



**DR. G.D. POL FOUNDATION**  
**YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL NAVI MUMBAI**

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

**FYBAMS WEF 22/11/2025**

	9.00-10.00	10.00-11.00	11.00-12.00	12.00-1.00	1.00-2.00	2.00-3.00	3.00-4.00
<b>MONDAY</b>	<b>SNAI/PV on 4<sup>th</sup> Mon</b> Vd. Mandar karve (Asso. Prof.)	<b>RS</b> Vd. Premanand bhalerao (Asso. Prof.)	<b>KS</b> Vd. Ujjwala Gokral (Asso. Prof.)		<b>NL SA</b> Vd. Smriti Mishra (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali (Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Sampada (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Sampada(Asst. Prof.)
<b>TUESDAY</b>	<b>RS</b> Vd. Manoj Jagtap (Prof.)	<b>SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL PV</b> Vd. Mandar karve (Asso. Prof.)	<b>L</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL TheoryRS</b> Vd. Jagtap (Prof.)/ Vd. Premanand (Asso. Prof.)/ Vd. Akshata (Asso. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata(Asso. Prof.) <b>Library Batch B</b>
<b>WEDNESDAY</b>	<b>PV NL</b> Vd. Mandar karve (Asso. Prof.)	<b>KS</b> Vd. Pankaja (Asso. Prof.)	<b>SA</b> Vd. Smriti (Asst. Prof.)	<b>U</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Poonam (Asst. Prof.)	<b>NL RS BATCH A</b> Vd. Sayali(Asst Prof.)/ Vd. Akshata (Asso. Prof.) <b>NL KS BATCH B</b> Vd. Poonam (Asst. Prof.)
<b>THURSDAY</b>	<b>KS/ RA 4<sup>th</sup> Thursday</b> Vd. Kale (Prof.)	<b>NL SA</b> Vd. Smriti (Asst. Prof.)	<b>PV/RS 2&amp;4<sup>th</sup></b> 2 <sup>nd</sup> - Vd. Neeraj (Asst Prof.) 4 <sup>th</sup> - Vd. Sayali (Asst Prof.)	<b>N</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand (Asso. Prof.) <b>NL KS BATCH A</b> Vd. Sampada(Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand (Asso. Prof.) <b>NL KS BATCH A</b> Vd. Sampada(Asst. Prof.)
<b>FRIDAY</b>	<b>PV</b> Vd. Mandar karve(Asso. Prof.) Vd. Smriti Mishra (Asst. Prof.)	<b>PHYSICAL EDUCATION</b>	<b>SA</b> Vd. Smriti Mishra (Asst. Prof.)	<b>C</b>	<b>NL PV/ NL SNAI ON 2,4<sup>th</sup> FRIDAY</b> Dr. Shukla (Asst. Prof.) Vd. Mandar karve (Asso. Prof.)	<b>NL Theory Kriya</b> Vd. Kale (Prof.)/ Vd. Pankaja (Asso. Prof.) / Vd. Ujjwala (Asso. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst. Prof.)/ Vd. Premanand(Asso. Prof.) <b>Library Batch A</b>
<b>SATURDAY</b>	<b>NL SA / PRECEPTOR MEET 4<sup>th</sup> sat</b> Vd. Smriti Mishra(Asst. Prof.)	<b>RS</b> Vd. Akshata (Asso. Prof.)	<b>SA /CLINICAL TRAINING 2<sup>nd</sup> 4<sup>th</sup> SATURDAY</b> Vd. Smriti Mishra (Asst. Prof.)	<b>H</b>	<b>NL SNAI</b> Dr. Shukla (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj (Asst Prof.)/ Vd. Premanand(Asso Prof.) <b>NL KS BATCH A</b> Vd. Poonam (Asst. Prof.)	<b>NL RS BATCH B</b> Vd. Neeraj(Asst Prof.)/ Vd. Premanand(Asso Prof.) <b>NL KS BATCH A</b> Vd. Poonam(Asst Prof.)

RA RECREATIONAL ACTIVITY, PE PHYSICAL EDUCATION, NL= NON LECTURE, SNAI- SANSKRIT AYURVED ITIHAS, PV – PADARTH VIDNYAN, SA- SAMHITA ADHYAYAN, RS – RACHANA SHARIR, KS – KRIYA SHARIR  
 NL Theory includes Seminar/Role Play/Assignment/EBL/PBL/Field visits/Skill lab training/Clinical exposure

**VD. SANJEEV YADAV**  
**PRINCIPAL**

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**“If classes are not conducted regularly as per the official timetable, or if a designated faculty member is found to be consistently absent, students are encouraged to report the matter. Please submit your grievance to [president.marbism@ncismindia.org](mailto:president.marbism@ncismindia.org), including your Full Name and Enrollment/Roll Number. (Rest assured the identity of the complainant and the details of the report will be kept strictly confidential).”**