



# DR. G.D. POL FOUNDATION

YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL NAVI MUMBAI

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E-Mail: [yntayurved@drdgpolfoundation.org](mailto:yntayurved@drdgpolfoundation.org)

Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

FYBAMS WEF 22/11/2025

	9.00-10.00	10.00-11.00	11.00-12.00	12.00-1.00	1.00-2.00	2.00-3.00	3.00-4.00
<b>MONDAY</b>	<b>SNAI/PV on 4<sup>th</sup> Mon</b> Vd. Mandar karve (Asso. Prof.)	<b>RS</b> Vd. Premanand bhalerao (Asso. Prof.)	<b>KS</b> Vd. Ujjwala Gokral (Asso. Prof.)		<b>NL SA</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali (Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Sampada (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Sampada(Asst. Prof.)
<b>TUESDAY</b>	<b>RS</b> Vd. Manoj Jagtap (Prof.)	<b>NL SA</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>NL PV</b> Vd. Mandar karve (Asso. Prof.)	<b>L</b>	<b>SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL TheoryRS</b> Vd. Jagtap (Prof.)/ Vd. Premanand (Asso. Prof.)/ Vd. Akshata (Asso. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata(Asso. Prof.) <b>Library Batch B</b>
<b>WEDNESDAY</b>	<b>PV NL</b> Vd. Mandar karve (Asso. Prof.)	<b>KS</b> Vd. Pankaja (Asso. Prof.)	<b>SA</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>U</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Poonam (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Poonam (Asst. Prof.)
<b>THURSDAY</b>	<b>KS/ RA 4<sup>th</sup> Thursday</b> Vd. Kale (Prof.)	<b>NL SA</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>PV/RS 2&amp;4<sup>TH</sup></b> 2 <sup>nd</sup> - Vd. Neeraj (Asst Prof.)/ 4 <sup>th</sup> – Vd. Sayali (Asst Prof.)	<b>N</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand (Asso. Prof.) <b>NL KS BATCH A</b> Vd. Sampada(Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand (Asso. Prof.) <b>NL KS BATCH A</b> Vd. Sampada(Asst. Prof.)
<b>FRIDAY</b>	<b>PV</b> Vd. Mandar karve(Asso. Prof.)	<b>PHYSICAL EDUCATION</b>	<b>SA</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>C</b>	<b>NL PV/ NL SNAI ON 2,4<sup>TH</sup> FRIDAY</b> Dr. Shukla (Asst. Prof.) Vd. Mandar karve (Asso. Prof.)	<b>NL Theory Kriya</b> Vd. Kale (Prof.)/ Vd. Pankaja (Asso. Prof.) / Vd. Ujjwala (Asso. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand(Asso. Prof.) <b>Library Batch A</b>
<b>SATURDAY</b>	<b>NL SA / PRECEPTOR MEET 4<sup>th</sup> sat</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>RS</b> Vd. Akshata (Asso. Prof.)	<b>SA /CLINICAL TRAINING 2<sup>nd</sup> 4<sup>TH</sup> SATURDAY</b> Vd. Smriti Mishra (Asst. Prof.)/ Vd. Priyanka Ingole (Asst. Prof.)	<b>H</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj (Asst Prof.)/ Vd. Premanand(Asso Prof.) <b>NL KS BATCH A</b> Vd. Poonam (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst Prof.)/ Vd. Premanand(Asso Prof.) <b>NL KS BATCH A</b> Vd. Poonam(Asst Prof.)

RA RECREATIONAL ACTIVITY, PE PHYSICAL EDUCATION, NL= NON LECTURE, SNAI- SANSKRIT AYURVED ITHIHAS, PV – PADARTH VIDNYAN, SA- SAMHITA ADHYAYAN, RS – RACHANA SHARIR, KS – KRIYA SHARIR  
NL Theory includes Seminar/Role Play/Assignment/EBL/PBL/Field visits/Skill lab training/Clinical exposure

  
**VD. SANJEEV YADAV**  
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#### TIME TABLE of S.Y.B.A.M.S. 2025-26 w.e.f. 01/01/2026

Day	9.00-10.00 am	10.00-11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	1.00-1.30	1.30-2.30 pm	2.30-3.30 pm	3.30-4.30 pm	4.30-5.30 pm	5.30-6.0pm
<b>Monday</b>	SW-LH/NLT Dr. Arati Darvajkar (Asst.Professor)	RN- LH/NLT Dr. Jai Kini (Professor)	RS-LH/NLT Dr.Ashwini Deshmukh (Asso.Professor)	AT-NLP (1,2 week) Dr.Sanjay Nandedkar (Professor) / Dr. Sachin Dore (Asst. Professor)	<b>Lunch</b>	NLP- RN(A-batch) Dr. Jai Kini (Professor)	NLP- RN(Batch) Dr. Shivani Gupta (Asso. Professor)	Samhita Parayan	Remedial SA	Sports/ Library
				SA-NLT (3,4 week) Dr. Ketaki Kamat (Asso.Professor)		RS(B Batch) Dr.Ashwini Deshmukh (Asso.Professor)	RS(A Batch) Dr.Meenakshi Amrutkar(Professor)	Dr.Ketaki Kamat (Asso.Professor)		
<b>Tuesday</b>	SA-LH Dr. Ketaki Kamat (Asso. Professor)	AT-LH Dr.Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst. Professor)	RN- LH/NLT Dr. Shivani Gupta (Asso. Professor)	RS-LH/NLT Dr.Meenakshi Amrutkar (Professor)	<b>Lunch</b>	DG NLP-A (Dr. Dipti G Kadam (Asso. Professor) / Dr.Atul T.Jadhav (Asso.Professor) / Dr.Rachana Patil) (Asst. Professor)		Remedial DG	Sports/ Library	
						SW NLP-B (Dr.Jayesh Kumbhar (Asso. Professor) / Dr. Vishal Kulkarni ( Professor))				
<b>Wednesday</b>	SW-LH/NLT Dr.Jayesh Kumbhar (Asso.Professor)	RS-LH/NLT Dr.Sheela Pargunde (Professor)	DG-LH/NLT Dr.Manoj B. Kadam (Professor)	SA-LH Dr. Ketaki Kamat (Asso. Professor)	<b>Lunch</b>	SW NLP-A (Dr. Arati Darvajkar (Asst. Professor)/Dr. Vishal Kulkarni ( Professor))		Remedial SW	Sports/ Library	
						DG NLP-B (Dr.Manoj B. Kadam (Professor)/ Dr.Abhishek Ghorpade(Asst. Professor)/ Dr.Rachana Patil (Asst. Professor)				
<b>Thursday</b>	AT-LH Dr. Mamta Narvekar (Asso. Professor) / Dr. Sachin Dore (Asst.Professor)	DG-LH/NLT Dr. Dipti Kadam (Asso. Professor)	RS-LH/NLT Dr.Shravan Seth (Asst. Professor)	RN- LH/NLT Dr.Archana Garge (Professor)	<b>Lunch</b>	RS NLP-A Dr.Shravan Seth (Asst. Professor)		Remedial RSBK	Sports/ Library	
						RN NLP-B Dr. Monica Bombe (Asst. Professor)				
<b>Friday</b>	SW-LH/NLT Dr. Vishal Kulkarni ( Professor)	RN- LH/NLT Dr. Monica Bombe (Ast. Professor) 1st week Dr.Anil Parekar (Asst. Professor)	SA-NLT Dr.Ketaki Kamat (Asso. Professor)	DG-LH/NLT Dr.Abhishek Ghorpade (Asst.Professor)/ Dr.Rachana Patil) (Asst.Professor)	<b>Lunch</b>	RN NLP-A Dr. Anil Parekar (Asst. Professor)		Remedial AT	Sports/ Library	
						RS NLP-B Dr.Mrunmayee Patil (Asst. Professor)				
<b>Saturday</b>	AT-NLP A&B Dr. Mamta Narvekar (Asso. Professor) / Dr. Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst.Professor)		AT-NLT Dr. Mamta Narvekar (Asso. Professor) / Dr. Viraj Kelkar (Asso.Professor) / Dr. Arati Jadhav (Asst.Professor)	SA-NLT Dr. Ketaki Kamat (Asso. Professor)	<b>Lunch</b>	DG-LH/NLT Dr.Atul.Jadhav (Asso. Professor)	RS/ RN- H/NLT 1,2 week Dr.Mrunmayee Patil (Asst.Professor), 3,4 week Dr.Anil Parekar (Asst. Professor)	SW-LH/NLT Dr. Arati Darvajkar (Asst. Professor) / (Dr.Jayesh Kumbhar (Asso. Professor) /Dr. Vishal Kulkarni (Professor))	Remedial RN	Sports/ Library

**SW -Swastha Vritta**      **RN- Rognidan & Vikriti Vigyan**      **AT-Agad Tantra**      **SA-Samhita Adhyan II**      **DG- Dravyaguna**      **RSBK- RasaShastra Bhaisajya Kalpana**

Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL 50 & B- Batch- 51-100) Mentor mentee meetings- 5<sup>th</sup> Mon (12.00-1.00pm) & 5<sup>th</sup> Saturday (12.30-3.30p.m)

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**Third BAMS Timetable 2026-27 W.E.F.-2/3/2026**

Day	9-10 am	10-11 am	11-1pm	1-1.30pm	1.30-2 pm	2-3pm	3-4pm	4-5 pm		
<b>Monday</b>	PS- LH/NLHT Vd.Dandekar (Asso. Prof.) / Vd.K. Modhave (Asst. Prof.)	RM,Stat. Vd. Tangade (Asst. Prof.) /Vd. Kelkar (Asso. Prof.)	ST-LH/NLHT Vd. Vipin K. (Asst. Prof.)	NLH-P KC Vd. V. Chaudhari (Asst. Prof.)	Remedial coaching	Lunch break	KC-LH/NLHT Vd. A. Sathe (Asso. Prof.)	NLH-P ST Vd. Vipin K. (Asst. Prof.) (Every 4 <sup>th</sup> Monday KC/ SL/PK) (1 / 2 / 3)		
<b>Tuesday</b>	SA- LH/NLHT Vd. M.Talekar (Asst. Prof.)	RM,Stat.(2 <sup>nd</sup> term) Mrs. S. Deshmukh (Asst. Prof.)	PK-LH/NLHT Vd. U.Ray (Asst. Prof.) /Vd.A. Chavan (Asso. Prof.) / Vd.Dukle(Asst. Prof.)	NLH-P- PK Vd. A. Chavan (Asso. Prof.)	Samhita Parayan Vd. M. Talekar(Asst. Prof.)	Lunch break	BR-LH Vd. Shreelakshmi (Asst. Prof.) /Vd. Rajput (Prof.)/ Vd. Pandilwar (Asso. Prof.)	ST-LH / NLHT - Vd. V. Tangade (Asst. Prof.)	RM,Stat Vd. J. Kini (Prof.)	KC-LH/NLHT Vd. V. Chaudhari (Asst. Prof.)/ Vd. M. Vaidya(Prof.)
<b>Wednesday</b>	PK-LH/NLHT Dr.H. Bhadane (Asso. Prof.) / Dr.Amandeep (Asst. Prof.)	SA- LH/NLHT Vd. M.Talekar (Asst. Prof.)	NLH-P SL Vd. A. Sharma (Asst. Prof.)	Remedial coaching	Lunch break	PS-LH / NLHT Vd. Mehere (Prof.) /Vd. P. Nagwanshi (Asst. Prof.)/ Vd. K. Modhave(Asst. Prof.)	NLHP- KC Vd. V. Kurkute (Asst. Prof.)			
<b>Thursday</b>	KC-LH/NLHT Vd. P. Pol (Asso. Prof.)	SL- LH/NLHT Vd A. Sharma (Asst. Prof.) Vd.S. Magar (Prof.)	NLH-P - PS Vd. K. Modhave (Asst. Prof.)	Samhita Parayan Vd. M. Talekar (Asst. Prof.)	Lunch break	PK-LH/NLHT Vd. Dukle (Asst. Prof.)/ Vd. K. Gholap (Prof.)/ Vd. U. Ray (Asst. Prof.)	SL- LH/NLHT Vd. D. Pandit (Asst. Prof.) /Vd.P. More(Asso. Prof.)	ST-LH/NLHT Vd. S. Badole (Asso. Prof.)		
<b>Friday</b>	KC-LH/NLHT Vd. P. Jagtap (Asst. Prof.)	BR-LH/NLHT Vd. Mithila (Prof.) /Vd. P. Pawar (Asst. Prof.) / Vd. Shreelakshmi (Asst. Prof.)	NLH-P- BR Vd. P. Pawar (Asst. Prof.)	Lunch break	Lunch break	PS-LH / NLHT Vd. J Bhat (Asst. Prof.)/ Vd. N.Pol (Asso. Prof.)	SA-LH/NLHT Vd. M.Talekar (Asst. Prof.)	NLHP- SL /PK Vd. D. Pandit (Asst. Prof.)/Vd. Amandeep Kaur (Asst. Prof.) (alternate)		
<b>Saturday</b>	ST- LH/NLHT Vd. D. Chavan (Asso. Prof.)/Vd. Sadgune (Asso. Prof.)	BR-LH/NLHT Vd. P. Pawar (Asst. Prof.)/ Vd. Sawant (Asso. Prof.)/ Vd. M. Amin (Prof.)	NLH-P ST Vd. V. Tangde (Asst. Prof.)	Lunch break	Lunch break	SL- LH/NLHT Vd. P. Mane (Asst. Prof.)/Vd.N. Radaye (Prof.)	KC-LH/NLHT Vd.V. Kurkute (Asst. Prof.)/ Vd. M. Pandey (Asso. Prof.)	Sports/Library		

Research Methodology and Statistics lectures in 2<sup>nd</sup> term from 1/08/25 to 26/01/27.

Remedial Coaching: Monday: 1<sup>st</sup>PS, 2<sup>nd</sup>PK, 3<sup>rd</sup> SA, 4<sup>th</sup> RM Stat.

Wednesday: 1<sup>st</sup>KC, 2<sup>nd</sup> ST, 3<sup>rd</sup> SL, 4<sup>th</sup> BR

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#### Third Year Timetable 2025-26 W.E.F.-1/4/2025 ( Modified on 11 August 2025)

Day	9-10 am		10-11 am	11-1pm	1-1.30pm	1.30-2 pm	2-3pm	3-4pm	4-5 pm	
<b>Monday</b>	<b>PS-LH/NLHT</b> Vd.K.Modhave (Asst. Prof.) / Vd. Dandekar (Asso. Prof.)	<b>RM,Stat. (2<sup>nd</sup>term)</b> Vd.Tangade (Asst. Prof.)	<b>ST-LH/NLHT</b> Vd. Badole (Asso. Prof.)	<b>NLH-P KC</b> Vd. Vd. Pravin Jagtap (Asst. Prof.)	Remedial coaching	Lunch break	<b>KC-LH/NLHT</b> Vd. P. Pol (Asso. Prof.)	<b>NLH-P ST</b> Vd. V. Tangde (Asst. Prof.) (Every 4 <sup>th</sup> Monday SL/PK/KC) ( 1 / 2 / 3)		
<b>Tuesday</b>	<b>SA- LH/NLHT</b> Vd. J. Vaidya (Prof.)	<b>RM,Stat.(2<sup>nd</sup> term)</b> Vd.J.Kini (Prof.) /Vd.V.Kelkar (Asst. Prof.)	<b>PK-LH/NLHT</b> Vd .D. Dukle (Asst. Prof.) / Vd.A.Chavan (Asso. Prof.)	<b>NLH-P PK</b> Vd. U.Ray(Asst. Prof.)	<b>Samhita Parayan</b> Vd Vaidya (Prof.)	Lunch break	<b>BR-LH</b> Vd. Rajput (Prof.)/Vd. Pandilwar (Asso. Prof.) /Vd. Shreelakshmi (Asst. Prof.)	<b>NLH-P KC</b> V. Chaudhari (Asst. Prof.)		
<b>Wednesday</b>	<b>PK-LH/NLHT</b> Dr.Amandeep (Asst. Prof.) / Dr.Hitendra (Asso. Prof.)		<b>SA- LH/NLHT</b> Vd. J. Vaidya (Prof.)	<b>NLH-P SL</b> Vd. D. Pandit (Asst. Prof.)	Remedial coaching	Lunch break	<b>PS-LH / NLHT</b> Vd. Mehre (Prof.)/Vd. P. Nagwanshi (Asst. Prof.)	<b>ST-LH / NLHT - Vd.</b> D. Chavan (Asso. Prof.)	<b>RM,Stat. (2<sup>nd</sup> term)</b> Mrs. S. Deshmukh (Asst. Prof.)	<b>KC-LH/NLHT</b> Vd. Pandey (Asso. Prof.)/ Vd. M. Vaidya (Prof.)
<b>Thursday</b>	<b>KC-LH/NLHT</b> Vd. P.Jagtap (Asst. Prof.)		<b>SL- LH/NLHT</b> Vd.Magar ( Prof.)/Vd Sharma (Asst. Prof.)	<b>NLH-P -PS</b> Vd. Jeny Bhat (Asst. Prof.)	<b>Samhita Parayan</b> Vd Vaidya (Prof.)	Lunch break	<b>PK-LH/NLHT</b> Vd. K. Gholap (Prof.) / Vd. D. Dukle (Asst. Prof.)	<b>SL- LH/NLHT</b> Vd.P. More (Asso. Prof.)/ Vd. Pandit (Asst. Prof.)		<b>ST-LH/NLHT</b> Vd. V. Tangade (Asst. Prof.)
<b>Friday</b>	<b>BR-LH/NLHT</b> Vd. P. Pawar (Asst. Prof.) / Vd. Shreelakshmi (Asst. Prof.)		<b>KC-LH/NLHT</b> Vd. A. Sathe (Asso. Prof.)	<b>NLH-P BR</b>	Lunch break	Lunch break	<b>PS-LH / NLHT</b> Vd. N.Pol (Asso. Prof.) /Vd. J Bhat (Asst. Prof.)	<b>SA-LH/NLHT</b> Vd. J. Vaidya (Prof.)		<b>NLHP PK/SL</b> Vd. D. Dukale (Asst. Prof.) /Vd. P. Mane (Asst. Prof.) (alternate)
<b>Saturday</b>	<b>ST- LH/NLHT</b> Vd. S. Sadgune (Asso. Prof.)		<b>BR-LH/NLHT</b> Vd. S. Sawant (Asst. Prof.) / Vd. M. Amin (Prof.)	<b>NLH-P ST</b> Vd. S. Badole (Asso. Prof.)	Lunch break	Lunch break	<b>SL- LH/NLHT</b> Vd.Radaye (Prof.) /Vd.P. Mane (Asst. Prof.)	<b>KC-LH/NLHT</b> Vd.V. Chaudhary (Asst. Prof.)		Sports/Libraary

Research Methodology and Statistics lectures in 2<sup>nd</sup> term from 15/08/25 to 10/02/26.

Remedial Coaching: Monday: 1<sup>st</sup> KC, 2<sup>nd</sup> ST, 3<sup>rd</sup> SL, 4<sup>th</sup> BR

Wednesday: 1<sup>st</sup> PS, 2<sup>nd</sup> PK, 3<sup>rd</sup> SA, 4<sup>th</sup> RM Stat.

  
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