MUMBAI

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

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TIME TABLE of S.Y.B.A.M.S. 2025-26 w.e.f. 01/01/2026

Day	9.00-10.00 am	10.00-11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	1.00-1.30	1.30-2.30 pm	2.30-3.30 pm	3.30-4.30 pm	4.30-5.30 pm	5.30-6.0pm
Monday	SW-LH/NLT Dr. Arati Darvajkar (Asst.Professor)	RN- LH/NLT Dr. Jai Kini (Professor)	RS-LH/NLT Dr.Ashwini Deshmukh (Asso.Professor)	AT-NLP (1,2 week) Dr.Sanjay Nandedkar (Professor) / Dr. Sachin Dore (Asst. Professor)	Lunch	NLP- RN(A-batch) Dr. Jai Kini (Professor)	NLP- RN(Batch) Dr. Shivani Gupta (Asso. Professor)	Samhita Parayan Dr.Ketaki Kamat (Asso.Professor)	Remedial SA	Sports/ Library
				SA-NLT (3,4 week) Dr. Ketaki Kamat (Asso.Professor)		RS(B Batch) Dr.Ashwini Deshmukh (Asso.Professor)	RS(A Batch) Dr.Meenakshi Amrutkar(Professor)			
Tuesday	SA-LH Dr. Ketaki Kamat (Asso. Professor)	AT-LH Dr.Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst. Professor)	RN- LH/NLT Dr. Shivani Gupta (Asso. Professor)	RS-LH/NLT Dr.Meenakshi Amrutkar (Professor)	Lunch	DG NLP-A (Dr. Dipti G Kadam (Asso. Professor)/ Dr.Atul T.Jadhav (Asso.Professor)/ Dr.Rachana Patil) (Asst. Professor)		Remedial DG	Sports/ Library	
						SW NLP-B (Dr.Jayesh Kumbhar (Asso. Professor) / Dr. Vishal Kulkarni (Professor))				
Wednesday	SW-LH/NLT Dr.Jayesh Kumbhar (Asso.Professor)	RS-LH/NLT Dr.Sheela Pargunde (Professor)	DG-LH/NLT Dr.Manoj B. Kadam (Professor)	SA-LH Dr. Ketaki Kamat (Asso. Professor)	Lunch	SW NLP-A (Dr. Arati Darvajkar (Asst. Professor)/Dr. Vishal Kulkarni (Professor))		Remedial SW	Sports/ Library	
						DG NLP-B (Dr.Manoj B. Kadam (Professor)/ Dr.Abhishek Ghorpade(Asst. Professor)/ Dr.Rachana Patil (Asst. Professor))				
Thursday	AT-LH Dr. Mamta Narvekar (Asso. Professor)/ Dr. Sachin Dore (Asst.Professor)	DG-LH/NLT Dr. Dipti Kadam (Asso. Professor)	RS-LH/NLT Dr.Shravan Seth (Asst. Professor)	RN- LH/NLT Dr.Archana Gharge (Professor)	Lunch	RS NLP-A Dr.Shravan Seth (Asst. Professor)		Remedial RSBK	Sports/ Library	
						RN NLP-B Dr. Monica Bombe (Asst. Professor)				
Friday	SW-LH/NLT Dr. Vishal Kulkarni (Professor)	RN- LH/NLT Dr. Monica Bombe (Ast. Professor)	SA-NLT Dr.Ketaki Kamat (Asso. Professor)	DG-LH/NLT Dr.Abhishek Ghorpade (Asst.Professor)/ Dr.Rachana Patil (Asst.Professor)	Lunch	RN NLP-A Dr. Anil Parekar (Asst. Professor)		Remedial AT	Sports/ Library	
		1st week Dr.Anil Parekar (Asst. Professor)				RS NLP-B Dr.Mrunmayee Patil (Asst. Professor)				
Saturday	AT-NLP A&B Dr. Mamta Narvekar (Asso. Professor) / Dr. Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst.Professor)		AT-NLT Dr. Mamta Narvekar (Asso. Professor) / Dr. Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst.Professor)	SA-NLT Dr. Ketaki Kamat (Asso. Professor)	Lunch	DG-LH/NLT Dr.Atul.Jadhav (Asso. Professor)	RS/ RN- H/NLT 1,2 week Dr.Mrunmayee Patil (Asst.Professor), 3,4 week Dr.Anil Parekar (Asst. Professor)	SW-LH/NLT Dr. Arati Darvajkar (Asst. Professor) / (Dr.Jayesh Kumbhar (Asso. Professor)/Dr. Vishal Kulkarni (Professor))	Remedial RN	Sports/ Library
	SW -Swastha Vritta		RN -Rognidan & Vikriti Vigyan	AT-Agad Tantra		SA-Samhita Adhyan II	DG- Dravyaguna			

(A Batch- 1 to 50 & B- Batch- 51-100) Mentor mentee meetings- 5th Mon (12.00-1.00pm) & 5th Saturday (12.30-3.30p.m)



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Timetable of SYBAMS Batch 2024-25 (Starting May 2026)

Day	9.00-10.00 am	10.00-11.00	11.00-12.00	12.00-1.00	1.00-1.30	1.30-2.30	2.30-3.30	3.30-4.30	4.30-5.30	5.30-6.00
Monday	RSBK LH/NLHT Dr. Shravan Seth (Asst. Professor)	1 & 2 week RSBK LH/NLHT Dr. Mrunmayee Patil (Asst. Professor) 3 & 4 week RNVV LH/NLHT Dr. Monica Bombe (Asst. Professor)	Dravyaguna LH/NLHT Dr. Manoj Kadam (Professor)	1 & 2 week Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor) 3 & 4 week Agadanttra NLHP Dr. Sachin Dore (Asst. Professor)/Dr. Aarti Jadhav (Asst. Professor)	Lunch	Agadanttra-NLHP A&B Batch Dr. Mamta Narvekar (Asso. Professor) / Dr. Viraj Kelkar (Asso. Professor)	Swasthavrutta LH/NLHT Dr. Arati Darvajkar (Asst. Professor)/ Dr. Jayesh Kumbhar (Asso. Professor)/ Dr. Vishal Kulkarni (Professor)	Remedial RNVV	Sports/ Library	
Tuesday	Swasthavrutta LH/NLHT Dr. Vishal Kulkarni (Professor)	Dravyaguna LH/NLHT Dr. Atul Jadhav (Asso. Professor)	Agadanttra LH/NLHT Dr. Viraj Kelkar (Asso. Professor)/Dr. Sachin Dore (Asst. Professor)	RNVV LH/NLHT Dr. Archana Gharge (Professor)	Lunch	RSBK NLHP A Batch Dr. Mrunmayee Patil (Asst. Professor) RNVV NLHP B Batch Dr. Monica Bombe (Asst. Professor)		Remedial RSBK	Sports/ Library	
Wednesday	Swasthavrutta LH/NLHT Dr. Arati Darvajkar (Asst. Professor)	RNVV LH/NLHT Dr. Jai Kini (Professor)	Agadanttra LH/NLHT Dr. Mamta Narvekar (Asso. Professor)/Dr. Aarti Jadhav (Asst. Professor)	Dravyaguna LH/NLHT Dr. Abhishek Ghorpade (Asso. Professor)/ Dr. Rachana Patil (Asst. Professor)	Lunch	RNVV NLHP A Batch Dr. Anil Parekar (Asst. Professor) RSBK NLHP B Batch Dr. Shravan Seth (Asst. Professor)	Remedial Agadanttra	Sports/ Library		
Thursday	9.00-9.30 Samhita Parayan Dr. Mandar Karve (Asso. Professor) 9.30-10.00 Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor)	Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor)	RSBK LH/NLHT Dr. Ashwini Deshmukh (Asso. Professor)	RNVV LH/NLHT Dr. Dr. Anil Parekar (Asst. Professor)/Monica Bombe (Asst. Professor)	Lunch	Swasthavrutta NLHP A Batch Dr. Arati Darvajkar (Asst. Professor)/ Dr. Vishal Kulkarni (Professor) Dravyaguna NLHP B Batch Dr. Rachana Patil (Asst. Professor)/ Dr. Abhishek Ghorpade (Asst. Professor)	Remedial Swasthavrutta	Sports/ Library		
Friday	9.00-9.30 Samhita Parayan Dr. Mandar Karve (Asso. Professor) 9.30-10.00 Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor)	Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor)	RSBK LH/NLHT Dr. Meenakshi Amrutkar (Professor)	Dravyaguna LH/NLHT Dr. Dipti Kadam (Asso. Professor)	Lunch	Swasthavrutta NLHP B Batch (Dr. Jayesh Kumbhar (Asso. Professor) / Dr. Vishal Kulkarni (Professor) Dravyaguna NLHP A Batch Dr. Rachana Patil (Asst. Professor)/ Dr. Abhishek Ghorpade (Asst. Professor)	Remedial Dravyaguna	Sports/ Library		
Saturday	Swasthavrutta LH/NLHT Dr. Jayesh Kumbhar (Asso. Professor)	Agadanttra LH/NLHT Dr. Sanjay Nandedkar (Professor)	RSBK LH/NLHT Dr. Sheela Pargunde (Professor)	RNVV- LH/NLHT Dr. Shivani Gupta (Asso. Professor)	Lunch	NLHP RNVV A Batch Dr. Jai Kini (Professor) NLHP RSBK A Batch Dr. Ashwini Deshmukh (Asso. Professor) NLHP RSBK B Batch Dr. Meenakshi Amrutkar (Professor) NLHP RNVV B Batch Dr. Shivani Gupta (Asso. Professor)	Samhita Adhyanan II LH/NLHT Dr. Mahesh Talekar (Asst. Professor)	Remedial Samhita Adhyanan II	Sports/ Library	
1,2,3,4- represent weeks of a month		A batch 1 to 50 & B batch 51 to 100		RNVV- Rog Nidan Evam Vikruti vigyana	RSBK- Rasa Shastra Evam Bhaishajya Kalpana					
5th week of Monday & Saturday (alternate- respective assigned subject and faculty)				LH- Lecture hour; NLHT- Non Lecture hour Theory; NLHP- Non Lecture hour Practic						

VD. MAHESH PANDEY
VICE - PRINCIPAL

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