



DR. G.D. POL FOUNDATION'S
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

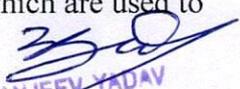
**TRAINING AND SKILLS DEVELOPMENT PROGRAMMES OF THE THERAPIEST OF KAUMAR
PANCHAKARMA :**

Department of Panchkarma has under taken various steps towards the improvement of quality standards of Panchkarma services - The training and skills development program was conducted by balroga department and panchakarma department.

**VENUE: DR G D POL FOUNDATION YMT AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
KHARGHAR**

AIM: To routinely administrate the concept of kaumara panchakarma in day to day health status of an individual through proprt management and scope.

- ❖ To improve the quality of Panchkarma procedures, hands on training of various Panchkarma procedures is given to Panchkarma Technicians and Panchkarma Assistants.
- ❖ All the Panchkarma procedures have monitored by all PG and PhD students under the guidance of consulting Teaching staff.
- ❖ SOPs are developed and made available for all the working staff in Panchkarma. Dept. as per the NABH norms.
- ❖ SOPs are periodically monitored and revised to achieve the quality standards.
- ❖ To improve the quality of Panchkarma, department has conducting training program once in a year for Panchkarma Technicians and Panchkarma Assistants.
- ❖ To improve the clinical documentation regarding Panchkarma procedures, OPD and IPD, department has adopted once a year reorientation program of PGs, Interns and Panchkarma Nurse.
- ❖ Hospital has a standard format of Panchkarma procedure consent form.
- ❖ To deliver hygienic administration of Panchkarma procedures, department has started the use of separate bedsheets for each patient.
- ❖ Also the medicines like different tailas are brought by the patient from OPD medical which are used to that patient only to avoid the contamination.
- ❖ To maintain the hygiene during and after Panchkarma procedures, Gloves and catheters have been using separately for each patient.


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STAFF

DAY 1:

MORNING SESSION:

General introduction consisting of theoretical study and literature of abhyanga and shastika shali pinda sweda.

Lunch Break.

AFTER NOON SESSION:

Practical application and demonstration of abhyanga and shastika shali pinda sweda on patients.

DAY 2:

MORNING SESSION

General introduction consisting of theoretical study and literature of ShiroDhara and ShiroPichu.

Lunch Break.

AFTER NOON SESSION:

Practical application and demonstration of ShiroDhara and ShiroPichu on patients.

DAY 3:

MORNING SESSION:

General introduction comprising of theoretical study and literature of Basti and Virechana

Lunch Break.

AFTER NOON SESSION:

Practical application and demonstration of Basti and Virechana on patients.

EVENING SESSION:

Emergency, Complications and its management.

VD. SANJEEV YADAV
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Details of the training program in Kaumar Panchakarma for therapists:

1. Lecture of the procedure in regard to the kaumar panchakarma therapy is given to all the concerned therapists and interns.
2. Complete procedure and its possible complications are explained.
3. Proper written consent of parents or guardians of the child is taken and its importance is stated in sessions.
4. Demo of the therapy is carried out on the patients.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the therapy routinely specially jalaukavacharana, shirodhara, snehana and swedana etc.
8. Therapists are trained from the point of view of success of procedure with eminent results to the patients.
9. Therapist are advised to take proper follow up followed by the next plan of therapy.
10. Samyaka vega are taken into consideration as per the age of the child.
11. Children are treated delicately as compared to adults in concerned with panchakarma therapy
12. Therapist are also specially trained to handle the irritable children for sound ongoing of the therapy.
13. Therapist are made to inform the parents or guardian about the possible complications and even the results of the therapy.


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RefNo YMTA /36/23

Date-10/03/2023

CIRCULAR

All teachers are hereby informed that a 5-days Internship Orientation Program on Code of conducts & career guidance Internship doing students has been organized from 13/03/2023 to 17/03/2023. The schedule for Internship Orientation Program is attached herewith, The designated teachers should guide the Internship Orientation Program.


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Internship orientation & career guidance programme schedule For Batch 2022-2023

13/03/2023 to 17/03/2023

Date	Time	Speaker	Topic
13/03/23	10 AM to 12 PM	Dr. Pravin Jagtap	General Orientation of Internship Program & NABH training manuals.
	12 PM to 1 PM	Dr. Viraj Kelkar	Medico-Legal Approach
	2 PM to 4 PM	Dr. Shilpak Sedgune	HMS Training
14/03/23	10 AM to 12 PM	Dr. Minal Vaidya	Scope of Kayachikitsa
	12 AM to 1 PM	Dr. Kalpana Dhomse	Scope of Panchkarma
15/03/23	10 AM to 12 PM	Dr. Dnyaneshwar Chavan	Scope of Shalya Tantra
	12 PM to 1 PM	Dr. Seema Mehere	Career in Streerog & Prasuti Tantra
	2 PM to 4 PM	Dr. Minal Pajai	Scope of Yoga & Swasthavruta
16/03/23	10 AM to 12 PM	Dr. Nutan Radaye	Scope of Shalakyia Tantra
	12 PM to 1 PM		Scope of Balrog
17/03/23	10 AM to 12 PM	Dr. Archana Gharge	Scope of Rog Nidan & Pathology
	12 PM to 1 PM	Dr. Sanjeev Yadav	Career guidance for BAMS students


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Activity Report

Title of the event – Internship orientation & career guidance programme

Date – 13/03/2023 to 17/03/2023

Duration - 10am to 12pm.and 12pm to 1 pm and 2pm to 4pm

Venue – Dr.G.D.POL FOUNDATION Y.M.T Ayurvedic Medical College Auditorium

Coordinator- Dr.Pravin Jagtap

Objectives - 1)To Provide guidance to the internship doing students regarding various clinical practices.

2) To educate internship doing students the code of conducts of internship.

3) Career guidance to internship doing students.

Description – Y.M.T Ayurvedic Medical College and Hospital, Kharghar, Navi Mumbai has conducted a 5 day Internship orientation & career guidance programme with above objectives.

Y.M.T Ayurvedic Medical College and Hospital has arranged a team of consultants for the programme.

In this program details of code of conducts of various clinical practices were described.

Internship doing students were sensitized about medicolegal approach..

Orientation of various clinical practices were delivered to interns.Lecture on career guidance was delivered by Prof.Dr.Sanjeev Yadav (HOI)


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Activity Report

Title of the event – Internship orientation & career guidance programme

Date – 13/03/2023 to 17/03/2023

Duration - 10am to 12pm.and 12pm to 1 pm and 2pm to 4pm

Venue – Dr.G.D.POL FOUNDATION Y.M.T Ayurvedic Medical College Auditorium

Coordinator- Dr.Pravin Jagtap

Objectives –

- 1) To provide guidance to the internship doing students regarding various clinical practices.
- 2) To educate internship doing students the code of conducts of internship.
- 3) Career guidance to internship doing students.

Description – Y.M.T Ayurvedic Medical College and Hospital, Kharghar, Navi Mumbai has conducted a 5 day Internship orientation & career guidance programme with above objectives.Y.M.T Ayurvedic Medical College and Hospital has arranged a team of consultants for the programme.

In this program details of code of conducts of various clinical practices were described.Internship doing students were sensitized about medicolegal approach.. Orientation of various clinical practices were delivered to interns.Lecture on career guidance was delivered by Prof.Dr.Sanjeev Yadav (HOI).

In career guidance self-assessment to know their strength interest values etc.taught to internship doing students.Exploration of various career paths in the field of Ayurveda subjects like Panchkarma, Stri roga Prasuti tantra. Decision making ,skill development,confidence building etc described & discussed in career guidance.

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Following doctors and team attended the programme:

Consultant: Dr. Hitendra Bhadane, Dr. Shilpak Sedgune, Dr. Nutan Radaye, Dr. Viraj Kelkar, Dr. Kalpana Dhomse, Dr. Archana Gharge, Dr. Minal Vaidya, Dr. Sandeep Rajput, Dr. Dnyaneshwar Chavan, Dr. Kalpana Dhomse, Dr. Seema Mehere, Dr. Jyoti Jagtap, Dr. Sanjeev Yadav.

Outcome of the Programme :

- 1) Internship students learnt about various clinical practices by the eminent speakers.
- 2) Internship doing students learnt about code of conducts of internship.
- 3) Internship students get career guidance They gained insights into their strengths, interests, values, and explored various career options. They gained confidence in making informed decisions about their career path.

Total 96 internees attended the programme.

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ATTANDANCE

S r N O	NAME OF INTERN	13/03/ 23	14/03/ 23	15/03/2 3	16/03/2 3	17/03/2 3
1	ANSARI MADIHA TARANNUM MOHD JAVED	P	P	P	P	P
2	BANDE VIKAS NARESH	P	P	P	P	P
3	BHANDE SUDARSHAN PANDURANG	P	P	P	P	P
4	BHOIR DUVITA LAXMIKANT	P	P	P	P	P
5	BHOSALE MANGESH BABRUVAN	P	P	P	P	P
6	BORASE PRASHANT MOHAN	P	P	P	P	P
7	BUTTE ANUSHKA RAMESH	P	P	P	P	P
8	CHAVAN MOHINI SAMBHAJI	P	P	P	P	P
9	CHAVAN RASIKA RAMESH	P	P	P	P	P
10	CHIKANE SWAPNIL SHAMRAO	P	P	P	P	P
11	CHIKATE NILESH SUBHASH	P	P	P	P	P
12	CHOUDHAR RUTUJA DNYANDEV	P	P	P	P	P
13	DAKHORE DEVYANI SANJAY	P	P	P	P	P
14	DALVI SALONI RAMAKANT	P	P	P	P	P
15	DESHMUKH UNNATI SUNIL	P	P	P	P	P

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16	DEVKAR AJINKYA SANJAY	P	P	P	P	P
17	DRAKSHE RAHUL BHANUDAS	P	P	P	P	P
18	GADHE SHUBHANGI BHAGVAN	P	P	P	P	P
19	GAVADE RAHUL HANUMANT	P	P	P	P	P
20	GAWADE HARSHADA RAJENDRA	P	P	P	P	P
21	GAWANDE NAMRATA DAMODAR	P	P	P	P	P
22	GHODEKAR SAKSHI PRASHANT	P	P	P	P	P
23	GONEWAR POOJA DNYANESHWAR	P	P	P	P	P
24	GURAV RAJ RAMAKANT	P	P	P	P	P
25	GUTTE SONALI GOVIND	P	P	P	P	P
26	SIDDHESHWAR HANDE KOMAL	P	P	P	P	P
27	INAMDAR AALIYA FIRDOS	P	P	P	P	P
28	INGALE SANKET VIJAYANAND	P	P	P	P	P
29	JADHAV KALYANI ABASAHEB	P	P	P	P	P
30	JAIN DISHA DEVENDRA	P	P	P	P	P
31	JAISWAL ARZOO UMESH	P	P	P	P	P
32	JAVALKAR DNYANESHWAR RAJABHAU	P	P	P	P	P
33	JOSHI ANURAG SANJAY	P	P	P	P	P
34	KAKADE RADHIKA RAJENDRA	P	P	P	P	P
35	KALE SARIKA RAVINDRA	P	P	P	P	P


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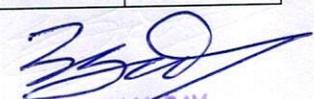
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36	KANADE SHREYAS SHRIRANG	P	P	P	P	P
37	KESHARI PRITEE DILIPCHANDRA	P	P	P	P	P
38	KHAN ALMAS KALAM	P	P	P	P	P
39	KHARCHE ABHISHEK SUNIL	P	P	P	P	P
40	KHATAVKAR SUKHADA PRAMOD	P	P	P	P	P
41	KHIRADE SHARAYU SUNIL	P	P	P	P	P
42	KOLI MAYUR SUNIL	P	P	P	P	P
43	KONGE DEEPAK SHAMBHU	P	P	P	P	P
44	KOPRATKAR SHWETA SATWA	P	P	P	P	P
45	LOKHANDE NITESH SUBHASH	P	P	P	P	P
46	MAHAJAN PRATIKSHA RAMESH	P	P	P	P	P
47	MATE AJIT SUMANT	P	P	P	P	P
48	MEHARE RAJAT GAJANAN	P	P	P	P	P
49	MEHTA MADHU MANOJPRASAD	P	P	P	P	P
50	MHATRE APURVA AMOL	P	P	P	P	P
51	MIRKALE RUSHIKESH DEEPAK	P	P	P	P	P
52	MOTE PRATHAMESH TUKARAM	P	P	P	P	P
53	MUNDE MAYA VAIJANATH	P	P	P	P	P
54	MUNDE SANDEEP PRAKASH	P	P	P	P	P
55	NARWADE VISHAL MOHANRAO	P	P	P	P	P
56	NIKALJE MADHURI PREMDAS	P	P	P	P	P
57	PAGARE SAMEER RAJESH	P	P	P	P	P


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58	PANDEY ANKIT BHASKAR	P	P	P	P	P
59	PATIL AMAR PRAKASH	P	P	P	P	P
60	PATIL MAHENDRA SHRIKANT	P	P	P	P	P
61	PATIL MAYURI RAVINDRA	P	P	P	P	P
62	PATIL SAIESH SUNIL	P	P	P	P	P
63	PATIL SAURABH RAJENDRA	P	P	P	P	P
64	PATIL SWATI	P	P	P	P	P
65	PAWAR NEHA ANIL	P	P	P	P	P
66	PAWAR PURVI SANDEEP	P	P	P	P	P
67	PAYKAR PURVA GURUNATH	P	P	P	P	P
68	PEDHAVI TRISHALA NAYAN	P	P	P	P	P
69	PEDNEKAR KUNJAL ROHIDAS	P	P	P	P	P
70	PEREIRA STEFFI CELESTIN	P	P	P	P	P
71	PISAL AMRUTA RAJESH	P	P	P	P	P
72	PRAJAPATI PRINCE RAMLAL	P	P	P	P	P
73	RAKH ADITYA SURESH	P	P	P	P	P
74	SAKHARKAR ASHISH DILIP	P	P	P	P	P
75	SAPALE SHWETA JAGANNATH	P	P	P	P	P
76	SHELKE PRANITA RAMDAS	P	P	P	P	P
77	SHERKHANE VAISHNAVI VAJRESHWAR	P	P	P	P	P
78	SHINDE ROHINI NIVRUTTI	P	P	P	P	P


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79	TAKMOGE BRAMHCHAITANYA GORAKH	P	P	P	P	P
80	TANDALE AISHWARYA MADHAVRAO	P	P	P	P	P
81	TANGA SANJANA VEERSHETTY	P	P	P	P	P
82	VISHAL MOHITE	P	P	P	P	P
83	VORA AHMEDRAZA AYUB	P	P	P	P	P
84	WAGHMARE PRAJWAL CHANDRASHEKHAR	P	P	P	P	P
85	WAGHULE MANSI SUNIL	P	P	P	P	P
86	YADAV ANKITA GYANCHAND	P	P	P	P	P
87	YADAV TRUPTI RAKESH	P	P	P	P	P
88	YADGIRIKAR NEHA NALINKUMAR	P	P	P	P	P
89	YELVE NEHA GANESH	P	P	P	P	P
90	AKASH BHOKARE	P	P	P	P	P
91	KARUNA GAIKWAD	P	P	P	P	P
92	SNEHAL PATIL	P	P	P	P	P
93	MANASI WALWEKAR	P	P	P	P	P
94	SANKALP KHEDEKAR	P	P	P	P	P
95	SHAIKH SAHARA MUJAHID	P	P	P	P	P
96	PARADDKE AKSHAY SHANKAR	P	P	P	P	P

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Ref. No.: YMTA/Int 16A/2023

सूचना

Date : 30/1/2023

सभी पंचकर्म स्टाफ को सूचित किया जाता है की पंचकर्म विभाग में पंचकर्म orientation (NABH ओरिएंटेशन) प्रोग्राम का आयोजन किया जा रहा है। सभी पंचकर्म स्टाफ को पंचकर्म orientation TRAINING लेना अनिवार्य है। इस कार्यक्रम की समय-सारणी निम्नलिखित अनुसार है।

Sr.No	Date	Name of trainer	Name of Topic
1.	1/02/2023	Dr. V.J.Tiwari	Vaman & Virechan Therapy
2.	8/02/2023	Dr. Kalpana Gholap	Abhyanga & Swedana Therapy
3.	9/02/2023	Dr. Amandeep Kaur	Basti , Sthanik Basti therapy
4.	14/02/2023	Dr.Amit Chavan	Maintenance & behaviour at panchkarma theatre – Adminstrative Responsibility, Mock Drill Management
5.	17/02/2023	Dr. Hitendra Bhadane	Nasya Therapy, Murdhana Taila, Raktamokshan

समय:-2.00 p.m to 4.00 p.m

स्थान :- Panchkarma Therapy Room

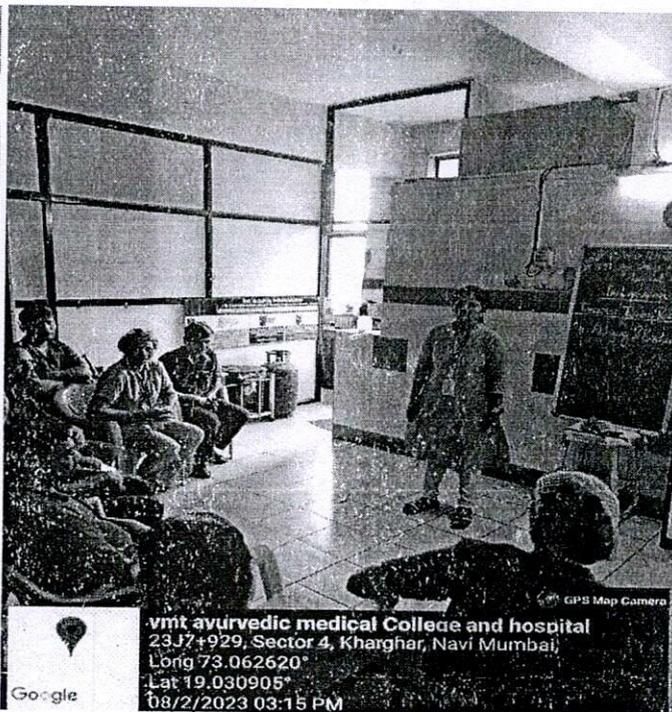
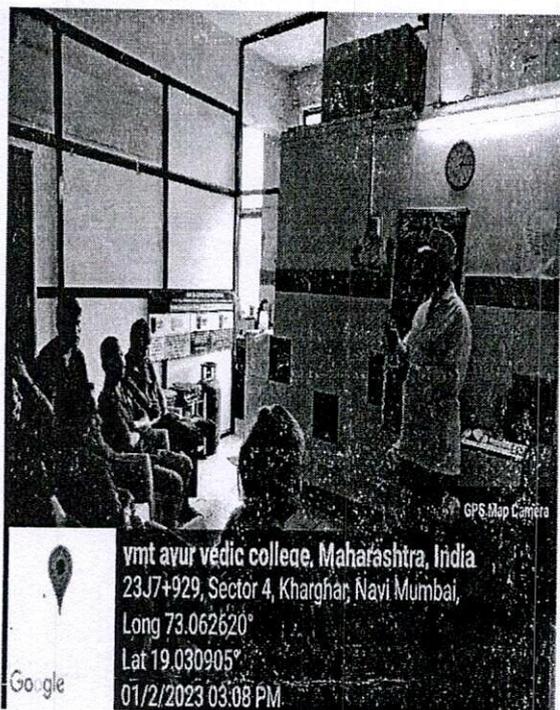
Sanjeev
31/01/2023

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THERAPIST TRAINING PROGRAM- FEB 2023




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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 01/02/2023

Timing: 2.00 pm to 4:00pm

Name of Trainer: Dr. V.J Tiwari

Name of the Topic: Vaman & Virechan Therapy

Sr.No.	Participant Name	Signature
1)	Jyoti Yadav	Jyoti
2)	Shubhada Dikwalke	Shubhada
3)	Keruna Shivasharam	Keruna
4)	Mangal Pawar	Mangal M. Pawar
5)	Supriya Kadam	Supriya
6)	Shama M.	Shama
7)	Jyoti Patil	Jyoti
8)	Adinath Patil	Adinath
9)	Jitendra Salunkhe	Jitendra
10)	Kunal Ghodke	Kunal
11)	Subhash Pawar	Subhash
12)	Sunil T.V.	Sunil
13)	Hira Gaikwad	Hira
14)	Vinay Neenu	Vinay
15)	Ankita	Ankita
16)	Vinod	Vinod
17)	Muhammad Mufeed	Muhammad
18)	Swati Yadav	Swati

19) Akshay Dodke

20) Meha Bavdare

ABDOLLAH

VD. SANJEEV YADAV
PRINCIPAL
Dr. G. D. POL FOUNDATION
Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
Institutional Area Sector - 4,
Kharghar, Navi Mumbai - 410 210.

Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 08/02/2023

Timing: 2.00 pm to 4:00 pm

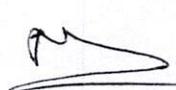
Name of Trainer: Dr. Kalpana Gholap

Name of the Topic: Abhyanga & Swedana Therapy

Sr.No.	Participant Name	Signature
1)	Jyoti Yadav	Jyoti
2)	Mangal Pawar	Mangal
3)	Subirga Kadam	Subirga
4)	Shama M	Shama
5)	Ankita Patil	Ankita
6)	Karumei	Karumei
7)	Radhika Baburao	Radhika
8)	Subhash Pawar	Subhash
9)	Subhash Pawar	Subhash
10)	KUNAL-K. Ghodke	Kunal
11)	Swati Yadav	Swati
12)	Swati Yadav	Swati
13)	Akash Pawar	Akash
14)	Sunil T	Sunil
15)	Neenu	Neenu
16)	Hiva Gaurav	Hiva

17) Hela Baudare

18) Aadinath Patil




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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 9/02/2023

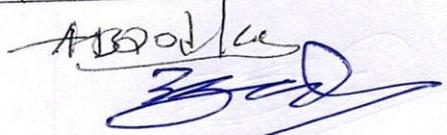
Timing: 2.00 pm to 4.00pm

Name of Trainer: Dr. Amandeep Kaur

Name of the Topic: Basti, Sthanik basti therapy

Sr.No.	Participant Name	Signature
1)	Swati manik Jadhav	manik
2)	Aadnath patil	Aadnath
3)	saffila	saffila
4)	Neha Bardane	Neha
5)	Hira Gaikwad	Hira
6)	Neenu	Neenu
7)	Sunil T.M	Sunil
8)	Swati Yadav	Swati
9)	KUNAL K. Ghodke	KUNAL K. Ghodke
10)	Subhash Pawar	Subhash
11)	Rohit Patil	Rohit
12)	Karuna	Karuna
13)	Jyoti Yadav	Jyoti
14)	Mangal Pawar	Mangal
15)	Supriya Kadam	Supriya
16)	Sham M	Sham
17)	Amkita Patil	Amkita
18)	Sudat Patil	Sudat

19) Akshay Patil



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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 14/02/2023

Timing: 2.00 pm to 4.00pm

Name of Trainer: Dr. Amit Chavan

Name of the Topic: Maintenance & behavior at Panchkarma theatre-
Administrative Responsibility, Mock Drill Management

Sr.No.	Participant Name	Signature
1)	Neha Bandare	
2)	Hiru Gokhale	
3)	Swati Yadav	swati
4)	Jyoti Yadav	Jyoti
5)	Mangal Pawar	mangal
6)	Surbha Kadam	Surbha
7)	Shama M	
8)	Ankita Patil	Patil
9)	Karuna	करुणा
10)	Subhash Pawar	SSD
11)	Subhash Pawar	Subhash
12)	Subhash Pawar	Subhash
13)	KUNAL K. Ghoshke	KK Ghoshke
14)	Subhash Pawar	Subhash
15)	Akash Pawar	Akash
16)	Sunil TU	

17) Neenu


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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 17/02/2023

Timing: 2.00 pm to 4.00pm

Name of Trainer: Dr. Hitendra Bhadane

Name of the Topic: Nasya Therapy, Murdhana Taila, Raktamokshan

Sr.No.	Participant Name	Signature
1)	Aadinath Patil	
2)	Neha Bandare	
3)	Hirca Geshkud	
4)	Neenu	
5)	Sunil T.Y	
6)	Swati Yadav.	
7)	KUNAL K. Ghodke	
8)	Jyoti Yadav.	
9)	Mangal Pawar.	
10)	Subhida Kadam	
11)	Shrushti M	
12)	Ankita Patil	
13)	Karuna	
14)	ANITA B. D. DASH	
15)	ANITA B. D. DASH	
16)	Subhash Pawar	
17)	Akaram Dode	

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DR. G.D. POL FOUNDATION
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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

DATED - 24/02/2023

Activity Report

Title of the event- Therapist orientation Program

Date -1/02/2023 to 17/02/2023

Duration- 2:00 pm - 4:00 pm

**Venue - Panchkarma Therapy room, Y.M.T. Ayurvedic Medical College & Hospital,
Kharghar**

Objectives- To enhance knowledge of therapists about panchkarma therapies.

To improve skills of therapists.

To impart value of good behaviour

To provide knowledge for the maintenance of therapy rooms

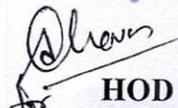
Outcome of Activity - Panchkarma therapist orientation program was conducted in 2018. Following teachers delivered their lectures. Dr.V.J Tiwari delivered lecture on Vaman & Virechan Therapy on 1/02/2023 attended by 20 therapists. Dr. Kalpana Gholap conducted lecture on Abhyanga & Swedana Therapy on 8/02/2023 which was attended by 18 therapists. Dr. Amandeep Kaur conducted lecture on Basti, Sthanik Basti therapy on 9/02/2023 which was attended by 18 therapists. Dr. Amit Chavan conducted lecture on Maintenance & behaviour at Panchkarma theatre-administrative responsibility on 14/02/2023 which was attended by 17 therapists. Dr. Hitendra Bhadane conducted lecture on Nasya Therapy on Murdhana Taila, Raktamokshan on 17/02/2023 which was attended by 17 therapists.

Feedback - Very positive results were seen, therapists were highly satisfied.



**V.D. SANJEEV YADAV
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Institutional Area Sector - 4,
Kharghar, Navi Mumbai - 410 210.**



HOD

**Dr. KALPANA GHOLAP M.D. (AYU)
ASSOCIATE PROFESSOR
HOD PANCHAKARMA DEPT
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL
KHARGHAR, NAVI MUMBAI**

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**DR. G. D. POL FOUNDATION'S
Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI**

Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/Int/134/23

Date : 4/8/2023

सूचना

सभी पंचकर्म स्टाफ को सूचित किया जाता है की पंचकर्म विभाग में पंचकर्म orientation (NABH ओरिएंटेशन) प्रोग्राम का आयोजन किया जा रहा है। सभी पंचकर्म स्टाफ को पंचकर्म orientation TRAINING लेना अनिवार्य है। इस कार्यक्रम की समय-सारणी निम्नलिखित अनुसार है।

Sr.No	Date	Name of trainer	Name of Topic
1.	17/08/2023	Dr. V.J.Tiwari	Vaman & Virechan Therapy
2.	18/08/2023	Dr. Kalpana Gholap	Abhyanga & Swedana Therapy
3.	19/08/2023	Dr. Amandeep Kaur	Basti , Sthanik Basti therapy
4.	21/08/2023	Dr.Amit Chavan	Maintenance & behaviour at panchkarma theatre – Adminstrative Responsibility, Mock Drill Management
5.	22/08/2023	Dr. Hitendra Bhadane	Nasya Therapy, Murdhana Taila, Raktamokshan

समय:-2.00 p.m to 4.00 p.m

स्थान :- Panchkarma Therapy Room

DEAN

04/08/2023
3.25 PM
DR. G. D. POL FOUNDATION
Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
Institutional Area Sector - 4,
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DR. G.D. POL FOUNDATION

YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL

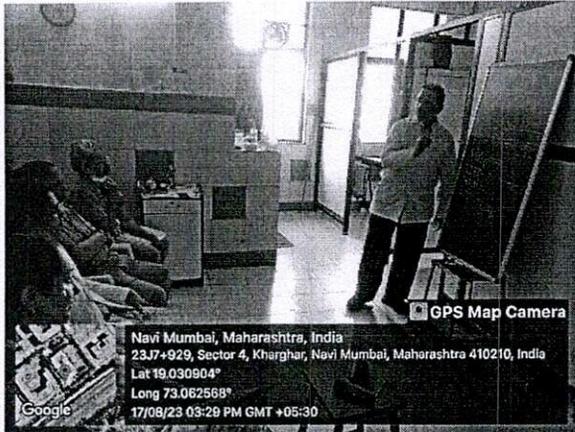
NAVI MUMBAI

Phone: 022- 27744406

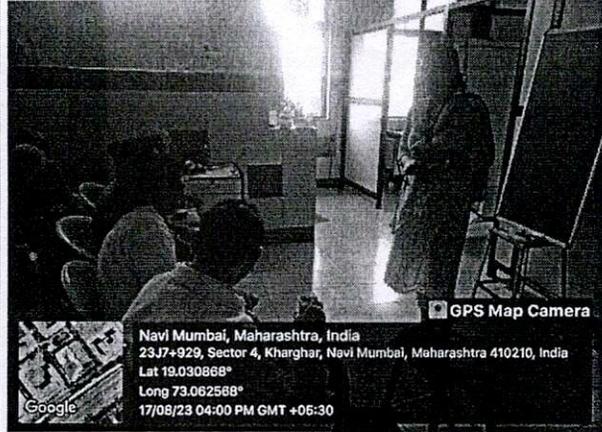
Fax: 27749895

E-Mail: ymtayurved@drgdpolfoundation.org

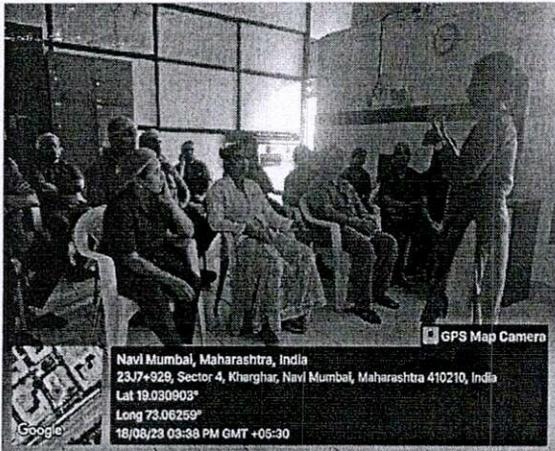
Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210



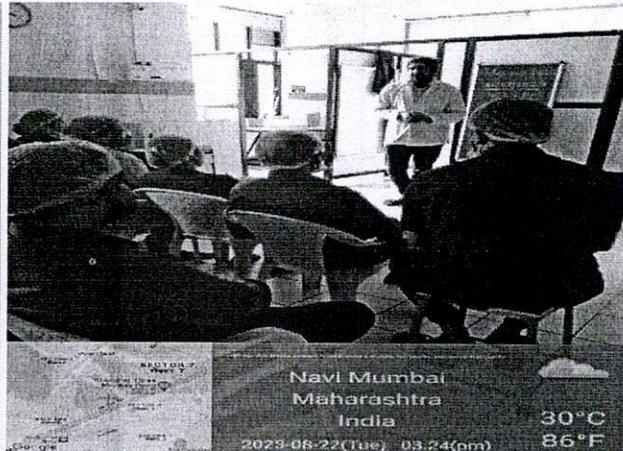
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Long 73.062568°
17/08/23 03:29 PM GMT +05:30



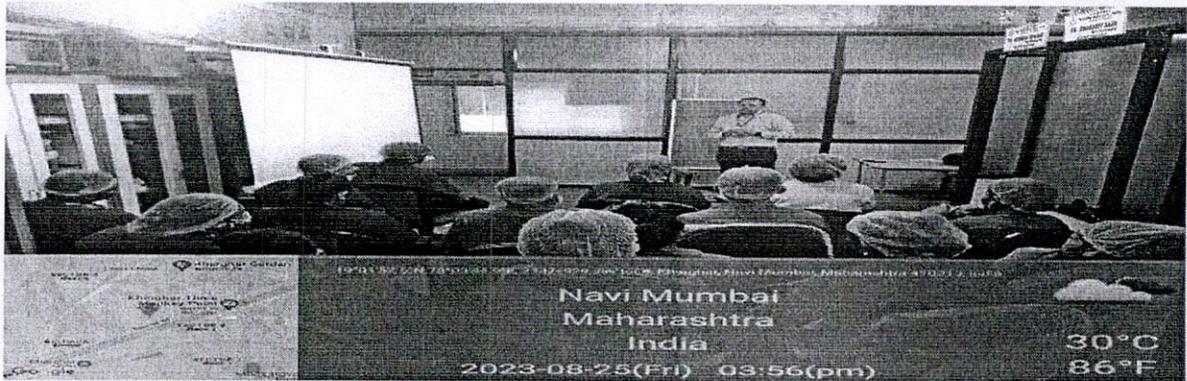
GPS Map Camera
Navi Mumbai, Maharashtra, India
23J7+929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India
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Long 73.062568°
17/08/23 04:00 PM GMT +05:30



GPS Map Camera
Navi Mumbai, Maharashtra, India
23J7+929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India
Lat 19.030903°
Long 73.06259°
18/08/23 03:38 PM GMT +05:30



Navi Mumbai
Maharashtra
India
30°C
86°F
2023-08-22 (Tue) 03:24(pm)



Navi Mumbai
Maharashtra
India
30°C
86°F
2023-08-25 (Fri) 03:56(pm)


V.D. SANJEEV YADAV
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Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
Institutional Area Sector - 4,
Kharghar, Navi Mumbai - 410 210..



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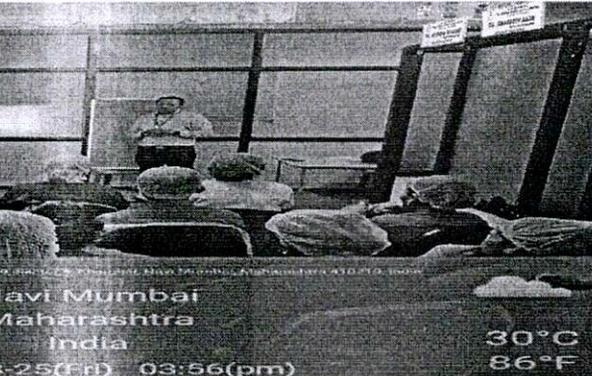
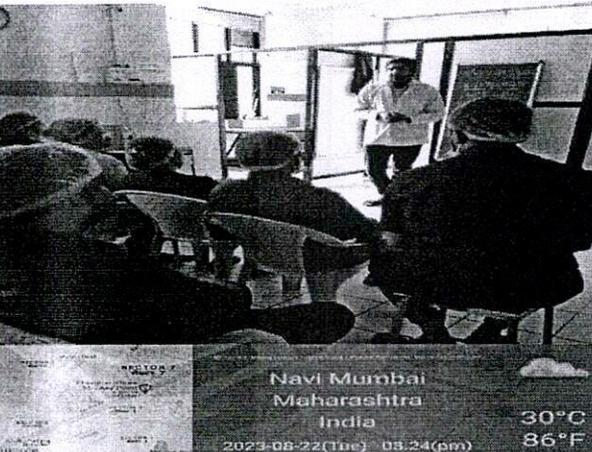
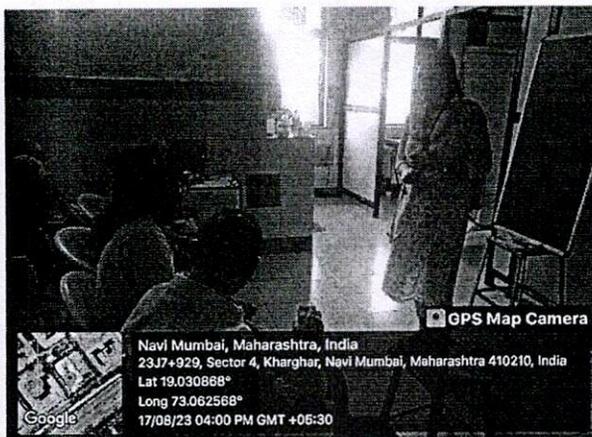
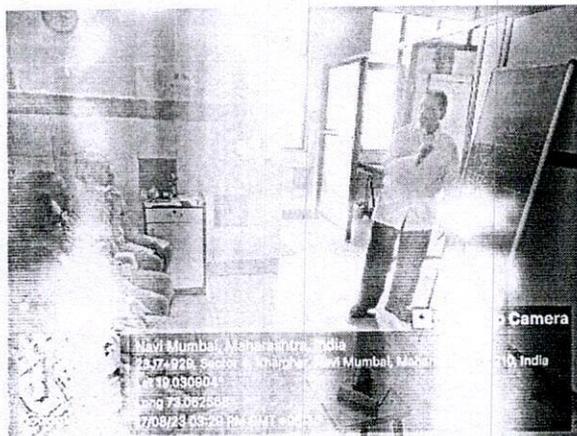
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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

Panchkarma Staff Attendance sheet

Date: 17/08/2023

Timing: 2.00 pm to 4:00pm

Name of Trainer: Dr. V.J Tiwari

Name of the Topic: Vaman & Virechan Therapy

Sr.No.	Participant Name	Signature
①	Hirde Gaikwad	Hirde
②	Subir Kadam	Subir Kadam
(3)	ज्योती जाधव	ज्योती
④	शुभदा शा. शिकारकर	शुभदा
5)	Mangal Pawar.	MS Pawar
⑥	आदिनाथ शिंदे	शिंदे
⑦	तोनीय शिंदे	शिंदे
8)	कुशल घोडगे	घोडगे
9)	ज्योती यादव	यादव
10)	कशोब शिंदे	कशोब
11)	Nela Bardane	Nela
12	Rajeshree Kadam	Kadam
13)	Sunil. T. S.	Sunil
14)	Vinod. P.	Vinod
15)	Muhammad S. S.	S. S.


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Panchkarma Staff Attendance sheet

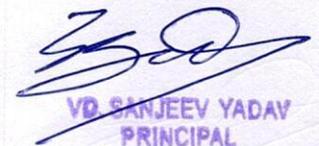
Date: 18/08/2023

Timing: 2.00 pm to 4:00 pm

Name of Trainer: Dr. Kalpana Gholap

Name of the Topic: Abhyanga & Swedana Therapy

Sr.No.	Participant Name	Signature
1)	श्री अमोल शिखरकोटि	अमोल
2)	Swati Yadav.	Swati
3)	Adinath A. Pythi	Adinath
4)	Subhija Kadam	Subhija
5)	Sunil. Tu	Sunil
6)	Kunal. K. Ghodke	Kunal
6)	Sham M	Sham
7)	Mohammed Mufeed. K	Mohammed
8)	Jyoti Yadav.	Jyoti
9)	Jyoti Jale	Jyoti
10)	अश्विनी शिवाजी भंडारकर	अश्विनी
11)	Nela Bardare	Nela


V.D. SANJEEV YADAV
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Panchkarma Staff Attendance sheet

Date: 19/08/2023

Timing: 2.00 pm to 4.00pm

Name of Trainer: Dr. Amandeep Kaur

Name of the Topic: Basti, Sthanik basti therapy

Sr.No.	Participant Name	Signature
1)	श्री चण्डी जिजादी	Chandhi
2)	Swati Yadav.	Swati
3)	Sujata Bangode	Sujata
4)	सुती जहा जहा	सुती
5)	Subijet Kadam	Subijet
6)	Sunil T Y	Sunil
7)	Muhammed Siran	Siran
8)	Subhash Pawar	Subhash
9)	पंजि लीबड	लीबड
10)	आश्विन यशिन	Yashin
11)	Shweta M	Shweta
12)	Mohammed Muteed K	Muteed
13)	Jyoti Yadav	Jyoti
14)	Neha Bandare	Neha
15)	Manik Jadhav	Manik

VB. SANJEEV YADAV
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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

Panchkarma Staff Attendance sheet

Date: 21/08/2023

Timing: 2.00 pm to 4.00pm

Name of Trainer: Dr. Amit Chavan

Name of the Topic: Maintenance & behaviour at Panchkarma theatre-
Administrative Responsibility, Mock Drill Management

Sr.No.	Participant Name	Signature
1	Neenu. K	
2	Arathy. U	
3	Aakshita	
4	Hira	
5	Namgal Pawar	
6	Prachi Ghoshal	
7	Sujata Bansode	
8	Aameth Paji	
9	Smita Saha	
10	Akshay Poddar	
11	Sunil. T	
12	Swati Yadav	
13	Jyoti Yadav	
14	Subhash Pawar	
15	Kunal. K. Ghoshke	
16	Mamika Jethava	

DR. SANJEEV YADAV
PRINCIPAL

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

DATED - 26/08/2023

Activity Report

Title of the event- Therapist orientation Program

Date -17/08 /2023 to 22/08/2023

Duration- 2:00 pm - 4:00 pm

**Venue - Panchkarma Therapy room, Y.M.T. Ayurvedic Medical College & Hospital,
Kharghar**

Objectives- To enhance knowledge of therapists about panchkarma therapies.

To improve skills of therapists.

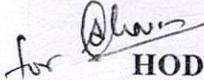
To impart value of good behaviour

To provide knowledge for the maintenance of therapy rooms.

Outcome of Activity - Panchkarma therapist orientation program was conducted in 2023. Following teachers delivered their lectures. Dr.V.J Tiwari delivered lecture on Vaman & Virechan Therapy on 17/08/2023 attended by 15 therapists. Dr. Kalpana Gholap conducted lecture on Abhyanga & Swedana Therapy on 18/08/2023 which was attended by 11 therapists. Dr. Amandeep Kaur conducted lecture on Basti, Sthanik Basti therapy on 19/08/2023 which was attended by 15 therapists. Dr. Amit Chavan conducted lecture on Maintenance & behaviour at Panchkarma theatre-administrative responsibility on 21/08/2023 which was attended by 16 therapists. Dr. Hitendra Bhadane conducted lecture on Nasya Therapy on Murdhana Taila, Raktamokshan on 22/08/2023 which was attended by 12 therapists.

Feedback - Very positive results were seen, therapists were highly satisfied.


V.D. SANJEEV YADAV
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Kharghar, Navi Mumbai - 410210.


HOD

Dr. KALPANA GHOLAP M.D. (AYU)
ASSOCIATE PROFESSOR
HOD PANCHAKRMA DEPT.
Y.M.T AYURVEDIC COLLEGE AND HOSPITAL
KHARGHAR, NAVI MUMBAI

Phone : 022 - 2774 4406 / 2774 9895

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E-mail : ymtacollege@gmail.com

ymtayurved@drdgpolfoundation.org

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Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/Int/24/2024

Date : 29/01/2024

सूचना

सभी पंचकर्म स्टाफ को सूचित किया जाता है की पंचकर्म विभाग में पंचकर्म orientation (NABH ओरिएंटेशन) प्रोग्राम का आयोजन किया जा रहा है। सभी पंचकर्म स्टाफ को पंचकर्म orientation TRAINING लेना अनिवार्य है। इस कार्यकर्म की समय-सारणी निम्नलिखित अनुसार है।

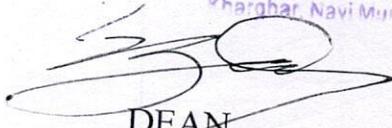
Sr.No	Date	Name of trainer	Name of Topic
1.	1/02/2024	Dr. Amandeep Kaur	Vaman & Virechan Therapy
2.	2/02/2024	Dr. Amit Chavan	Abhyanga & Swedana Therapy
3.	3/02/2024	Dr. Kalpana Gholap	Basti , Sthanik Basti therapy
4.	5/02/2024	Dr. Hitendra Bhadane	Maintenance & behaviour at panchkarma theatre – Adminstrative Responsibility, Mock Drill Management
5.	6/02/2024	Dr. Damodar Dukle	Nasya Therapy, Murdhana Taila, Raktamokshan

समय:-2:45 p.m to 3:45 p.m

स्थान :- Panchkarma Therapy Room


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DEAN

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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College &Hospital

Panchkarma Staff Attendance sheet

Date: 01/02/2024

Timing:2.45pmt to 3:45pm

Name of Trainer: Dr. Amandeep Kaur

Name of the Topic: Vaman & Virechan Therapy

Sr.No.	Participant Name	Signature
1	Jyoti Yadav	Jyoti
2	रश्मि बिहारी	Rashmi
3	Bijtha Biju	Bijtha
4	mangal Pawar.	Ms Pawar
5	SHARDELS K.H	Sharde
6	Subixa Kadam	Subixam
7	Neha Bhandare	N Bhande
8	Swati Nitin Yadav.	Swati
9	Kavita . N. Muskur	Kavita
10	Adinath R. Patil	Adinath
11	Subhash . S. Pawar	Subhash
12	पिंता ज्ञान मंड	Pinta
13	nitesh Gokarnad	Nitesh
14	Akann Balhu Dalhe	Akann
15	Sunil T. u	Sunil
16	Vinod. P	Vinod
17	Hiraj Gokhale	Hiraj
18	Jyoti Jale	Jyoti
19		
20		

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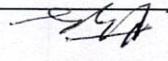
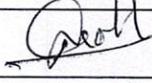
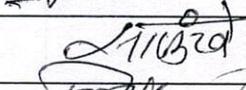
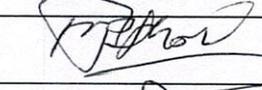
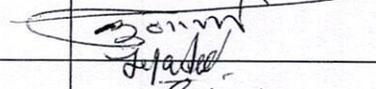
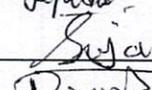
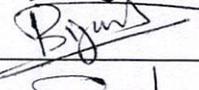
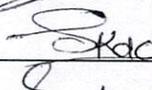
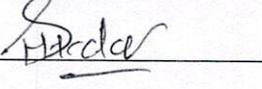
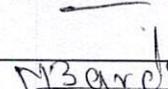
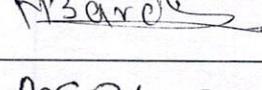
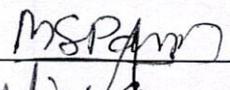
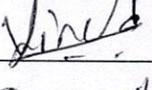
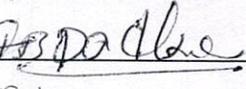
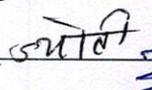
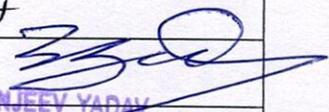
Panchkarma Staff Attendance sheet

Date: 02/02/2024

Timing:2.45pmt03:45pm

Name of Trainer: Dr. AMIT CHAVAN

Name of the Topic: Abhyanga & Swedana Therapy

Sr.No.	Participant Name	Signature
1	रुमदा डिकवठकर	
2	Nitesh Gaikwad	
3	जिनेश शिंदे	
4	मीना गंधी	
5	गुलाब कुमर घोडे	
6	Jyoti Yadav	
7	Swati bansode	
8	Bijeta Biju	
9	Subida Kadam	
10	Swati Yadav	
11	Neha Bardare	
12	Mangal Pawar.	
13	Vinod P	
14	Akash Dalve	
15	Hira Gaikwad	
16	Dr Jyoti Jale	
17		
18		<p>V.D. SANJEEV YADAV PRINCIPAL Dr. G. D. POL FOUNDATION Y.M. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL Institutional Area Sector - 4, Kharghar, Navi Mumbai - 410 210..</p>
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Panchkarma Staff Attendance sheet

Date: 03/02/2024

Timing:2.45pm to 3:45pm

Name of Trainer: Dr. Kalpana Dhomse

Name of the Topic: Basti, Sthanik Basti therapy

Sr.No.	Participant Name	Signature
1	रजेश्वर चव्हाण	
2	Bijetu Biju	Bijetu
3	Sujata Bansode	Sujata
4	SHAFEEHA K-H	
5	Subijai Kadam	Subijai
6	Jyoti Yadav	Jyoti
7	Swati Yadav	Swati
8	Nela Bavdane	Nela
9	Manik Jadhav	Manik
10	Aadinath Patil	Aadinath
11	Jyoti Jale	Jyoti
12	Aankita Patil	Aankita
13		
14	Sanil + U.	Sanil
15	vinod.	Vinod
16	पुनीत शिंदे	पुनीत
17	Kavita. N. Muskur	Kavita
18	गुलाब गुजार एसके	गुलाब
19	Hira Girkwad	Hira
20		

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Panchkarma Staff Attendance sheet

Date: 05/02/2024

Timing:2.45pm to 3:45pm

Name of Trainer: Dr. HITENDRA BHADANE

Name of the Topic: Maintenance & behavior panchkarma theatre – Administrative Responsibility, Mock Drill Management.

Sr.No.	Participant Name	Signature
1	रविश्री भोसले	
2	Swati Yadav.	
3	Kavita N. Muskur	
4	Bijitha Biju	
5	Shreya KH	
6	Mangal Pawar	
7	Sujata Bansode	
8	Supriya Kadam	
9	Nela Bardole	
10	Manika Jadhav	
11	Nitesh Gaikwad	
12	Subhash Pawar	
13	श. यश. बोसले	
14	श. यश. बोसले	
15	MR Aadinath Patil	
16	MR Kanak Ghodre	
17	MR Jitendra Selankar	
18	Akaram Dadke	
19	Hira Gaikwad	
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Panchkarma Staff Attendance sheet

Date: 06/02/2024

Timing:2.45pm to 3:45pm

Name of Trainer: Dr. Damodar Dukle

Name of the Topic: Nasya Therapy, Murdhana Taila, Raktamokshan

Sr.No.	Participant Name	Signature
1 1)	श्री प्रो. सी. आर. व	[Signature]
2 2)	श्री प्रो. सी. आर. व	[Signature]
3 3)	श्री प्रो. सी. आर. व	[Signature]
4 4)	श्री प्रो. सी. आर. व	[Signature]
5 5)	श्री प्रो. सी. आर. व	[Signature]
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11 11)	श्री प्रो. सी. आर. व	[Signature]
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13 13)	श्री प्रो. सी. आर. व	[Signature]
14 14)	श्री प्रो. सी. आर. व	[Signature]
15 15)	श्री प्रो. सी. आर. व	[Signature]
16 16)	श्री प्रो. सी. आर. व	[Signature]
17 17)	श्री प्रो. सी. आर. व	[Signature]
18 18)	श्री प्रो. सी. आर. व	[Signature]
19 19)	श्री प्रो. सी. आर. व	[Signature]

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DR. G.D. POL FOUNDATION
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI

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Fax: 27749895

E-Mail: ymtayurved@drgdpolfoundation.org

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Date: 8/ 2/ 2024

Activity Report

Title of the event- Therapist orientation Program

Date – 1/2/2024 to 6/2/2024

Duration– 2:00 pm – 4:00 pm

Venue – Panchkarma Therapy room, Y.M.T. Ayurvedic Medical College & Hospital, Kharghar

Objectives- To enhance knowledge of therapists about panchkarma therapies.

To improve skills of therapists.

To impart value of good behaviour

To provide knowledge for the maintenance of therapy rooms.

Outcome of Activity – Panchkarma therapist orientation program was conducted in 2018. Following teachers delivered their lectures. Dr. Amandeep Kaur delivered lecture on Vaman & Virechan Therapy on 1/02/2024 attended by 18 therapists. Dr. Amit Chavan conducted lecture on Abhyanga & Swedana Therapy on 2/02/2024 which was attended by 16 therapists. Dr. Kalpana Gholap conducted lecture on Basti, Sthanik Basti therapy on 3/02/2024 which was attended by 19 therapists. Dr. Hitendra Bhadane conducted lecture on Maintenance & behaviour at Panchkarma theatre-administrative responsibility on 5/02/2024 which was attended by 19 therapists. Dr. Damodar Dukle conducted lecture on Nasya Therapy, Murdhana Taila, Raktamokshan on 6/02/2024 which was attended by 18 therapists.

Feedback – Very positive results were seen, therapists were highly satisfied.



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HOD
Dr. KALPANA GHULAP M.D. (AYU)
ASSOCIATE PROFESSOR
HOD PANCHAKRMA DEPT.
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL
KHARGHAR, NAVI MUMBAI



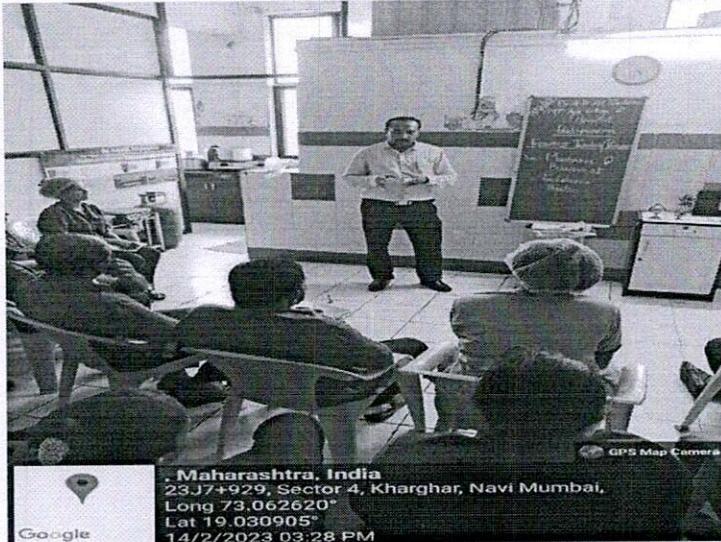
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Dr.G.D.Pol Foundation YMT Ayurvedic Medical College and Hospital

Panchkarma Staff Attendance sheet

Date: 01/02/2023

Timing: 2.00 pm to 4:00pm

Name of Trainer: Dr. V.J Tiwari

Name of the Topic: Vaman & Virechan Therapy

Sr.No.	Participant Name	Signature
1)	Jyoti Vadev	Jyoti
2)	Shubhada Dikwalkar	Shubhada
3)	Karuna Shivasharan	Karuna
4)	Mangai Pawar	Mangai Pawar
5)	Supriya Kadam	Supriya
6)	Shema M-	Shema
7)	Jyoti Patil	Jyoti
8)	Adinath Patil	Adinath
9)	Jitendra Salunkhe-	Jitendra
10)	Kumal Ghodke-	Kumal
11)	Subhash Pawar.	Subhash
12)	Sumil T.V.	Sumil
13)	Hira Gaikwad-	Hira
14)	Vinay Neenu	Vinay
15)	Ankita-	Ankita
16)	Vinod	Vinod
17)	Muhammad Mufeed-	Muhammad
18)	Swati Yadev	Swati
19)	Akshay Dodhe	Akshay
20)	Meha Bavdare	Meha


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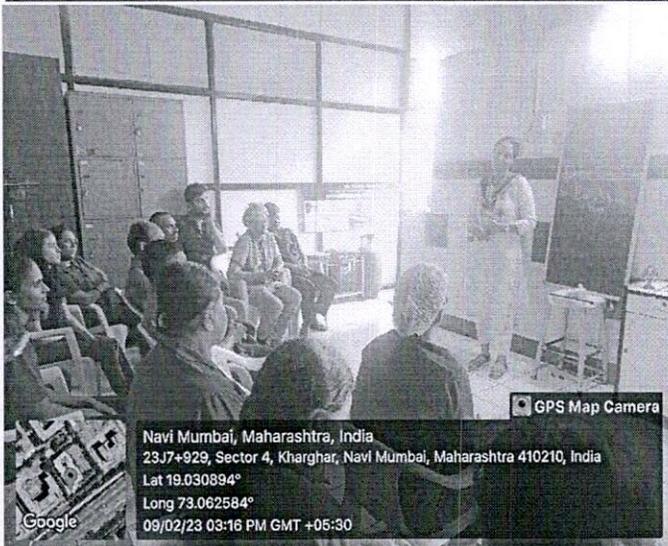
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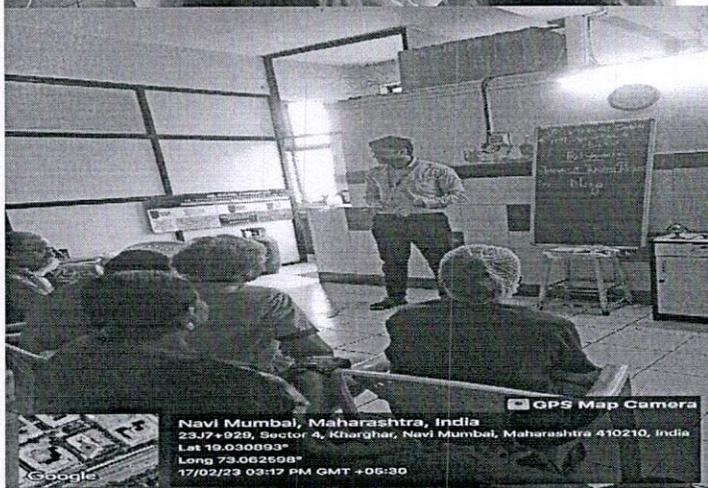
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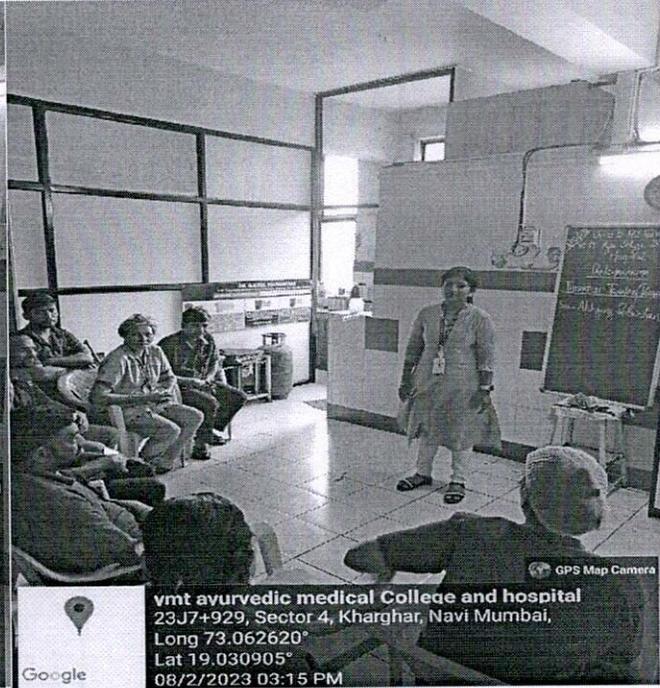
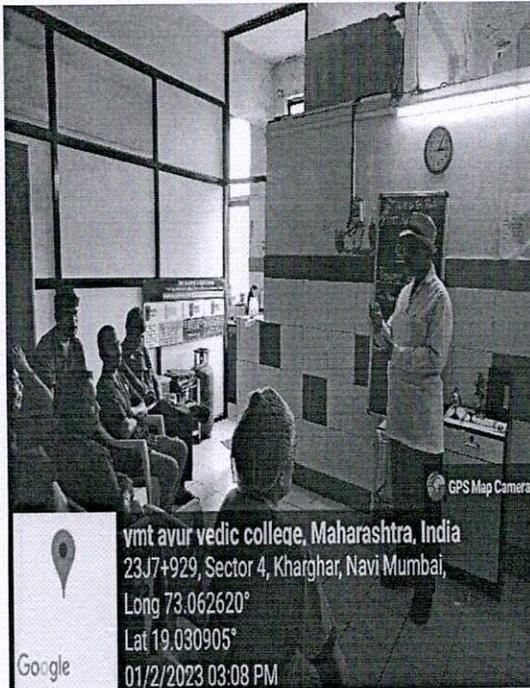
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THERAPIST TRAINING PROGRAM- FEB 2023



VS
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