

CURRICULUM VITAE

RESEARCH DIRECTOR & PROFESSOR

DR. SUNITA VIJAY MAGAR



Research Director & Professor (Senior Academic Grade) Dept. of Shalakya Tantra &,Dr. G.D. Pol Foundation,s YMT Ayurved Medical College & Hospital ,NAAC accredited & NCISM-QCI Grade-A Institute in ,Navi Mumbai ,Maharashtra, India-410210

Contact Information: Mobile +91-9987335024 |8591497065

Electronic Mail:sunitamagar66@gmail.com| researchdirectorymta6@gmail.com

PERSONAL DATA

- **Date of Nativity:** 30 th June 1969
- **Gender:** Female
- **Institutional Identifier, :** Dr. G.D. Pol Foundation,s YMT Ayurved Medical College & Hospital,Sector-4 ,Kharghar,Navi Mumbai-410210
- **Residential Abode:** Flat no -102 , Apartment – Bhoomi Harmony , Plot no-17, Sector -35 –I , Kharghar , Navi Mumbai-410210

CURRENT OFFICIAL APPOINTMENT

- **Designation:** Professor (Senior Academic Grade) ,Research Director,Post Graduate Guide, NCISM- QCI Coordinator, IQAC, NAAC Coordinator ,Fellowship coordinator ,
- **Affiliating Institution:** Dr. G.D. Pol Foundation,s YMT Ayurved Medical College & Hospital ,Kharghar,Navi Mumbai.
- **Operational Department:** Department of ShalakyaTantra , Dept. of Research

Area of Specialization:

- Noise Induced Hearing Loss (SNHL) Allergic Rhinitis, Migraine, Sensorineural Deafness ,Tinnitus
- Reverse Pharmacology in Senile immature Cataract, Glaucoma ,Viddha Karma , Diabetic Retinopathies , Spectacle Correction.

Closely associated with Charak Pharmaceuticals Mumbai for Quality Control

Methodology in the field of Rasashastra and Bhaishajya Kalpana

- Also associated with Food and Drug Administration, Bandra, Mumbai during 1994-1999
- **Thrust Area** –Research& innovation in the Management of Life style oriented disorders , Ophthalmology and ENT Disorders ..Computer vision syndrome ,Glaucoma ,Retinopathies ,Cataract &TinnitusSensorineural Deafness with Ayurveda

ACADEMIC CREDENTIALS (Chronological Descent)

Qualification	Name of Institution	Period of Study	Granting University/Apex Body
B.A.M.S (Gold Medal)	Govt. Ayurvedic Medical College & Hospital, Nagpur with GOLD MEADL for achieving Highest Rank in University.	Completed in Oct- 1991	Nagpur
M. D. Rasa shastra & B.K (Gold Medal)	R. A. Podar Ayurved Medical College, & Hospital Worli, Mumbai .	Completed in Nov- 1997	Mumbai
M.S. Shalakya Tantra	R. A. Podar Ayurved Medical College & Hospital Worli Mumbai .	May-2002	Mumbai

•

INSTRUCTIONAL TENURE Teaching Experience - (Cumulative: 27 Years)

Designation	Name of Institution	Period of Employment	Duration of Service	Subjects Disseminated
Professor ,	Dr. G.D. Pol Foundation,s YMT Ayurved Medical College & Hospital Kharghar, Navi Mumbai	From 01 January 2019 to Present Date 07th Octo 2025	06 Year 10 Months	Shalakya Tantra
Professor	Mahatma Gandhi Ayurved Medical College & Hospital, Datta Meghe Deemed to be university NAAC A ++, Wardha M.S	From 01 July to 2015 to 31 st Dec 2018	03 Years 07 months	Shalakya Tantra

Professor	Mahatma Gandhi Ayurved Medical College & Hospital, Datta Meghe Deemed to be university NAAC A ++,Wardha M.S	06 May 2012to 30 thjune2015	03 Years 03months	Shalakya Tantra
Associate Professor	SNKD Ayurved Medical College ,Vasai, Thane	From 15 May 2010 to 2012	2 Years 04Months	Shalakya Tantra
Assistant Professor	SNKD Ayurved Medical College ,Vasai, Thane YMT Ayurved Medical college & hospital curry road ,Mumbai	March 2005 From 01 August 1994	06 years 01 month 05 years	Shalakya Tantra& Rasa Shastra

ADMINISTRATIVE ,ACADEMIC, CLINICAL ,RESEARCH SERVICE CONTRIBUTION

- **Research Director , Professor Shalakya Tantra Dr. G.D. Pol Foundation,s YMT Ayurved Medical College & Hospital ,Kharghar, Navi Mumbai ,**
- **NCISM -QCI Coordinator ,IQAC & NAAC Coordinator,Fellowship Coordinator since -2020.**
- The departmental leadership has been exercised in the capacity of **Head of Department since 2005.**
- Appointment as **Board of study Chairman** for the **curriculum designing** at Mahatma Gandhi Ayurved Medical College & Hospital, Datta Meghe Deemed to be university NAAC A ++,Wardha M.Ssince **10 th June 2012 to 2018**
- **NABH head AND NAAC head in various committees** to maintain documentation meticulously during accreditation from 2012 to 2018 at

Mahatma Gandhi Ayurved Medical College & Hospital, **Datta Meghe Deemed to be university NAAC A ++, 1 st& 2 nd cycle** Wardha M.S since 10 th June 2012 to 2018 .

- **Academic council committee member** in all academic council meetings to frame guidelines for shalakya**Datta Meghe Deemed to be university NAAC A ++, 1 st & 2 nd cycle Wardha M.S since 10th June 2012 to 2018 .**
- **Ethical committee Membership for Research** is held within the institute (RAC) for PG & PhD in **M.U.H.S & Datta Meghe Deemed To Be University ..**

RESEARCH INITIATIVES

Principal Investigator Status: Held for two departmental Research projects.

1. A comprehensive study undertaken in 2014 to study the effect of TriphalaGhrita NetraTarpan in Computer vision Syndrome .at DMIMS ,Wardha.
2. A randomized clinical trial conducted in 2016 to evaluate the therapeutic efficacy of application of Nimbadi Kalka in OSCC ,Oral Squamous Cell Carcinoma as a CO-PI in interdisciplinary Research with Sharad Pawar Dental College & Hospital at DMIMS ,Wardha

DISSERTATION AND THESIS SUPERVISION& EVALUATION

Postgraduate Scholars Guided / Dissertation evaluation: 32

AWARDS AND DISTINCTIONS (Total: 04 State/ National)

- **Perumma Subbamma Gold Medal** for winning Highest percentage of Marks in **BAMS Final year in Octo -1991 University Examination.**
- **Smt. Radhabai Manjare Award** for achieving highest percentage of Marks in **University Examination in 1991.**

- **Gold Medal for best RESEARCH WORK in Quality Control by NAGARJUN Herbal Academy of Ayurveda, Vijaywada ,Andhra Pradesh -1997**
- **Received Best Research Paper Award in 09th World Ayurveda Congress Organized by Ministry of AYUSH in Dec -2022 at Goa .**
- **Excellence Award in Ayurveda:** Presented by the Urja Foundation in Holistic Healing and AYUSH in NOV 2023.

ACADEMIC PUBLICATIONS

- **Peer-Reviewed Research Articles:** 50 publications.
- **Authored or Contributed Books/Chapters:** 02 publications.
 1. Comprehensive Approach in *Nasa Rogas (Nasal Diseases)* (Published by DMIMS Publication Wardha ,M.S.).).
 2. Best Practices in Panchkarma in Vasomotor Rhinorrohea(Published by DMIMS Publication Wardha ,M.S.).

EDITORIAL AND PEER REVIEW ENGAGEMENT

- Service as an Online Referee has been rendered for the National Journal of Research in Ayurved Science (Ayurlog), particularly for manuscripts pertaining to conditions such as Digital eye strain (Dry Eye Syndrome)."
- Expertise was provided for the screening of abstracts for the 9th World Ayurveda Congress at Goa in November 2022.
- Membership is maintained on the Advisory Board & as a Chief Editor for YMT International Journal Of Ayurvedic System Of Medicine (YIJASM) in Dr. G. D. Pol Foundation,s YMT Ayurved Medical College and Hospital ,Navi Mumbai ,M.S..

CURRICULUM AND STANDARD OPERATING PROCEDURE DEVELOPMENT

- Expert contributions have been provided for the formulation of **curriculum and syllabus** designing for Shalakya Tantra (graduate program), under the purview of

Datta Meghe Institute of Medical sciences Deemed to be university ,for CCIM IN
2014-2018

PROFESSIONAL ACTIVITIES AND ACCOLADES

INVITED ADDRESSES AND RESOURCE PROVISION

- **National and International Conferences:** A total of **40** invited presentations have been delivered, as a Guest Speaker encompassing topics such as: "Critical Analysis of Netra Kriya Kalpa" (December 2008, Nagpur); Computer vision syndrome ,management with Ayurveda (ShalakyaSandipini 2017, Sri Lanka)
- **Webinars:** Engagement as a resource person in 10 webinars has occurred, with subjects including:).
- **Accomplished Research Methodology Workshop in 2019 and Health Sciences Medical Educational Technology WORKSHOP in 2023 organized by MUSH, Nashik University M.S.**
- **International Paper Presentations:** one distinct presentation has been delivered in international venues, specifically in **COLOMBO SHRILANKA .**

ne of the Seminar/ Conference/ symposia/ Workshop, etc.	Name of the Sponsoring Agency	Place and Date
orientation training program in shalakya Tantra 2006 feb at Jamnagar Ayurved College	Jamnagar Ayurved College, Jamnagar	2 Feb -8- Feb -2006
date Shalakya Tantra 2008” PER PRESENTATION”	Dept of AYUSH & Govt Ayu. College Nagpur	23 rd & 24 th Feb. 2008 at Nagpur.
usandhana – 2010” on Anushalya na, A CHAIRPERSON”	YMT Ayu. College & Research Centre, Kharghar, Mumbai.	19-21 st Feb. 2010 Mumbai
Orientation training Programme in Shalakya Tantra	Tilak AyurvedMahavidyalaya, Pune	22 nd -27 th Feb. 2010 Pune
ional Seminar on research Methodology in Ayurved – 2010”	Central Council for Research in Ayurved& Siddha, Dept of AYUSH, Govt Of India &	18 th 19 th Sept. 2010. Mumbai

	R.A Poddar Ayurved Research Institute, Mumbai;	
State level CME on chronopharmacology: Recognition & Application, Chairman	Dept of Rasashastra & Bhaishajya Kalpana MGACH & RC,	Wardha, M.S. 6 th Oct 2012
Organizer and H.O.D State level CME on Diabetic Retinopathy A Major causes of blindness & its awareness,	Dept. of Shalakyatantra, MGACH & RC,	Salod(H) Wardha 28th September 2012.
Chair person State level workshop of Tissue Culture of endangered medicinal plants	Dept of Dravyaguna MGACH & RC,	Salod(H) Wardha, M.S. 24 & 25th August 2012.
Speaker Need of Para surgical measures of Spine in today's Surgical Methods	Dept of Shalya tantra MGACH & RC,	Salod(H) Wardha, M.S. 30 th June 2012
Chair Presentation at National Level Conference on Wound management.	By dept. of Shalya Tantra, Mgach (Salod, Wardha). DMIMS NAAC A++	28 Jan 2013
Chair presentation /Chair person National Level Conference On "UPDATE ON SHALAKYATANTRA"	TAS & Tilak Ayurved College, PUNE	PUNE, 5 and 6 April 2013.
TASCON Shalakyatantra conference Paper presentation at National Level Conference on Efficacy of Haridradi tail in Oral Submucosal Fibrosis	D.Y Patil Ayurved./University College & Research Centre, Nerul, Navi Mumbai.	26 th April 2014
Research Paper presentation at International Conference at Nagpur	Management of Computer Vision Syndrome With Ayurveda	11th Oct-2014
Chair Presentation at National Level Conference on Management of Vasomotor Rhinorrhoea with Sunthyadi Taila Nasya" on National Conference TASCON-2015	D. Y. Patil Medical College, Pune	28-29 March 2015
Scientific Presentation at the INTERNATIONAL SYMPOSIUM ON ORAL SUBMUCOUS FIBROSIS	Pride International Hotel, Nagpur	6 th & 7 th February 2016

Organized by Sharad Pawar Dental College Hospital on at NAGPUR. Chairperson at International Conference on Shalakyata Tantra Resource person for demonstration of Kriya Yoga organized by YMT Ayurved college Hospital , Navi Mumbai at Koushalaya National Conference . Research paper published in International Conference On Digital Eye Strain, Management with Ayurveda Chairperson in International Conference, Organising Chairman in National Conference on Scope and relevance of Surgical procedures in Shalakyatantra Chairperson in International Conference, Research paper published in International conference participated in 5th International conference T.A.S. on Shalakyata Tantra Guest Speaker and Chairperson in Paper presentation In International conference of T.A.S. on Shalakyata Tantra at 2019 International conference at Goa Dec-2023	J. S. Ayurved College, Gujarat Ahmedabad Y.M.T. Ayurved college, Kharghar, New Mumbai Vikramrajji Ayurveda Institute, Colombo, SHRILANKA Colombo, SHRILANKA Datta Meghe institute of medical Sciences, Wardha. Datta Meghe institute of medical Sciences, Wardha. Tilak Ayurved Mahavidyalaya, Pune T.A.S. Ayush, NCISM, MCIM & MUHS Ayush, NCISM, MCIM ,GOA Ministry of AYUSH ,GOA	2 nd Sep 2016 4 th March 2016 16 th Sep 2017 17th Sep 2017 May 2018 20th Jan 2018 28-29th Dec 2019 6-8 Oct 2023 Dec-2023 5-6 NOV 2023 11,12 March 2023
---	--	---

st Speaker and Chairperson in National elave on Insta pain Management, Thane	Ayush, NCISM & Arogya Bharati,MUMBAI	10,11 Nov 2024
st Speaker and Chairperson in national Conference on Holistic ing, Thane	NCISM &UrjaFoundation,MUMBAI	27-29 Nov 2024
st Speaker in AyushMaha world Expo, CO Goregaon, Mumbai	Ministry of AYUSH, MUMBAI	6 th& 7 th November 2024
Resource Person ,Conducted Two days shop on ‘scope of viddhakarma in akyatantra’	Gurukul Kangdi and Vishwa ayurved parishad Haridwar ,DehradunUtthrakhand	

SESSION CHAIRING AND JUDICIAL ROLES

Chairperson at National and International Conferences: Presiding over sessions has been performed on 15 occasions, **Global Ayurveda** Conference in Wardha in 2018 the Update Shalakya Nadiad , **Gujarat** in 2016 conference);

- **Judicial Capacity in Scientific Session organized by “Sandipani Shalakya TAS and University of COLOMBO at Shrilanka in SEP -2017 .**
- **Judicial Capacity in ‘AYURSPECTRUM ‘ a Scientific Session organized by MES Ayurveda Institute ,Chiplun ,Ratnagiri on 24 th Sep 2025 .**
- **National conference** in Shalya shalakya role of kriyakalpa In 2018 .and a scientific session on Ophthalmology at the Global Wellness Meet 2016 in Datta Meghe University ,Wardha.
- **Judicial Capacity in Postgraduate, Doctoral, and Faculty Paper Presentations:** Adjudication has been provided on 5 occasions, including the

2nd International Conference on Shalakya Tantra (Nadiad, Gujarat, September 2016) **SELECTION COMMITTEE PARTICIPATION**

- **Interview Panels for Teaching Personnel (Teachers/Assistant Professors):** Involvement has been extended to panels at MUHS ,Nashik Maharashtra as a Subject Expert .
- **Radio Broadcasts:** Two distinct radio talks have been delivered, disseminated via All India Radio programs, addressing topics such as Ayurveda for common man for ENT and Netra Roga(**Wardha /NAGPUR**).
- **WEB LECTURE (direct Relay) conducted on global platform on Computer vision syndrome -Ayurveda Management in 2014 at DMIMS Recording studio Maharashtra.**
- **Digital Presence (YouTube Channel):** Dr. sunita Magar ymt you tube channel and Ayurveda Vishwa Parishad You Tube Channel ,which serves as a repository for success stories, conceptual lectures on Tinitus, SNHL Hearing Loss ,Refractive errors , Har Din Har Ghar Ayurveda , kriyalkalpa and parasurgical procedures for educational and public awareness.

ORGANIZATIONAL RESPONSIBILITIES (Organizing Secretary/ organising Chairman/Committee Member)

- **Workshops, Continuing Medical Education (CMEs), and Conferences:**
 - Organization of One day CME Program for Shalakya Tantra Teachers at Mahatma Gandhi Ayurved College & hospital, wardha ,Maharashtra (August-September 2012) on Diabetic Retinopathy, at DMIMS Deemed to be university ,wardha
 - Organization of a one-day CME on Computer vision Syndrome at , Mahatma Gandhi Ayurved College & Hospital ,DMIMS ,WARDHA ,Maharashtra (Aug- 2014).
 - Organization of the National Conference Titled ‘ Relevance of Para surgical procedures and Kriyakalpa in Shalakya Tantra, in May 2018,at

Datta Meghe Institute of Medical Sciences Wardha, NAAC
A++Maharashtra (May- 2018).

- Organization of the International Conference Titled ‘ Global Health by Ayurveda ’ in Feb 2018at Datta Meghe Institute of Medical Sciences Wardha, NAAC A++Maharashtra (May- 2018).
- Organization of a one-day program under Integrated Teaching on Sensorineural Hearing Loss ,at YMT Ayurved College & Hospital ,KhargharFeb -2023
- Organization of a one-day program on Root Canal Treatment in YMT Ayurved College & Hospital ,KhargharMarch -2024.
- **Health Camps:** A total number of 100 Health camps have been orchestrated, including initiatives focused on Cataract screening /Diabetic Retinopathy, ENT Disorders, Pain Management, Eye Donation Awareness, and various rural health outreach programs at Worli, Mumbai, Thane , Pune & periphery ,Navi Mumbai ,Vasai ,-,Nagpur ,Amravati ,YEWATMAL ,Wardha Chikhali Buldhana and all over Maharashtra at tribal regions .