

## Panchakarma Dept. Therapy Record for 2023

Therapy Name	23-Jan	23-Feb	23-Mar	23-Apr	23-May	23-Jun	23-Jul	23-Aug	23-Sep	23-Oct	23-Nov	23-Dec
Total No. of Patients	3812	3615	3668	3406	3750	4187	4105	3963	3852	4685	3792	3881
Total Karma	10201	10802	11107	11163	11070	14164	11364	11195	9896	11672	9374	10517
Snehan	2118	2057	2223	2214	2303	2607	2100	2152	1882	2449	1823	2102
Swedan	2447	2493	2647	2494	2788	3171	2623	2567	2297	2731	2099	2375
Vaman	17	36	52	37	11	17	12	9	12	8	4	10
Virechan	25	42	31	29	17	34	13	25	28	86	35	53
Niruha Basti	711	651	651	825	865	1116	867	838	800	904	537	689
Anuvasan Basti	674	673	917	916	1022	1474	986	1067	841	1216	766	1086
Ksheer Basti	385	363	368	269	246	459	304	141	194	234	170	217
Total Basti	1770	1687	1936	2010	2133	3049	2157	2046	1835	2354	1473	1992
Nasya	600	544	506	608	525	883	615	730	779	631	531	660
Snehapan	3	30	16	62	42	81	57	66	68	79	168	57
Shirodhara	361	416	398	348	364	484	303	274	197	324	387	397
Jalaaukawacharan	33	52	135	122	57	116	164	155	71	81	85	69
Siravyadh (Raktamokshan)	1	29	42	37	40	61	54	53	31	51	49	36
Avagha Sweda	0	0	0	0	0	0	0	0	0	0	0	0
Agnikarma	1	33	64	126	72	123	123	112	64	69	68	52
Pattabandhan	0	0	0	0	0	0	0	0	0	0	0	0
Pindaswed	73	142	77	155	167	259	118	106	49	175	152	212
Other	2752	3241	2980	2921	2551	3279	3025	2900	2583	2634	2500	2498

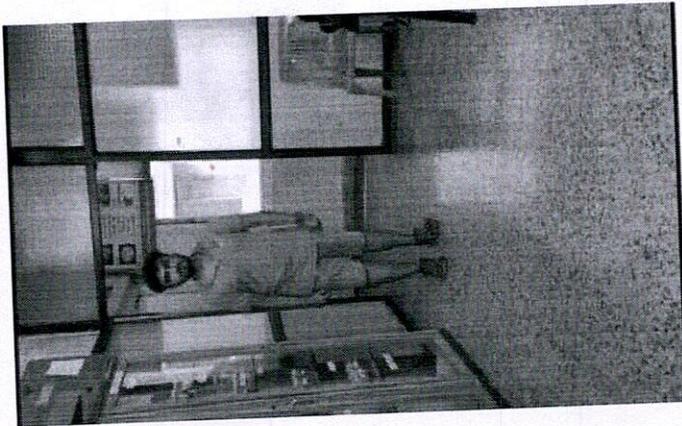
Total number of patients benefited and total number of therapies in year 2023 mentioned in above list month wise.



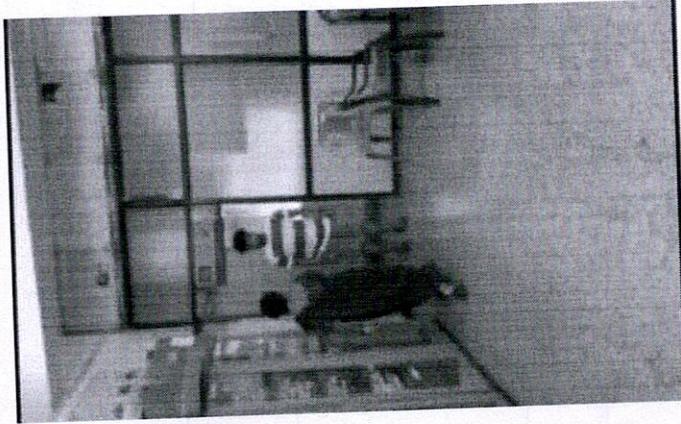
V.D. SANJEEV YADAV  
PRINCIPAL

Dr. G. D. POL FOUNDATION  
Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL  
Institutional Area Sector - 4,  
Kharghar, Navi Mumbai - 401210..

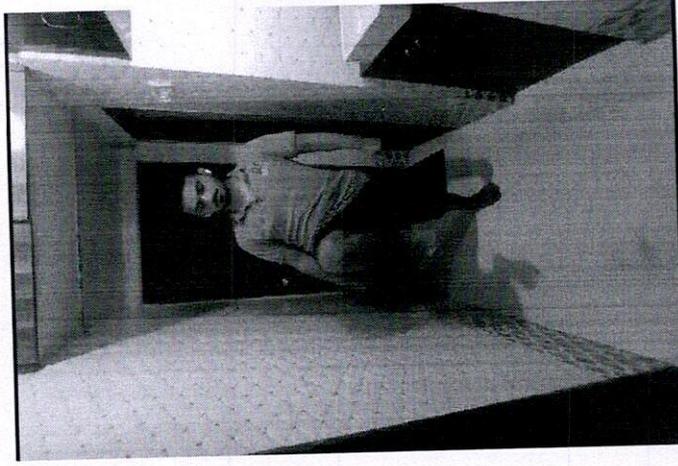
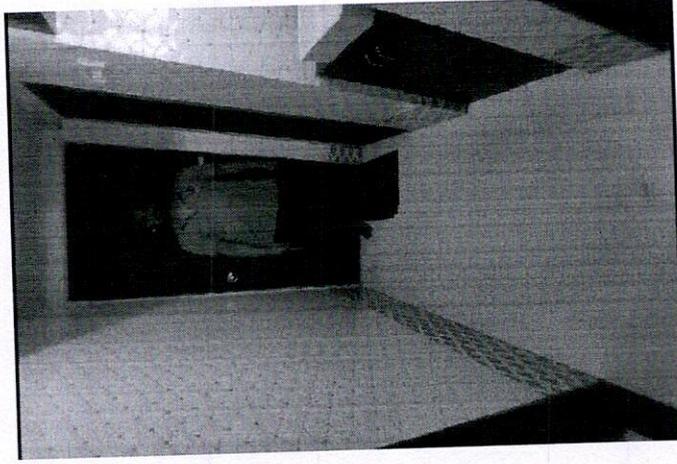
# Improvement in Axonal injury patient with Panchakarma



November 9<sup>th</sup> ( DAY 1 )



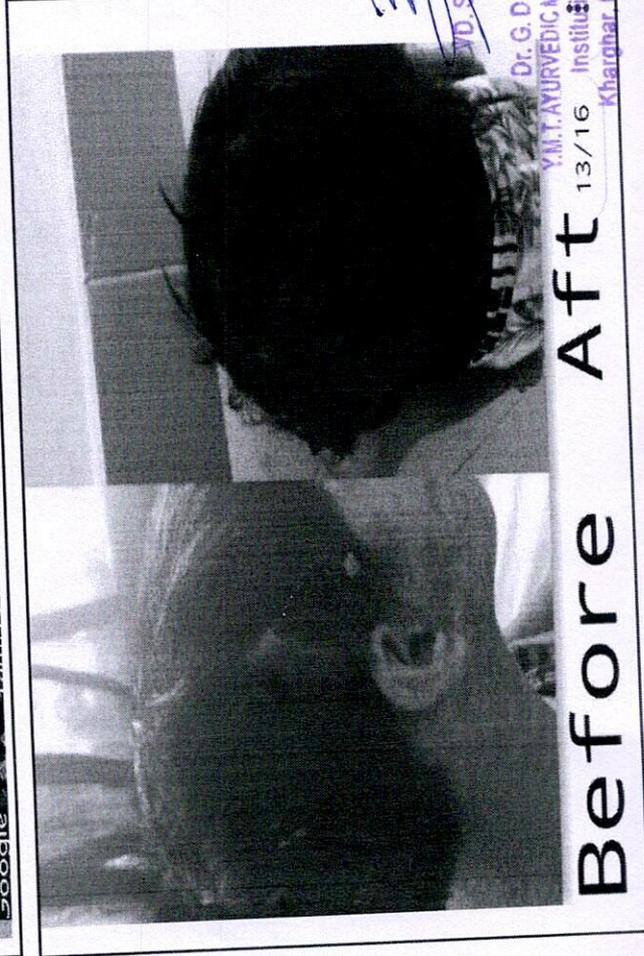
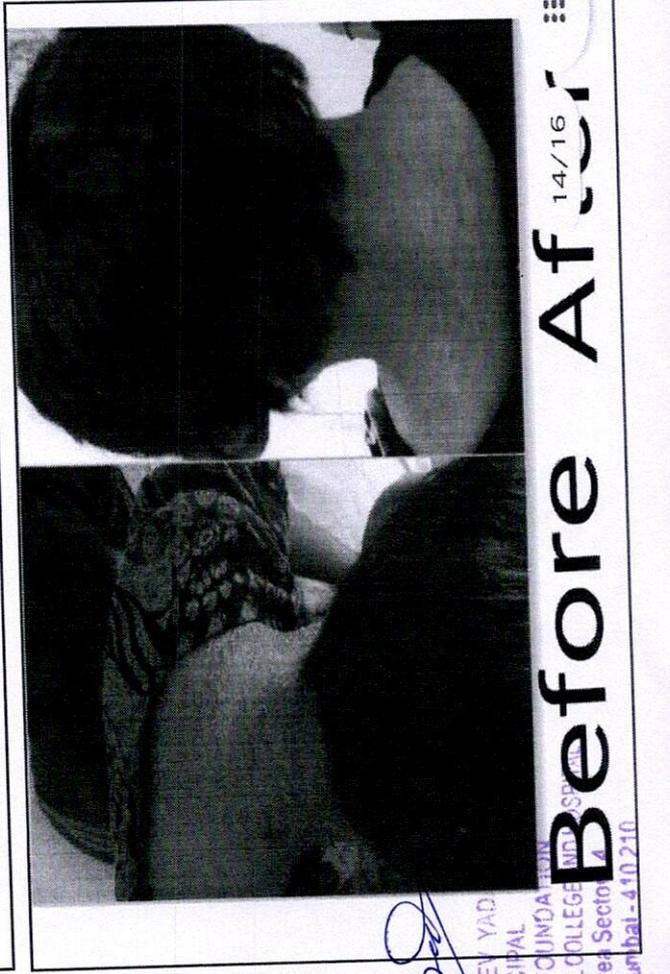
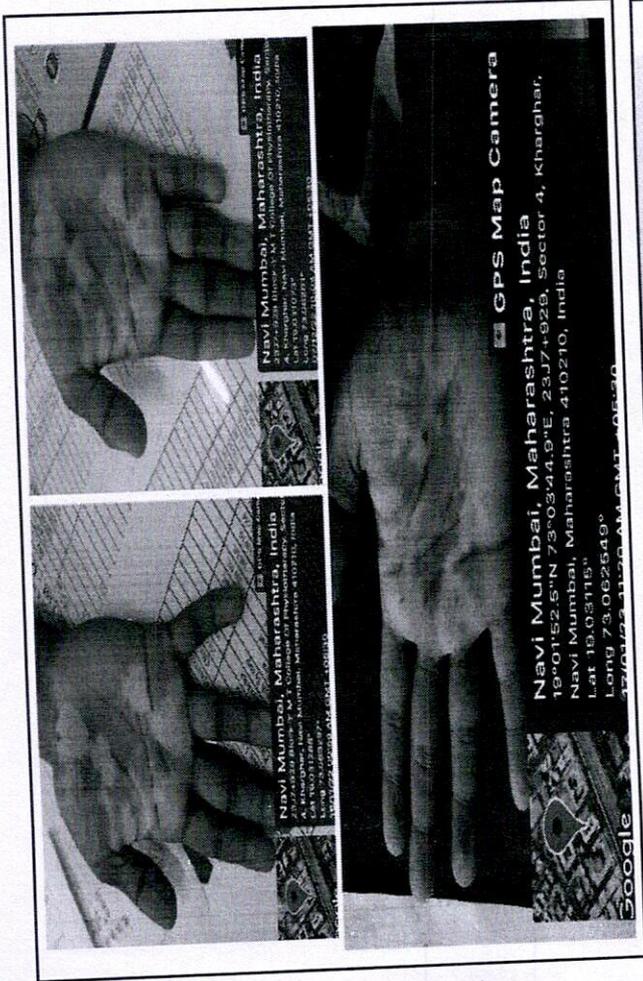
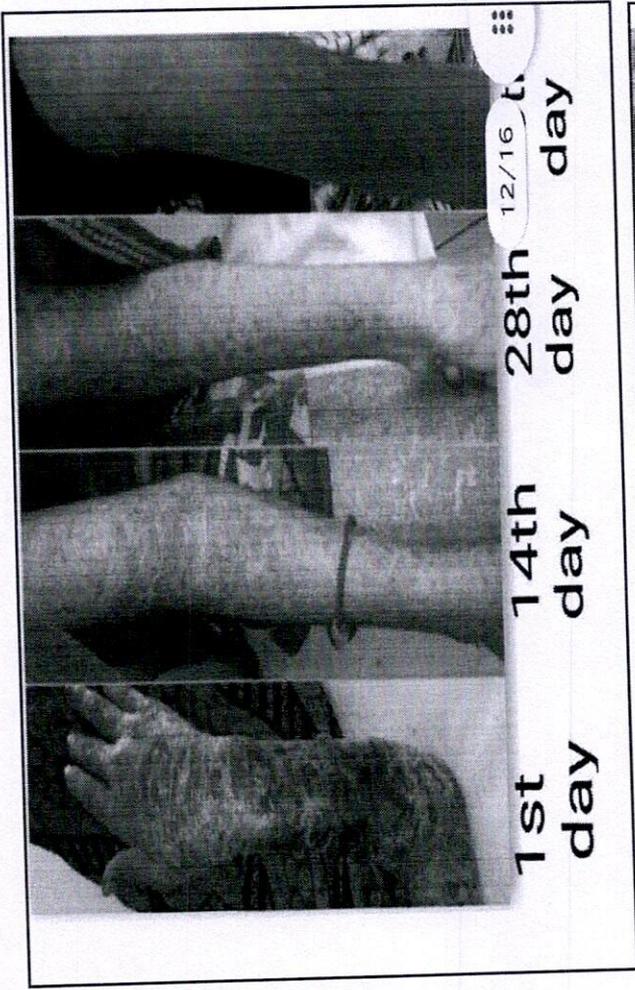
November 22 - 15<sup>th</sup> Day of treatment



  
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Improvement in Skin Disorders patients with Panchakarma



*Signature*  
 Dr. G. D. POL FOUNDA  
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 Kharghar, Navi Mumbai - 410 210



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**Activity Report**

**Title of the event- Vasantik Vaman Shibir**

**Date – 20/02/2023 to 31/03/2023**

**Duration – All days in between above given period from morning 09:00am to 04:00pm**

**Venue – Y.M.T. Ayurvedic Medical College & Hospital, Kharghar**

**Coordinator - Dr.Amit Chavan**

**Objectives-**

**-Prevent the seasonal ailments**

*Vasantika Vamana* is done in spring season approximately in the month of March and April for the elimination of vitiated *Kapha Dosha* which in turn helps to prevent the forthcoming *Kapha* disorders and associated *Pitta* disorders or diseases originating or settled in the place of *Kapha* like bronchial asthma, allergic bronchitis, rhinitis, sinusitis, migraine, hyperacidity, indigestion, anorexia, obesity, overweight, dyslipidemia, diabetes mellitus, acne vulgaris, psoriasis, eczema, urticaria etc.

*-Kapha* disorders and associated *Pitta* disorders or diseases originating or settled in the place of *Kapha* will be relieved either permanently or for a longer period of time.

*-It* helps to prevent the forthcoming diseases due to *Kapha* and *Pitta*.

*-Most* of Ayurvedic drugs are administered by oral root. First it goes to the *Amashaya* (stomach), which is the main seat of *Kapha*. Digestion of food also starts from *Amashaya*. If there is accumulation or aggravation of *Kapha* in *Amashaya*, the digestion of food or drug cannot take place properly. With the help of *Vamana Karma*, *Amashaya Shuddhi* (cleansing) occurs, so the digestion of drug and food takes place properly.

*-Maintenance* of Health for healthy wellbeing

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**Outcome of Activity – This year Vasantik Vaman Shibir was conducted in Panchkarma department from 20/02/2023 to 31/03/2023. Total Count of Vaman during this period was 88. Vaman was conducted on 88 patients.**

**Feedback – Very positive results were seen, patients were highly satisfies.**

  
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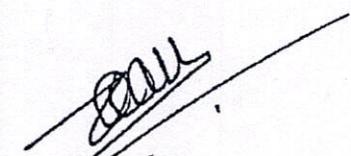
Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/Int/25/23

Date : 20/02/2023

## NOTICE

This is to inform all consultants that, PANCHKARMA DEPARTMENT conducting Vasant Ritu Vaman shibir from the period of 20/02/2023 to 31/03/2023. In this shibir discount is applicable on 4<sup>th</sup> floor and 5<sup>th</sup> floor Panchkarma procedures. Charges list are attached with letter.

  
Principal

DR. NINAD SATHE

VICE-PRINCIPAL

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Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Date : 20/02/2023

Ref. No.: YMTA/Int/26/23

**PANCHAKARMA DEPARTMENT**

**VAMAN SHIBIR CHARGES**

**DATE:-20/02/2023 TO 31/03/2023**

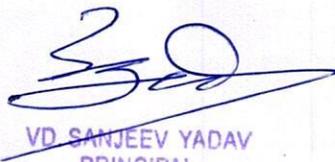
**FOR PATIENTS**

	DETAILS	CHARGES 4 <sup>th</sup> floor	Charges 5 <sup>th</sup> floor
1	Opd/IpD Registration Fees	Rs.50	Rs.100
2	Bed Charges ( 2 Days)	Rs.300	Rs.600
3	Doctor Charges	Rs.200	Rs.400
4	Nursing Charges	Rs.100	Rs.200
5	Sarvanga Snehan-Swedan(2 Day)	Rs.300	Rs.800
6	Vaman	Rs.650	Rs.1000
7	Investigation(Ecg)	Rs100	Rs100
8	Total	Rs.1700 /-	3200/-

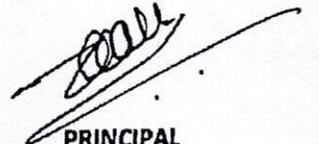
**FOR STAFF AND STUDENTS**

**TOTAL = Rs.700 (4<sup>th</sup> floor) & Rs.1900 (5<sup>th</sup> floor)**

**Note:-Oil and Ghrita charges not included in this package.**

  
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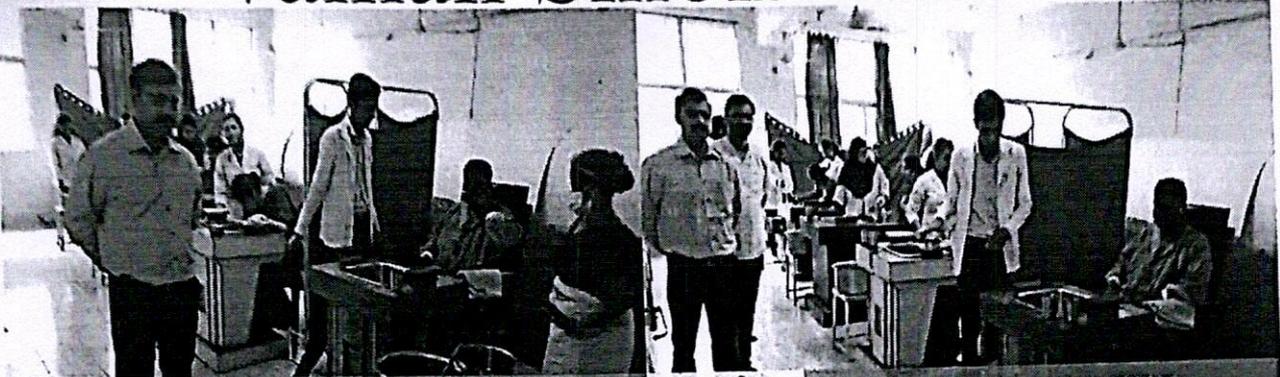
  
PRINCIPAL

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Dr. G. D. POL FOUNDATION  
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# Vaman Shibir 2023



23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
30°C  
86°F  
2023-03-04(Sat) 10:34(am)

23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
31°C  
88°F  
2023-03-04(Sat) 10:34(am)



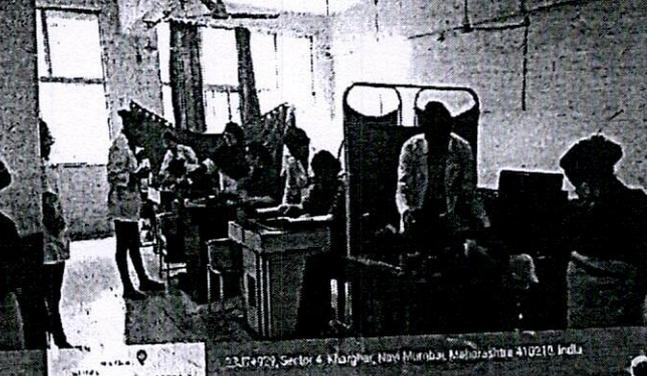
23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
30°C  
86°F  
2023-03-04(Sat) 10:34(am)



23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
30°C  
86°F  
2023-03-04(Sat) 10:14(am)



23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
30°C  
86°F  
2023-03-04(Sat) 10:09(am)



23J74929, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Navi Mumbai  
Maharashtra  
India  
30°C  
86°F  
2023-03-04(Sat) 10:10(am)

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Kharghar, Navi Mumbai - 410 210..

डॉ. जी. डी. पोळ फाऊंडेशन  
वाय्. एम्. टी. आयुर्वेदिक मेडीकल कॉलेज आणि  
धर्मादाय हॉस्पिटल,  
खारघर यांच्या सौजन्याने

## वासंतिक वमन शिबीर

आयुर्वेद शास्त्रानुसार स्वास्थ टिकवण्यासाठी व रोग प्रतिकारक शक्ती (Immunity) वाढविण्यासाठी काही नित्य पंचकर्म सांगितले आहेत तर काही ऋतुंप्रमाणे कर्म सांगितली आहे. त्यापैकी एक म्हणजे वमन कर्म जे वसंत ऋतुत करावे असे सांगितले आहे.

वसंत ऋतुमध्ये होणाऱ्या वातावरण बदलामुळे शरीरातील कफाचे विलयन होऊन कफजन्य व इतर व्याधी जसे - दमा, खोकला, शिंका घेणे, अॅलर्जी, त्वचेचे विकार, अम्लपित्त, सर्दी तसेच काही पाळीचे विकार, स्थौल्य निर्माण करतात या कफजन्य व्याधींचा प्रकोप कमी करण्यासाठी वमन कर्म हा प्रभावी उपाय आहे.

त्यानुसार येत्या २०/०२/२०२३ ते ३१/०३/२०२३ या काळात वसंत ऋतुमध्ये वमन शिबिराचे आयोजन करण्यात येत आहे.

तरी या वमन शिबिराचा आपण सर्वांनी त्वरित लाभ घ्यावा व पुर्व नाव नोंदणी करावी. यासाठी विशेष तज्ञ वैद्य यांच्या मार्फत सल्ला व मार्गदर्शन केले जाईल.

⇒ नावनोंदणीसाठी संपर्क स्थळ ⇐

### पंचकर्म विभाग

वाय्. एम्. टी. आयुर्वेदिक महाविद्यालय व रुग्णालय  
सेक्टर - ४, प्लॉट नं. १८, खारघर रेल्वे स्टेशन समोर, खारघर, नवी मुंबई - ४१० २१०.

⇒ संपर्क ⇐

वेळ : सोमवार ते शनिवार । सकाळी ९.०० ते दुपारी १.०० पर्यंत

अधिक माहितीसाठी खालील नंबर वर संपर्क करा.

९७०२२३३२९०

Dr. G. D. POL FOUNDATION

PRINCIPAL

Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL  
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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

**Activity Report**

Title of the event- Varsha Ritu Basti Shibir

Date – 12/06/2023 to 31/07/2023

Duration – All days in between above given period from morning 09:00am to 04:00pm

Venue – Y.M.T. Ayurvedic Medical College & Hospital, Kharghar

Coordinator - Dr.Amit Chavan

**Objectives-**

-Prevent the seasonal ailments

Basti therapy effectively treats health disorders arising from abdominal Vata and systemic Vata. This treatment effectively addresses health conditions like chronic constipation, sciatica, low back pain, arthritis, gout etc. It helps in internal nourishment of one's body. The Basti treatment improves immunity.

Basti Karma is broadly divided in two types according to the consistency of the drugs Sneha Basti(Anuvasan) and Niruha Basti (Aasthaapana) . In Sneha Basti/ Anuvasan Basti i.e. in this type medicated Oil/ Ghee, lipids are used, word Anuvasan indicates "To stay", the administered medicines stay inside for a longer duration, but still do not cause any untoward problem. In Niruha Basti/ Aasthaapana Basti, decoction of medicinal plants is the main content wherein other ingredients like honey, salt, lipids & other drugs are incorporated to form a colloid or a suspension. Word Niruha, indicates "To eliminate" or eliminate morbid Doshas or Disease from body, & its synonym word "Asthapan" indicates "establish life span & age (Su.Chi 35/38).

In Ayurvedic classics its Contraindications, features of Samyak, asmyak, (proper/inadequate) Basti & Vyapad (complications) have been described in details. Basti Karma is though seems to

  
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be the simple procedure, but should be carefully done only under the supervision of ayurvedic physician and pre & post procedure along with do's & don'ts are to be followed strictly.

-Maintenance of Health for healthy wellbeing

**Outcome of Activity – This year Varsha Ritu Basti Shibir was conducted in Panchkarma department from 12/06/2023 to 31/07/2023. Total Count of Basti during this period was 5206.**

**Feedback – Very positive results were seen, patients were highly satisfies**

  
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Ref. No.: YMTA/Inst/7/2023

Date : 7/06/2023

**NOTICE**

This is to inform all consultants that, PANCHKARMA DEPARTMENT conducting Varsha rutu Basti Shibir from the period of 12/06/2023 to 31/07/2023. In this shibir discount is applicable on 4<sup>th</sup> floor Panchkarma procedures. A charge of procedure list is attached with letter.

  
**Principal**

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**DR. SANJEEV KADAV  
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Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/Inst70/2023

Date: 6/06/2023

**YOG BASTI SHIBIR CHARGES FOR IPD**

**DATE:- 12/06/2023 TO 31/07/2023**

**FOR PATIENTS**

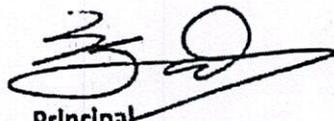
	DETAILS	CHARGES
1.	OPD/IPD REGISTRATION FEES	Rs.100
2.	BED CHARGES ( 8 DAYS)	Rs.1000
3.	DOCTOR CHARGES ( 8 DAYS)	Rs. 500
4.	SISTER CHARGES ( 8 DAYS)	Rs. 600
5.	SARVANG SNEHAN SWEDAN (8 DAYS)	Rs.1200
6.	YOG BASTI AND JANU /KATI /MANYA BASTI	Rs. 1500
7.	MEDICINE	Rs. 100
8.	TOTAL	Rs.5000

- The above mentioned charges are only applicable for 4<sup>th</sup> Floor Panchakarma Department.
- Ayushman Centre charges (5th Floor) will be applicable as per previously defined.
- Medicated oil & Ghrita are chargeable as per rate list.
- Patient has to pay Food charges.



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Principal  
V.D. SANJEEV YADAV  
Dean  
Y.M.T. Ayurvedic Medical  
College & Hospital,  
Sec - 4, Kharghar,  
Navi Mumbai - 410 210.



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वायू.एम्.टी. आयुर्वेदिक मेडीकल कॉलेज आणि धर्मादाय हॉस्पिटल, खारघर  
यांच्या सौजन्याने

## वर्षा ऋतु बस्ती शिबीर

शरीराचे स्वास्थ्य टिकविण्यासाठी आयुर्वेद शास्त्रामध्ये काही नित्य कर्म सांगितलेली आहेत तर काही ऋतुप्रमाणे कर्म सांगितली आहेत, त्यापैकी एक म्हणजे बस्ती कर्म आहे.

ग्रीष्म ऋतुतील उन्हामुळे वातावरणात रुक्षता वाढते व हळूहळू शरीरात वाताचा संचय होतो, असा संचयित वात वर्षा ऋतुमध्ये प्रकोपित होऊन विविध वातजन्य व्याधी जसे - संधीवात, आमवात, पक्षाघात (Paralysis), कंबरदुखी (Lumber Spondylosis), मानदुखी (Cervical Spondylosis), गुडघेदुधी, कंपवात, अनियमित पाळी इ. व्याधींच्या लक्षणांची वृद्धी होते. अशा व्याधींचा प्रकोप कमी करण्यासाठी वर्षा ऋतुमध्ये बस्ती कर्म हा प्रभावी उपाय आहे.

त्यानुसार येत्या दि. १२/०६/२०२३ ते ३१/०७/२०२३ या काळात वर्षा ऋतुमध्ये बस्ती शिबीराचे आयोजन करण्यात येत आहे.

तरी या बस्ती शिबीराचा आपण सर्वांनी त्वरित लाभ घ्यावा व पुर्व नाव नोंदणी करावी. यासाठी विशेष तज्ञ वैद्यांचा सल्ला व मार्गदर्शन केले जाईल.

नाव नोंदणीसाठी संपर्क स्थळ

पंचकर्म बाह्यरुग्ण विभाग  
ओ.पी.डी. क्र. ०९

वायू.एम्.टी. आयुर्वेदिक मेडीकल कॉलेज आणि धर्मादाय हॉस्पिटल  
सेक्टर ४, प्लॉट नं. १८, खारघर (रेल्वे स्टेशन पासून नजिकच्या अंतरावर),  
नवी मुंबई-४१०२१०.

वेळ : सोमवार ते शनिवार  
सकाळी ०९.०० ते दुपारी ०९.०० वा. पर्यंत

अधिक माहितीसाठी खालील नंबर वर संपर्क करा

९७०२२३३२९०

V.D. SANJEEV YADAV  
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**Activity Report**

**Title of the event- Sharadiya Virechan Shibir**

**Date – 01/10/2023 to 30/11/2023**

**Duration – All days in between above given period from morning 9:00am to 4:00pm**

**Venue – Y.M.T. Ayurvedic Medical College & Hospital, Kharghar**

**Coordinator - Dr.Amit Chavan**

**Objectives-**

- Prevent the seasonal ailments
- Maintenance of Health for healthy wellbeing

Virechana is one of the Panchakarma therapies wherein purgation is induced by drugs and it specifically aims at the elimination of excessive Pitta Dosha from the body. Normally, after Virechanakarma, patient does not complain of having any untoward like those present after diarrhea due to dehydration.

Virechana therapy helps to bring clarity to the mind and also stimulates the intellectual level. It is quite effective in the treatment of Pitta disorders, such as skin inflammations. This therapy is also used for the treatment of diseases like chronic fever, piles, abdominal tumors, worms and gout. Out of which Purgation (Virechana) is main purification therapy in autumn (Sharad) as it is most significant in PittaDosha.

**Outcome of Activity – This year Sharadiya Virechan Shibir was conducted in panchkarma department from 01/10/2023 – 30/11/2023. Total Count of Virechan during this period was 121. Virechan was conducted on 121 patients.**

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**Feedback – Very positive results were seen, patients were highly satisfied.**

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Ref. No.: YMTA/SW/1991/2023

Date: 21/10/2023

**NOTICE**

This is to inform all consultants that, PANCHKARMA DERATMENT conducting Sharad Ritu Virechan Shibir from the period 23/10/2023 to 30/11/2023. In this shibir discount is applicable on 4<sup>th</sup> and 5<sup>th</sup> floor panchkarma procedures. Charges list is attached with letter.

  
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Principal  
DR. N. V. SAGAR  
VICE PRINCIPAL  
Dr. G. D. POL FOUNDATION  
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Ref. No.: YMSA/Int/199/2023

Date: 21/10/2023

**PANCHAKARMA DEPARTMENT**

**VIRECHAN SHIBIR CHARGES**

23/10/2023 TO 30/11/23

FOR PATIENTS

DETAILS	CHARGES	
	4 <sup>TH</sup> FLOOR	5 <sup>TH</sup> FLOOR
OPD/IPD REGISTRATION FEES	Rs. 50.	Rs. 100
BED CHARGES(3DAY)	RS. 300	RS. 600
SISTER CHARGES(3DAY)	RS. 150	RS. 300
SARVANG SNEHAN SWEDAN (3DAY)	RS. 600	RS. 1500
VIRECHAN	RS. 500	RS. 1000
Consultation charges		
TOTAL	RS. 1600	RS. 3500

FOR STAFF AND STUDENTS

TOTAL = Rs. 500(4<sup>th</sup> floor)& Rs. 2200(5<sup>th</sup> floor)

Note - oil and ghrita charges not included in this package.

  
V.D. SANJEEV YADAV  
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# डॉ. जी. डी. पोल फाउंडेशन

वाय्. एम्. टी. आयुर्वेदिक मेडीकल कॉलेज आणि धर्मादाय हॉस्पिटल,  
खारघर यांच्या सौजन्याने

## शारदीय विरेचन शिबिर

शरीराचे स्वास्थ्य टिकविण्यासाठी आयुर्वेद शास्त्रामध्ये काही नित्य पंचकर्म सांगितले आहेत तर काही ऋतुप्रमाणे कर्म सांगितली आहेत. त्यापैकी एक म्हणजे शरद ऋतुमध्ये विरेचन कर्म आहे.

वर्षा ऋतुतील वातावरणात शरीरात पित्ताचा संचय होतो, असे संचित पित्त शरद ऋतुमध्ये प्रकोपित होऊन विविध पित्तजन्य व्याधी जसे अम्लपित्त, त्वचा विकार, अॅलर्जी, अनियमित पाळी, पोटाचे विकार इत्यादी व्याधी निर्माण करतात अशा व्याधीचा प्रकोप कमी करण्यासाठी शरद ऋतुमध्ये विरेचन कर्म हा प्रभावी उपाय आहे.

त्यानुसार दिनांक २३/१०/२०२३ ते ३०/११/२०२३ या काळात शरद ऋतुमध्ये विरेचन शिबिराचे आयोजन करण्यात येत आहे.

तरी या विरेचन शिबिराचा आपण सर्वांनी त्वरित लाभ घ्यावा व पूर्व नाव नोंदनी करावी. यासाठी विशेष तज्ञ वैद्य यांच्या मार्फत सल्ला व मार्गदर्शन केले जाईल.

: नाव नोंदणीसाठी संपर्क स्थळ :

पंचकर्म बाह्यरुग्ण विभाग

वाय्. एम्. टी. आयुर्वेदिक मेडीकल कॉलेज आणि धर्मादाय हॉस्पिटल, सेक्टर ४,  
प्लॉट नं. १८, खारघर (रेल्वे स्टेशन पासून जवळ) नवी मुंबई ४१०२१०.

वेळ : सोमवार ते शनिवार

पंचकर्म ओ.पी.डी.नं. ०१

सकाळी : ९.३० ते दुपारी १.०० पर्यंत

वरील माहितीसाठी खालील क्रमांकावर संपर्क करा

मोबाईल: ९७०२२३३३९०

Dr. SANJEEV YADAV  
PRINCIPAL

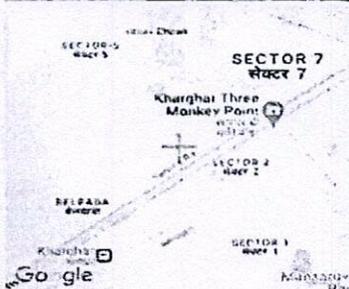
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# SHARADIYA VIRECHAN SHIBIR

23/10/2023 TO 30/11/2023

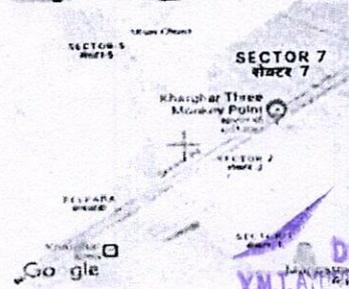


YMT Ayurvedic Medical College & Hospital, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India

Navi Mumbai  
Maharashtra  
India

34°C  
93°F

2023-11-06(Mon) 12:01(pm)



YMT Ayurvedic Medical College & Hospital, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India

Navi Mumbai  
Maharashtra  
India

30°C  
86°F

2023-11-06(Mon) 11:50(am)

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**NAVI MUMBAI**

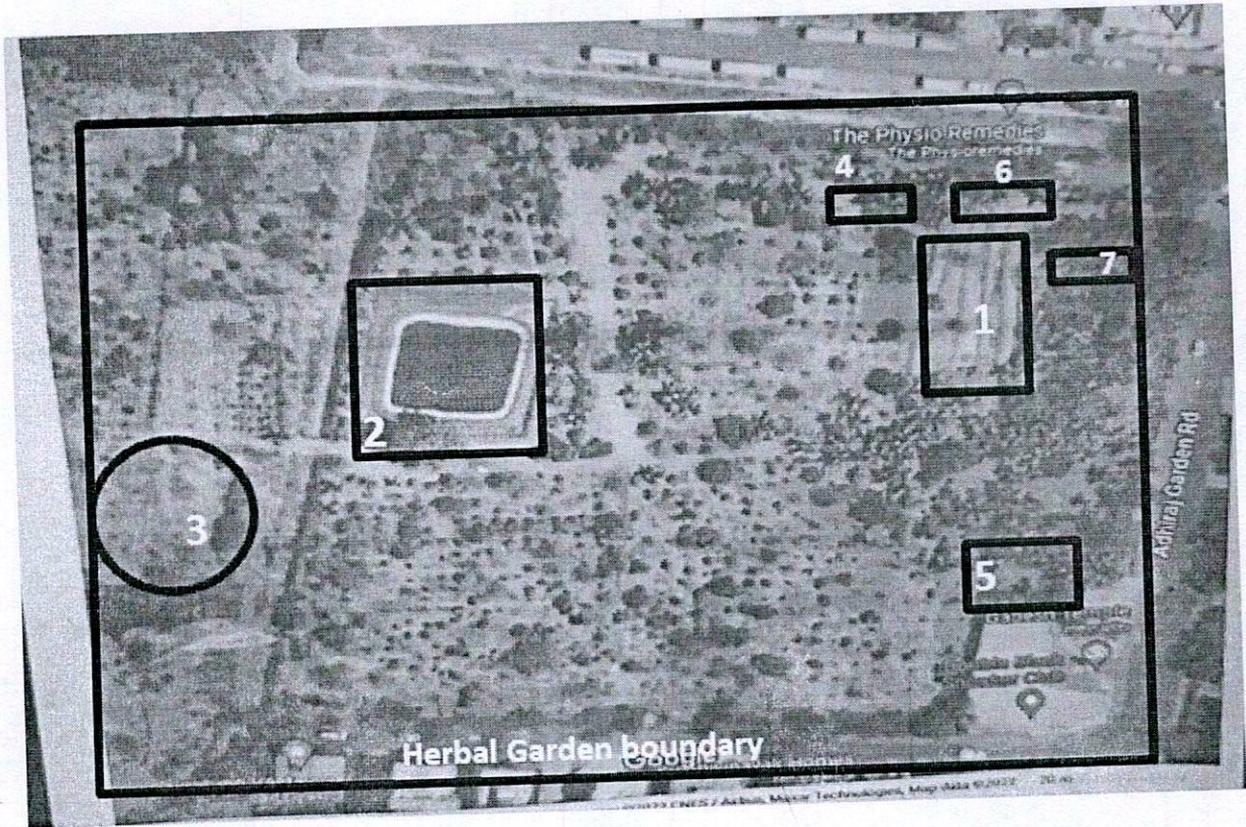
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**Geo Photo Graphs of Herbal garden**



No.	Description
1	Nutri garden
2	Farm lake/ water reservoir
3	Nakshatra Garden
4	Green Shade for Sapling preparation & propagation of plants
5	Demonstration Room
6	Rare & Endangered Species Section
7	Entrance and walking area

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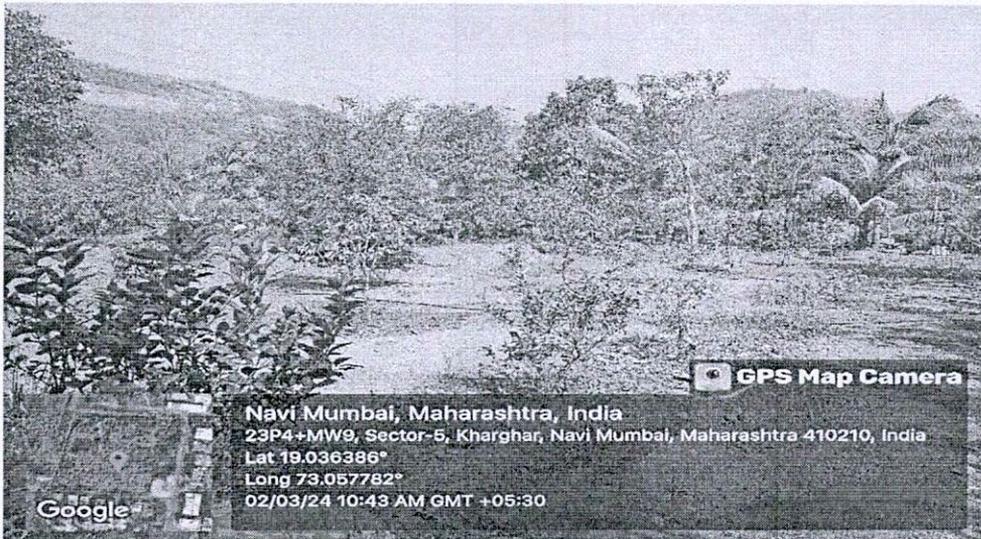
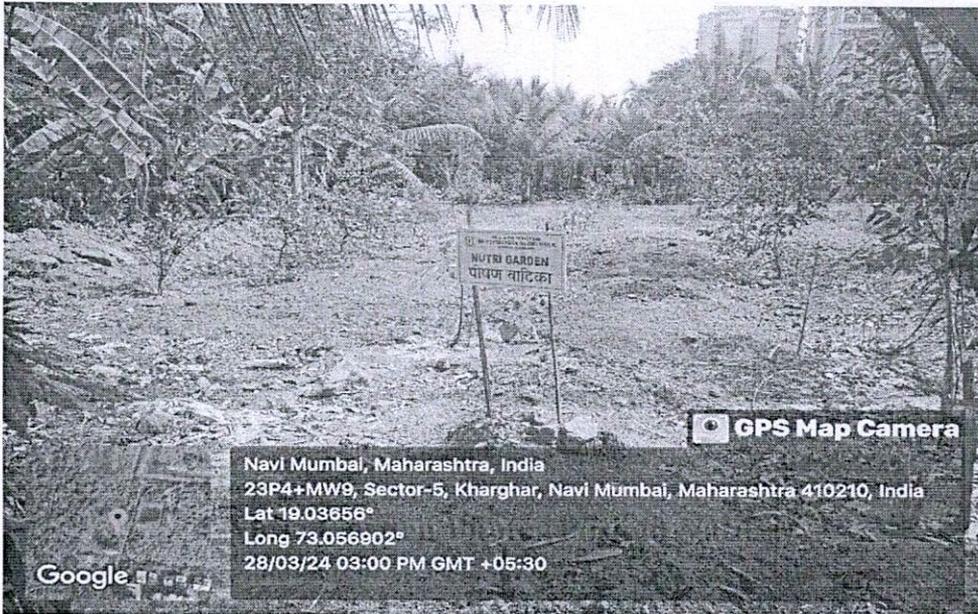
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**1.Nutri Garden Photo (Poshan Vatika)**



**2. Water Reservoir (Farming Pond)**

  
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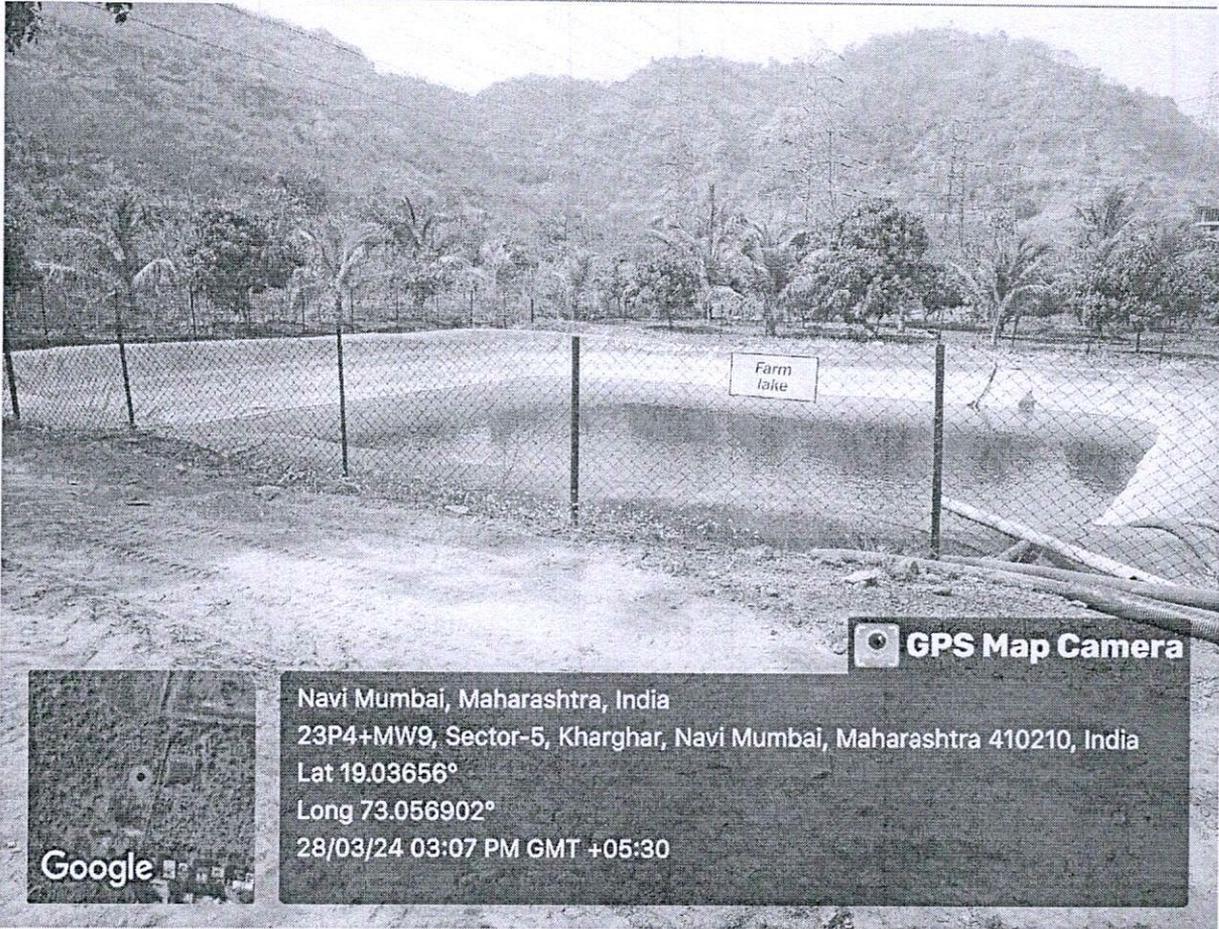
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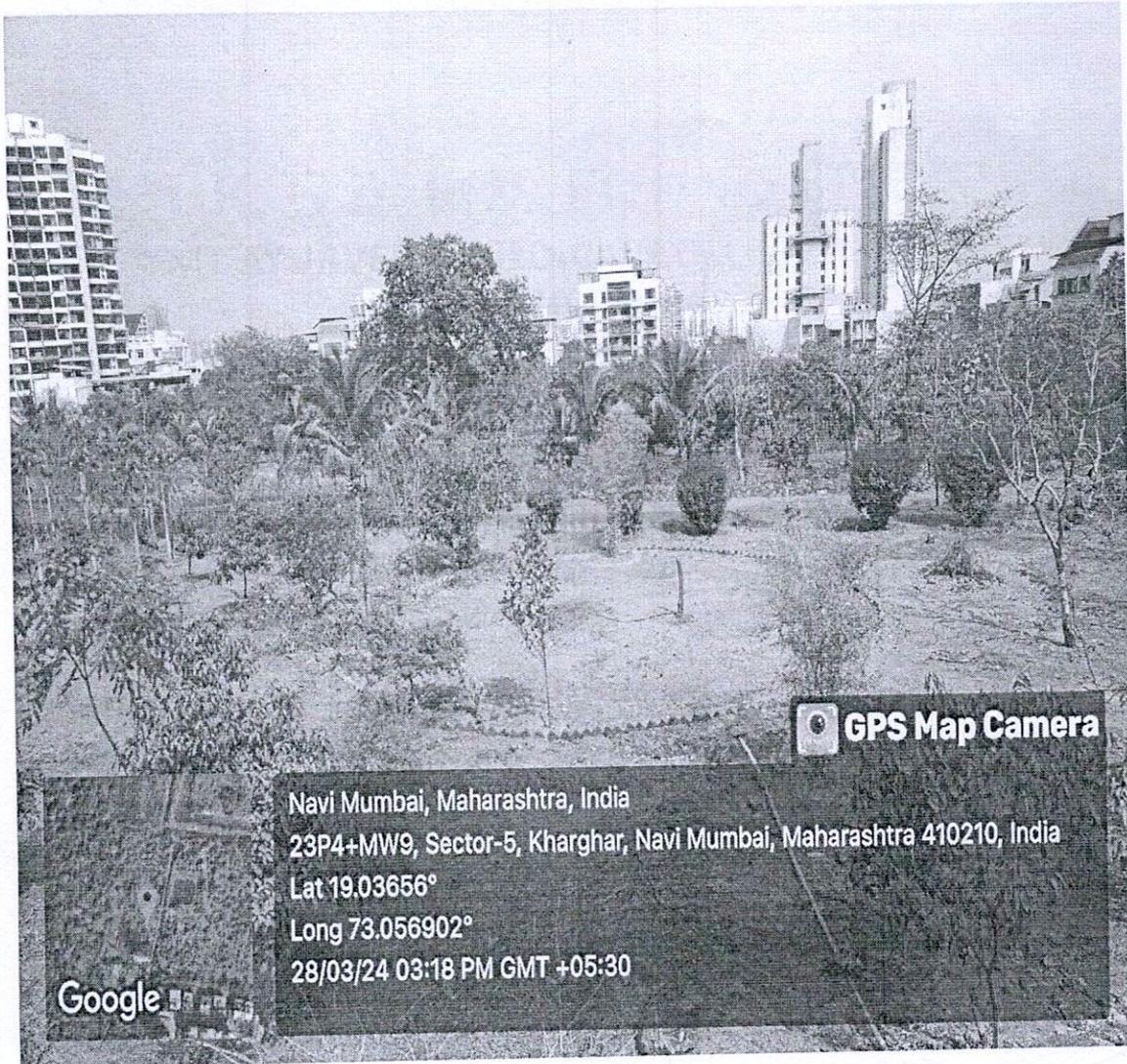
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**3.Nakshtra Garden**



  
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**4. Green Shade for Sapling preparation & propagation of plants**



*VD*

**VD SANJEEV YADAV  
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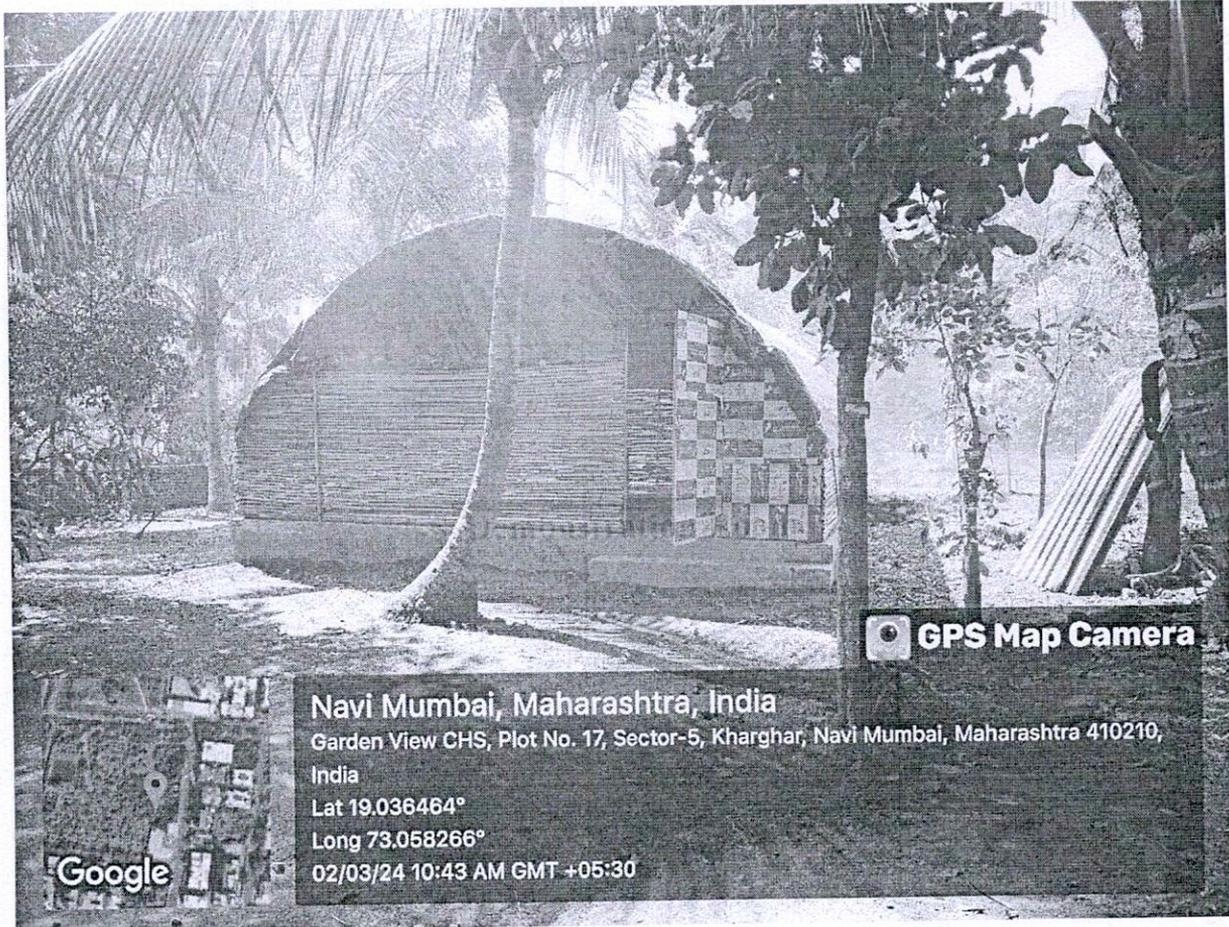
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**5. Demonstration Room**



  
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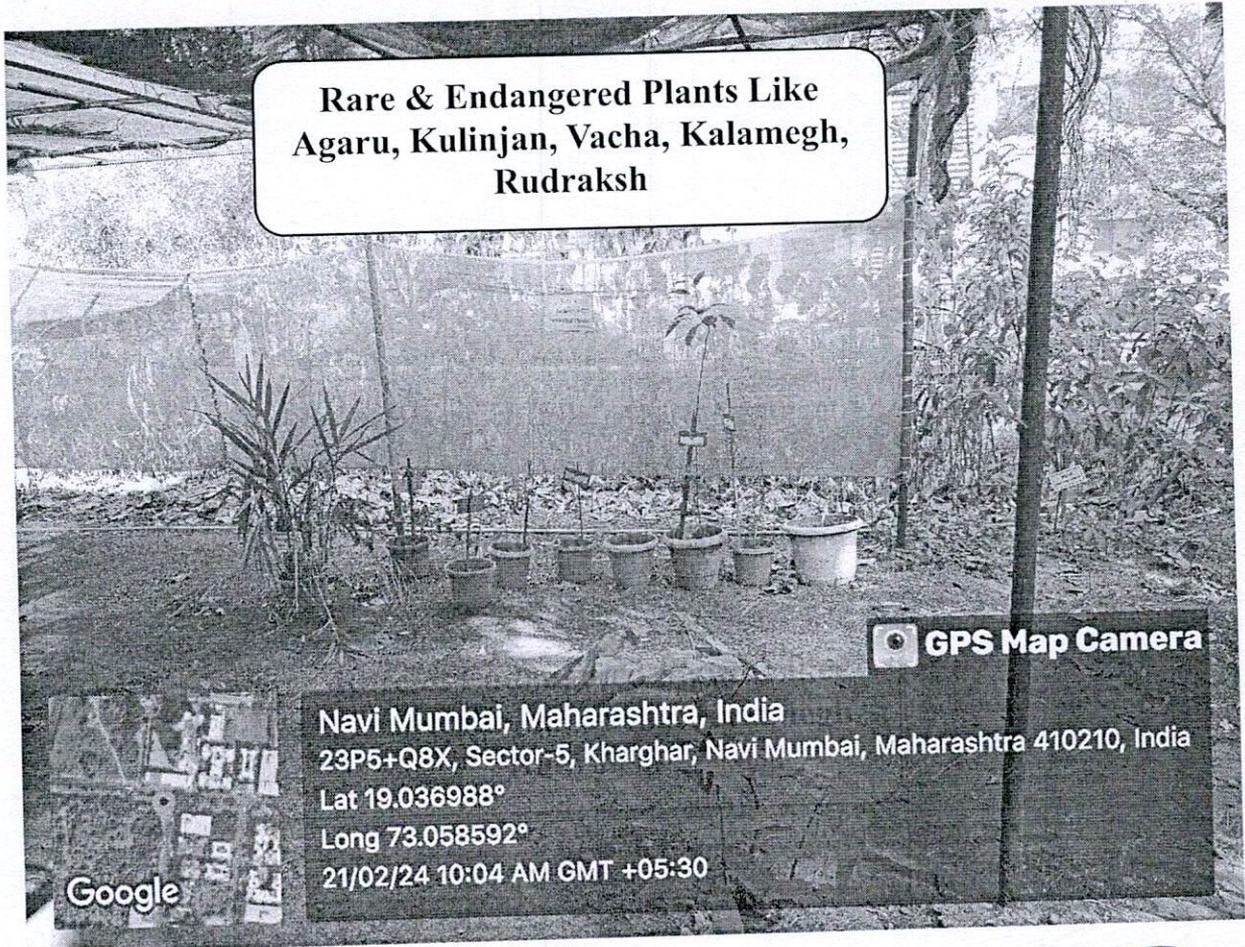
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**6. Rare & Endangered Species Section**



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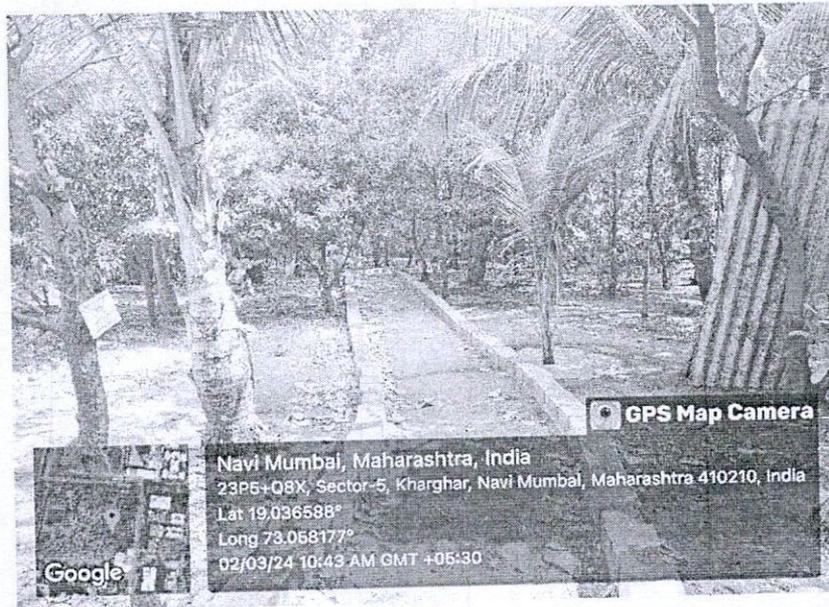
Phone: 022- 27744406

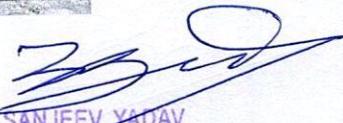
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**7. Entrance/Walking track in garden**



  
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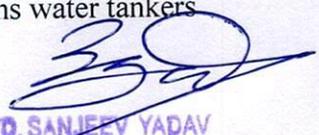
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**Reports of Activity undertaken by the institution for conservation of rare and endangered plants.**

1. We have cultivated 315 species with 4754 total plants in 7.18 acre area out of which maximum plants are cultivated.
2. We have cultivated and conserved some Rare and Endangered species as well such as Sarpagandha, Ashoka, Patala, Chandan, Raktachandan, Agaru etc.
3. We have separate green shade facilities for some rare and endangered species and also have separate sections for rare & endangered plant species.
4. We are doing regular seed ball activity. In which we are preparing seed balls of rare and endangered medicinal plant species like Santalum album, Jyotishmati, Ananta, Arjun etc.
5. Key Actives undertaken by institute for cultivation –
  - Preparation of Land – e.g. Ploughing, tilling & soil amendment.
  - Planting – Maximum plantation was done in the rainy season where we do plantation of Medicinal plants like Vasa, Bhallataka, Fig, Coconut, Arjuna, Ankola, Kadamba etc.
  - Being a coastal area, rain is abundant. We use our own water reservoir for irrigation purposes during the non-monsoon season only. This conserved water facility is used for 1 to 3 months after Monsoon. Rest of the months water tankers from outside are to help in refilling the reservoir.

  
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- 
- Weeding – Unwanted Weeds are controlled by using proper herbicide application.
  - Fertilization – We are using different types of compost & vermicompost as per requirement.
  - Pest & Disease Management - Identifying trees which are infected by any pest of diseased & taking appropriate major to control it.
  - Pruning - For maintenance of an eco-friendly environment pruning was done at required basis.
6. On the occasion of world environment day, the public awareness rally and tree plantation program was arranged by our Institution. The rally started at Ayurved gate of college following belpada gaon and A.C patil college of engineering and NIFT and return to our college. The students raised various slogans e.g. '*Isake jaisa daan na duja live life give life*' throughout the rally and holded various posters of saving the environment and plants. Then the function proceeds with a tree plantation program at Yerala herbal garden. On these occasions Principal sir addresses the student the importance of trees & motivates the students for planting a tree as they can. Rally received the attention of street walking public, shopkeepers & Students etc. which also encouraged the people for tree plantation & conservation.

  
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- 
7. Every year we encourage the planting of medicinal plant species but unfortunately unable to survive because of some reason, we do plantations of some new species regularly.
  8. We have a separate area in the garden where saplings of different plant species are prepared from seed & Cutting method. Later these plants shifted to big pots and then it was shifted to Land.
  9. We have even cultivated roundabout 130 plants in pots as live specimens.
  10. We have a well-designed Nakshatra Garden which has 27 specific Nakshatra plants.
  11. Water supply facility is available for each and every medicinal plant. We have our lake pond through which irrigation is done.
  12. Medicinal plants in the separate pots other than herbal garden are watered time to time.
  13. Seeds from our own garden plants and from different habitats were collected & used for cultivation purposes.

  
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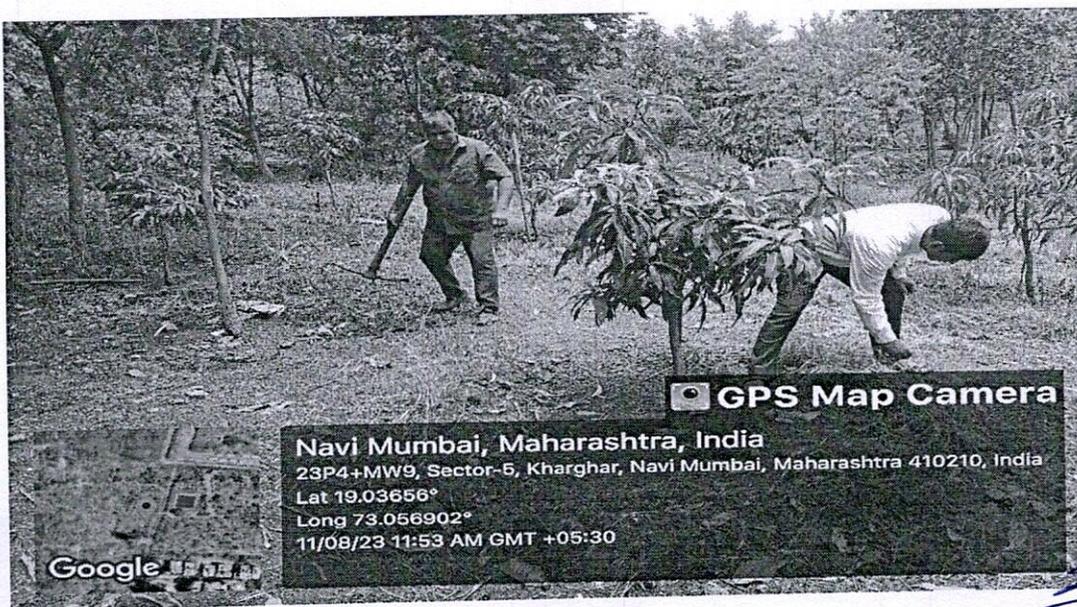
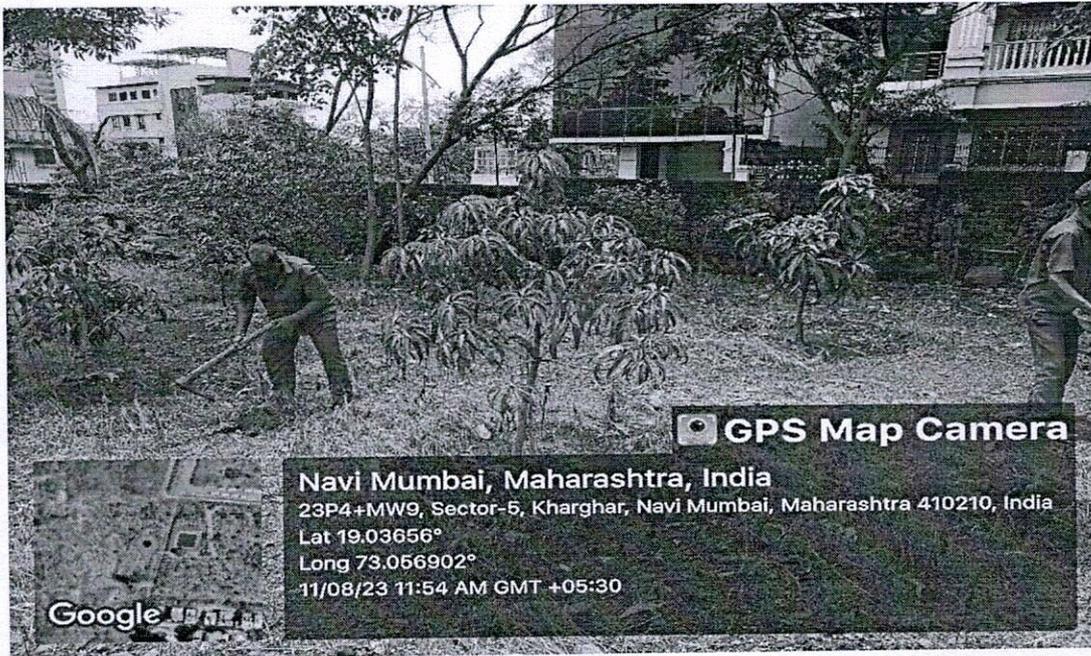
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**Digging and Plantation of Medicinal Plants**



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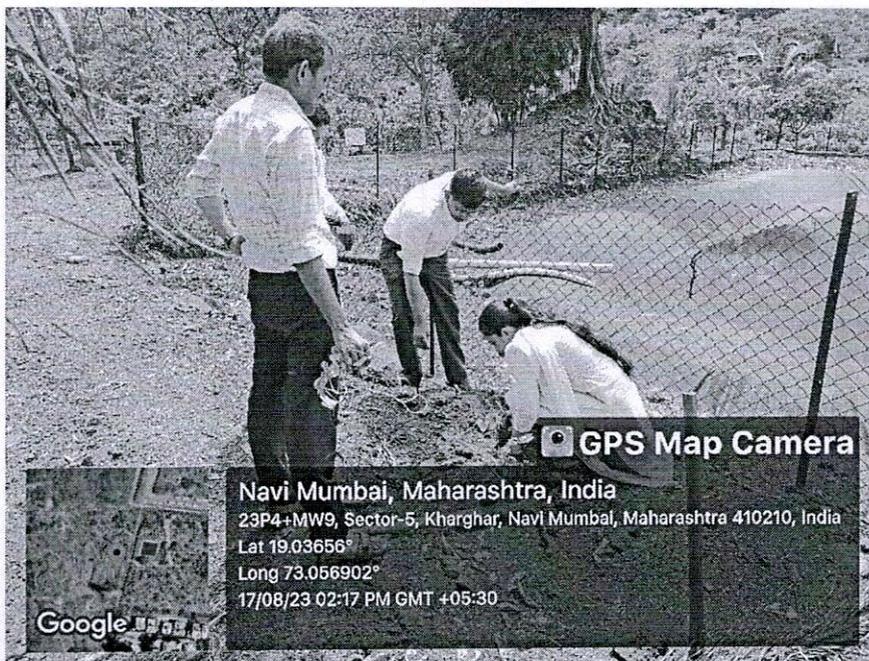
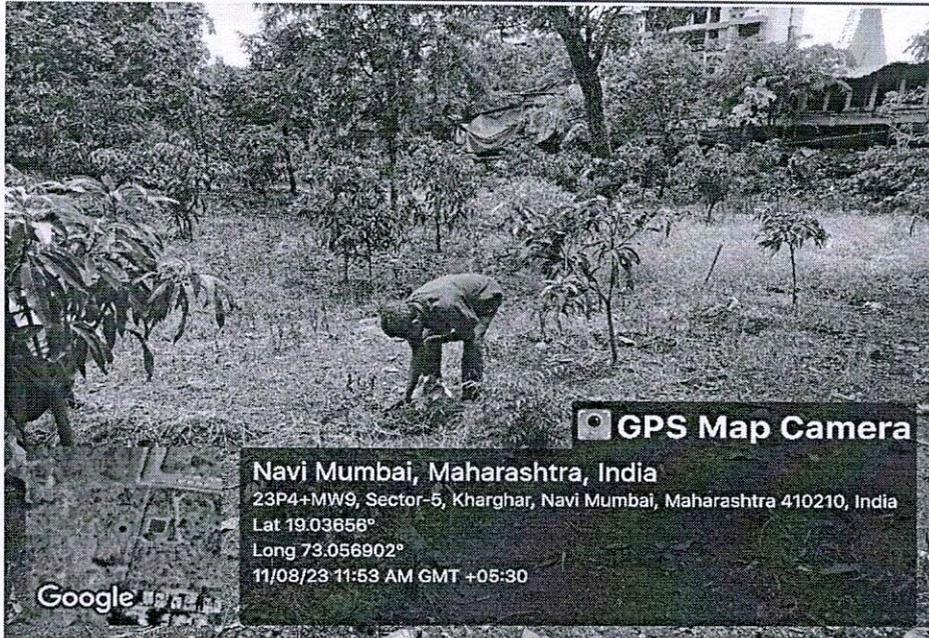
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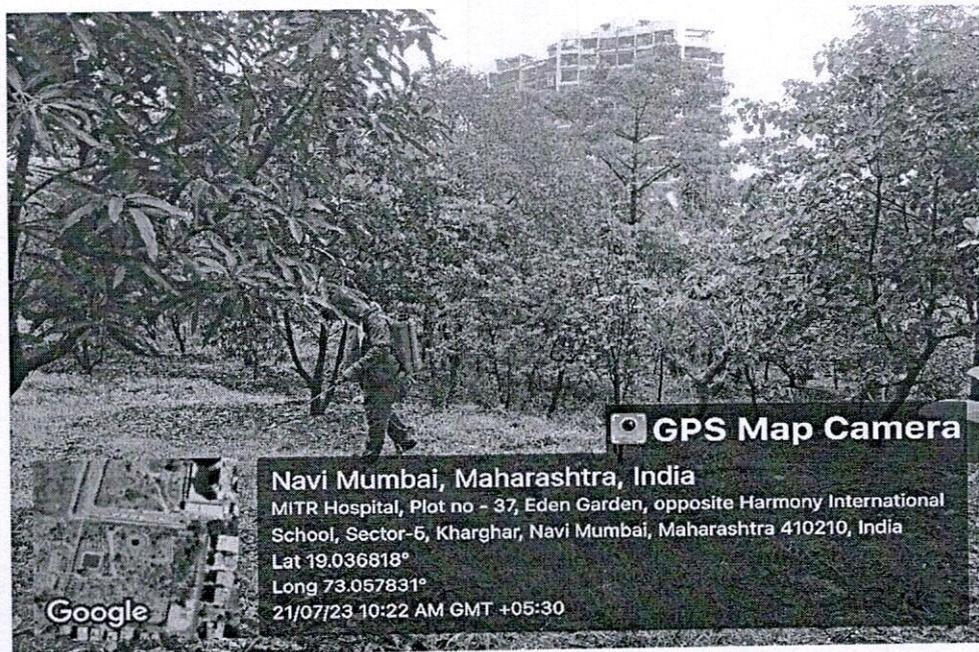
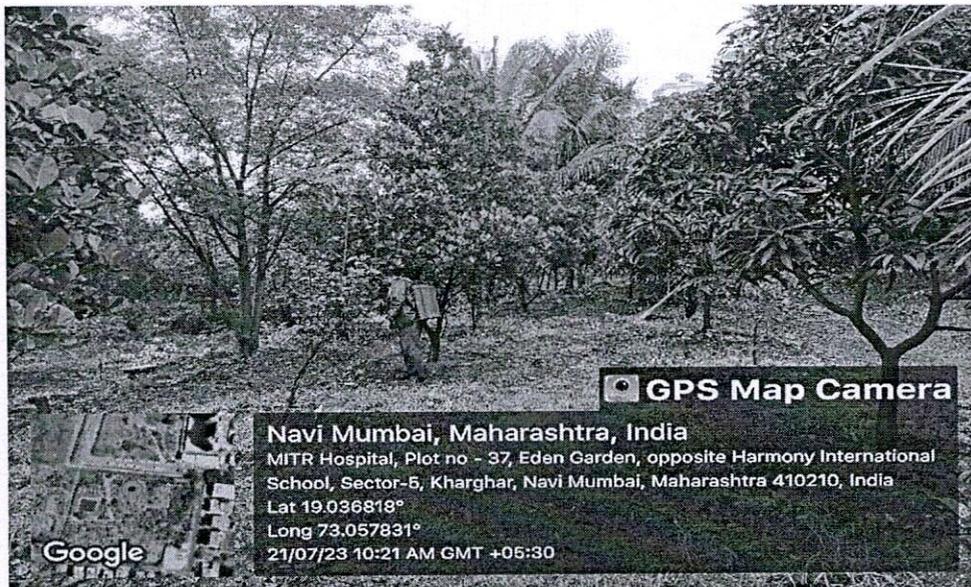
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**Weeding & Pest Management**



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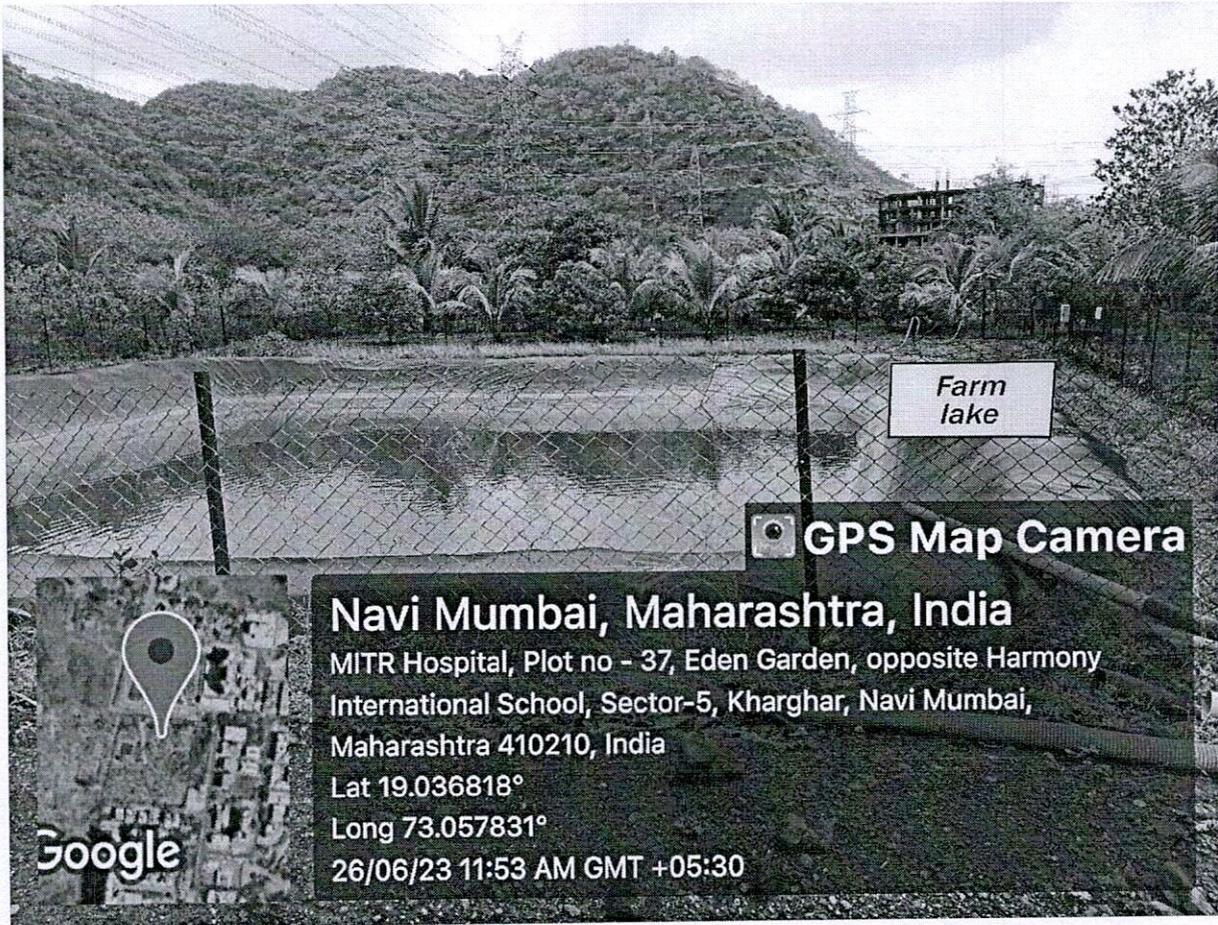
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**Farm Lake (Water Reservoir)**



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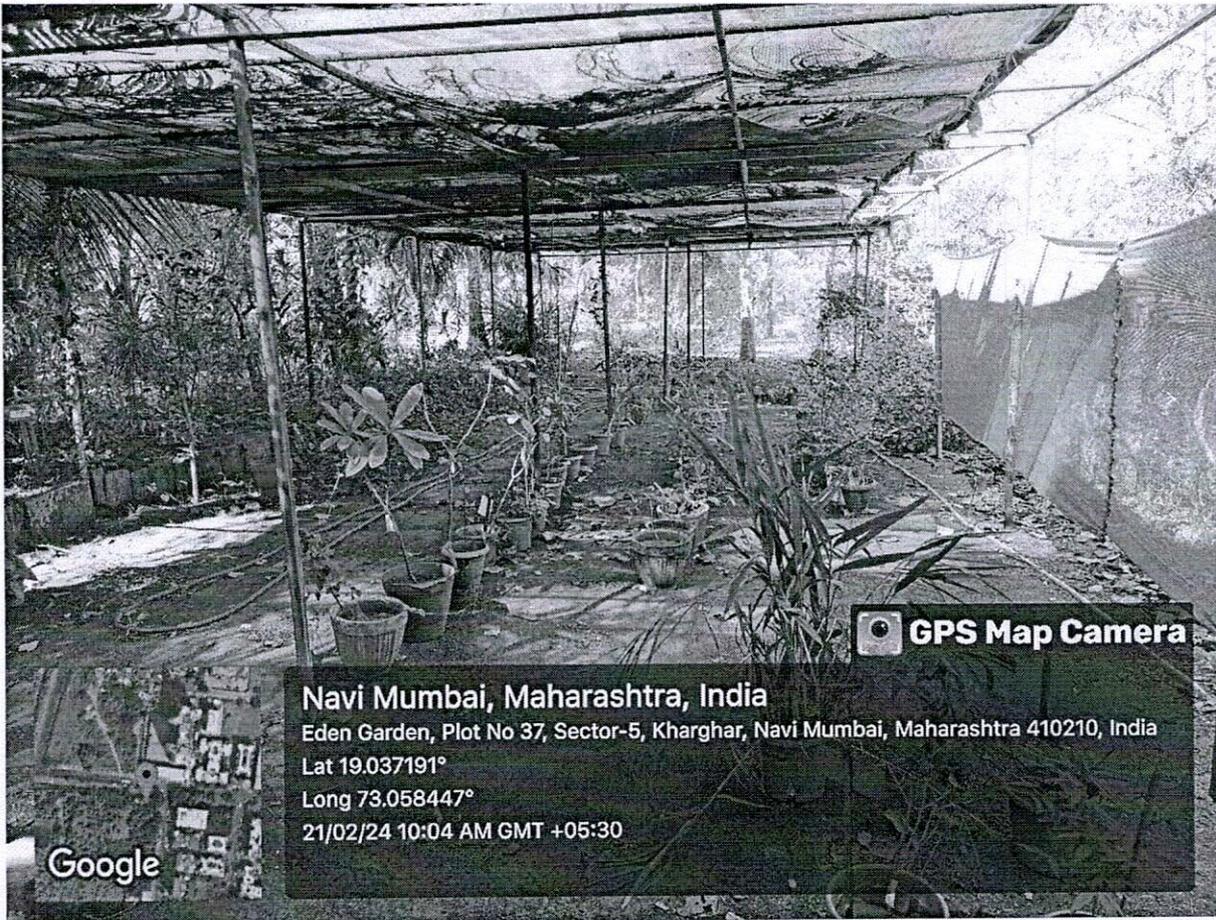
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**Green Shade**



 **GPS Map Camera**

**Navi Mumbai, Maharashtra, India**

Eden Garden, Plot No 37, Sector-5, Kharghar, Navi Mumbai, Maharashtra 410210, India

Lat 19.037191°

Long 73.058447°

21/02/24 10:04 AM GMT +05:30

Google

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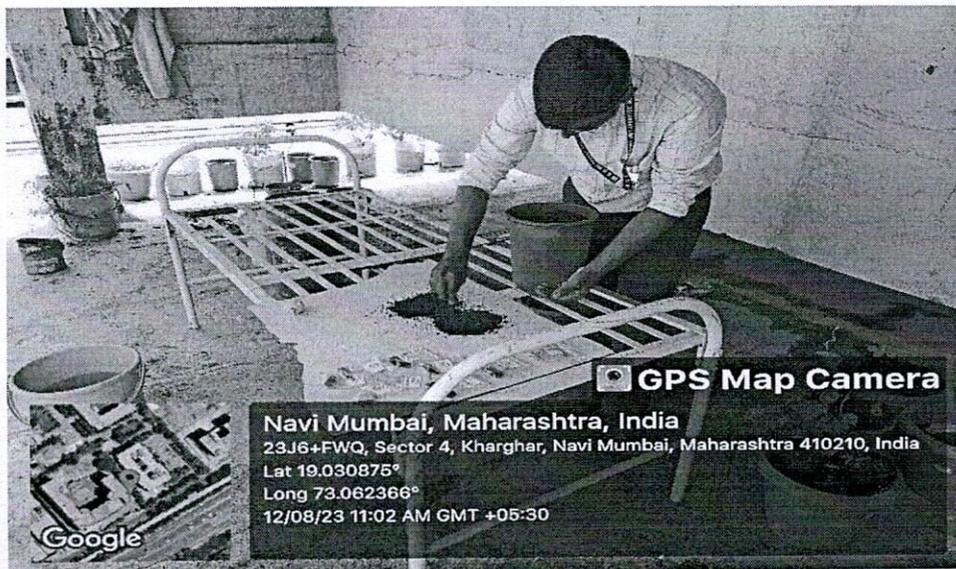
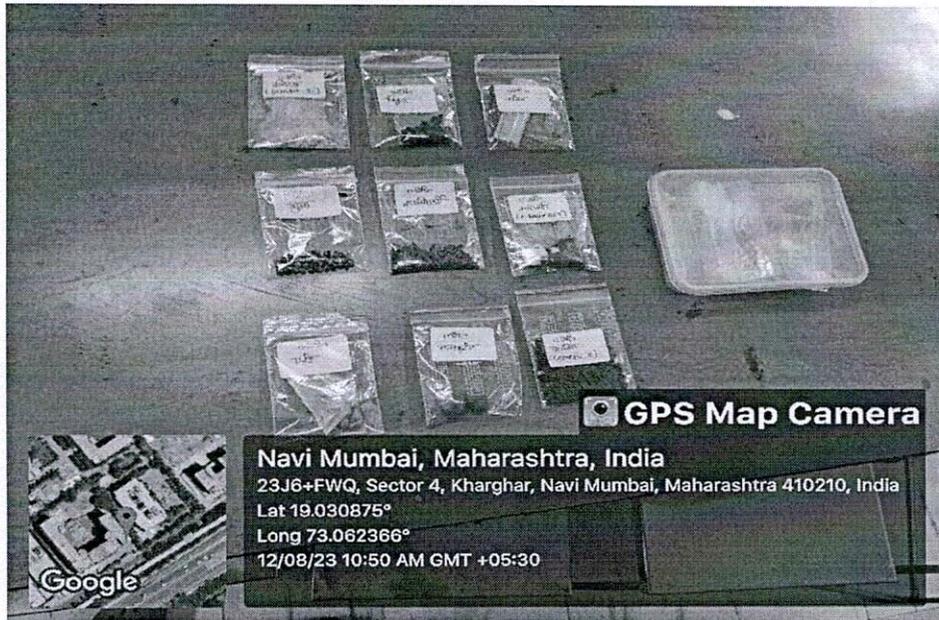
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**Preparation of Seed Ball of Rare Medicinal Plants**



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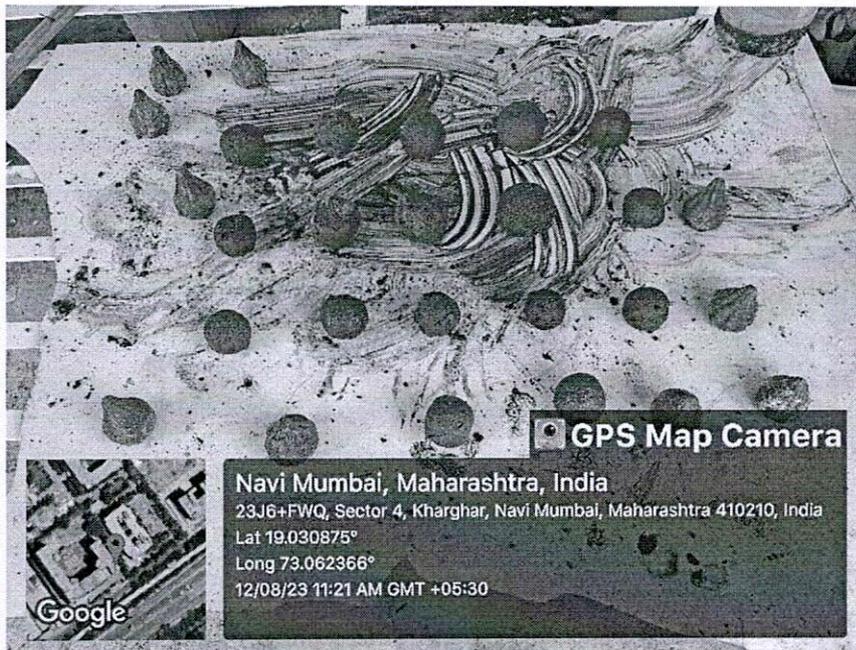
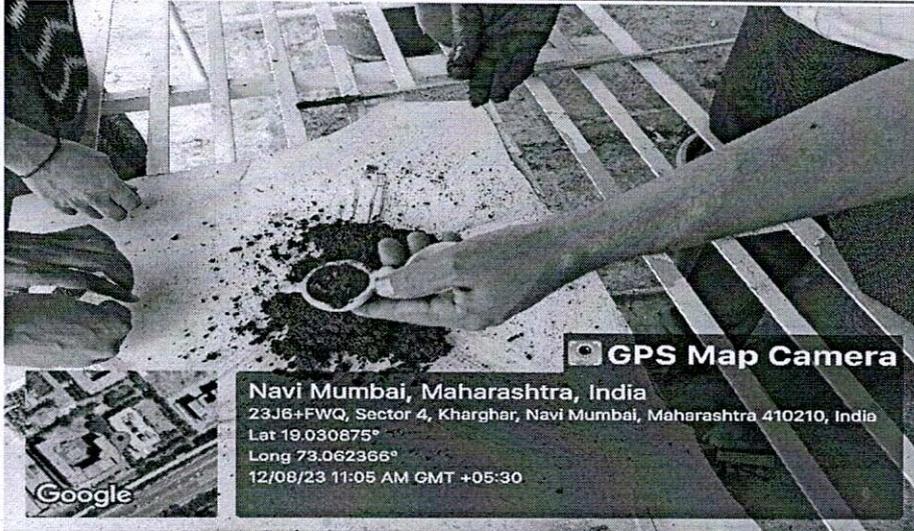
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**Reports of Activity undertaken by the institution for propagation of rare and endangered plants.**

- As a part of curriculum our institution has organised regular Herbal Garden visits of II year B.A.M.S & Post Graduate Students of Department of Dravyaguna at regular time intervals.
- In that visit we give information about the Plant species like Morphology of plant, methods of cultivation & propagation of plants like
  1. Sexual propagation or seed propagation.
  2. Asexual or Vegetative Propagation
  3. Nature of plant
  4. Habitat of plant
  5. Fruiting & Flowering season of that particular plant.
- In this year the 1st year BAMS students are also exposed to herbal gardens as part of the syllabus curriculum Induction program where they get knowledge about propagation, conservation and uses of that Medicinal plant.
- Students are doing seed ball activities through which seeds are collected from our garden & that seed placed in mud & small balls are prepared.
- On the occasion of Lord Dhanvantari Birth Ceremony Institution also organised Plant Expo for targeting layman community. Also Farmer awareness program is arranged about cultivation & Propagation of Medicinal plants in their farm at Pen.
- Informational pamphlets and posters highlighting the importance of herbal plants in Ayurveda and their role in environmental conservation were distributed.
- Talks and presentations were delivered to educate the public about sustainable practices and the benefits of herbal remedies.
- AYUSH expo was organised by Institute for Layman People in which they are getting knowledge about propagation, conservation and uses of that Medicinal plant.
- Students from Nearby School, colleges e.g. Harmony school, Bharati Vidyapeeth college of pharmacy G Mittal Ayurved College & B R Harne Ayurved college visited our Herbal

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Garden where they received knowledge about the Cultivation, Conservation, Propagation & Uses of Medicinal Plants.

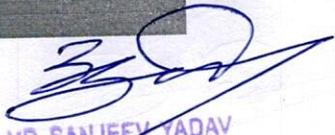
**Outcome:** The event witnessed active participation from Ayurveda students, Patients and members of the local community.

**Key outcomes include:**

- Increased awareness about the importance of herbal plants in Ayurveda and their ecological significance.
- Empowerment of Ayurveda students with practical knowledge and skills for propagating medicinal herbs.
- Promotion of environmental stewardship among the layman community through hands-on participation in the plantation drive.
- Strengthened community engagement and collaboration towards sustainable living practices.

**Medicinal Plant Exhibition at WORLD AYUSH EXPO**



  
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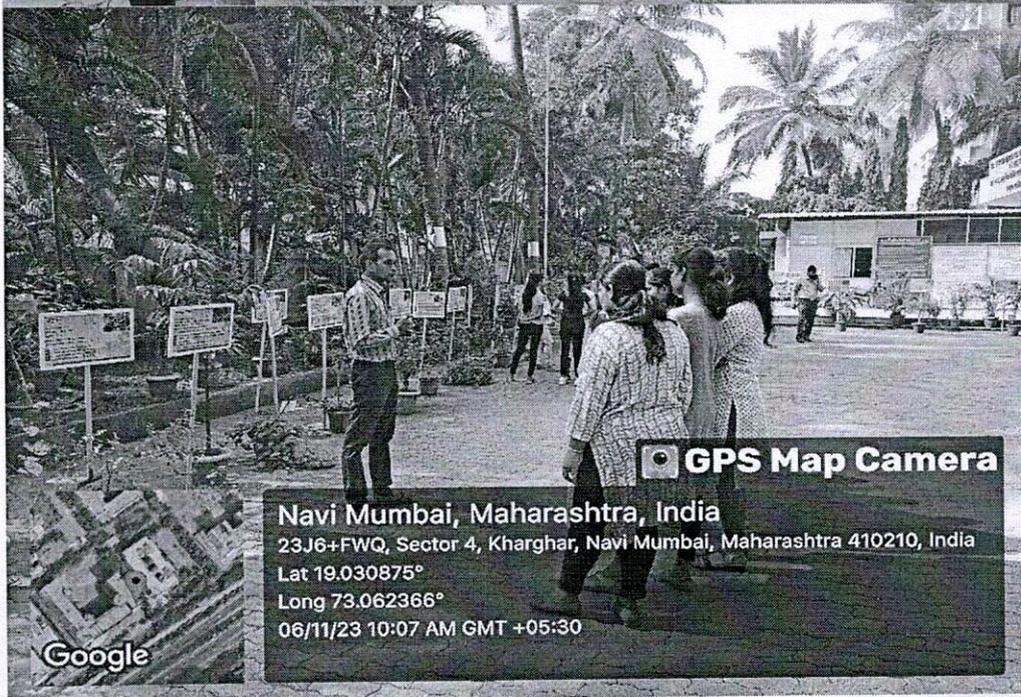
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**PLANT EXPO ORGANISED ON LORD DHANWANTARI BIRTH CEREMONY**



  
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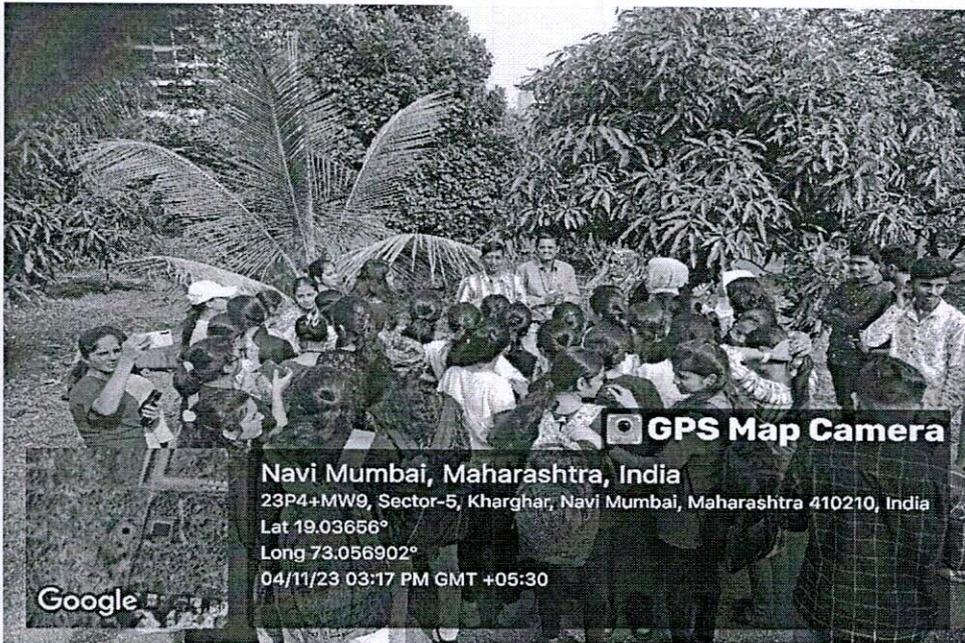
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**HERBAL GARDEN VISIT OF STUDENTS**



  
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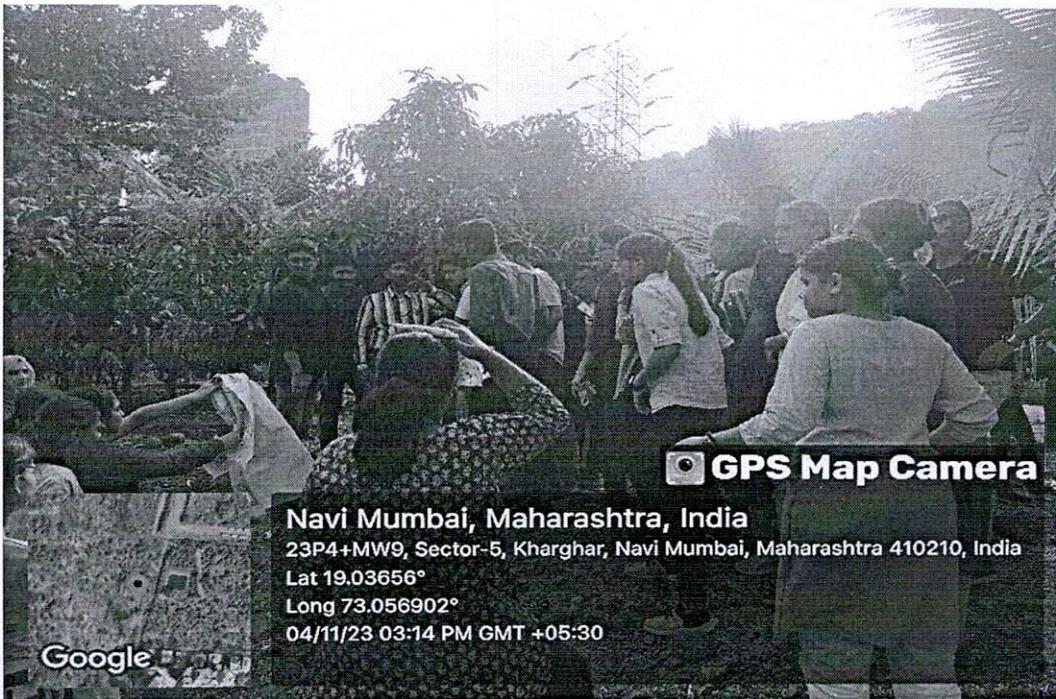
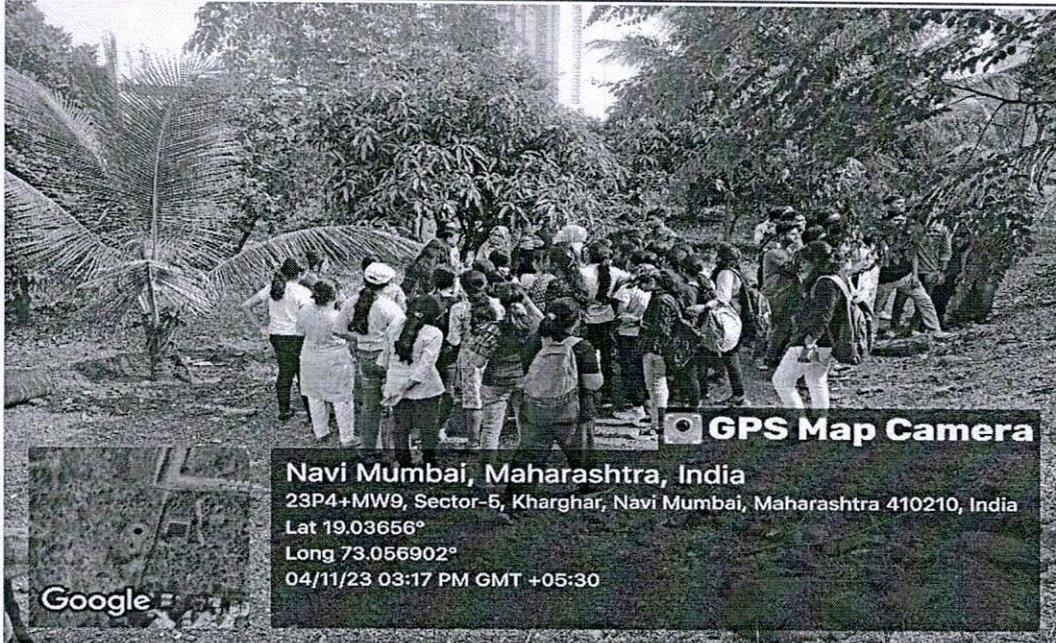
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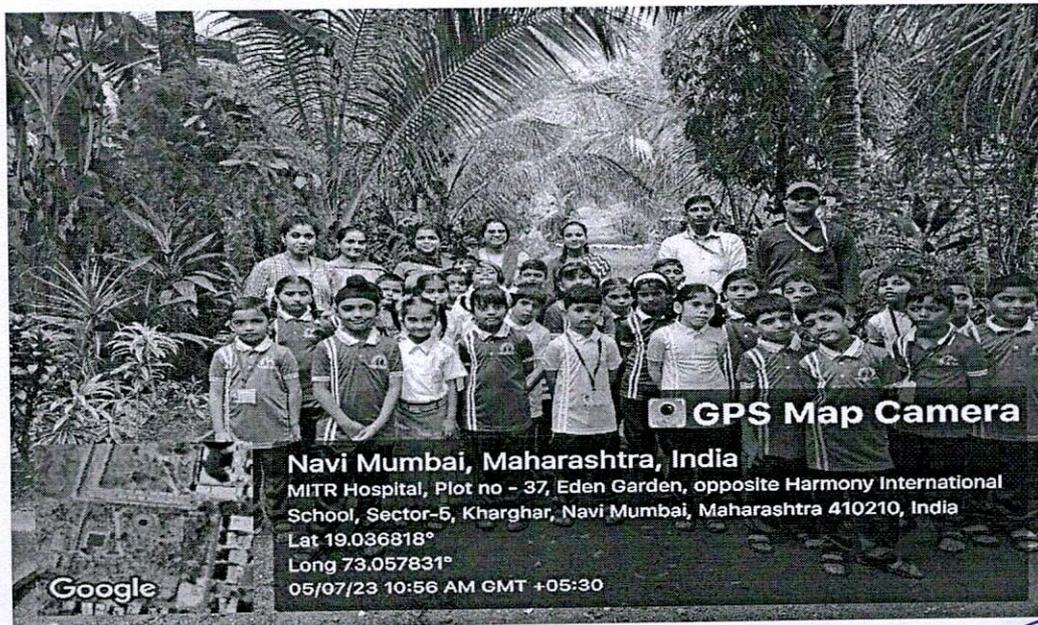
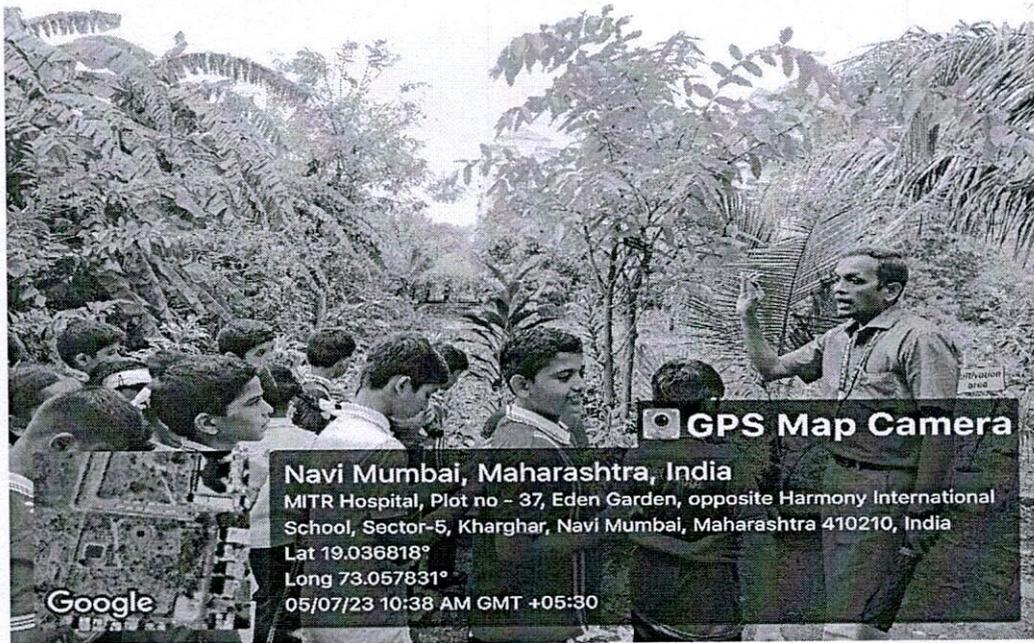
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**Visits Of Students From Harmony School To Herbal Garden**



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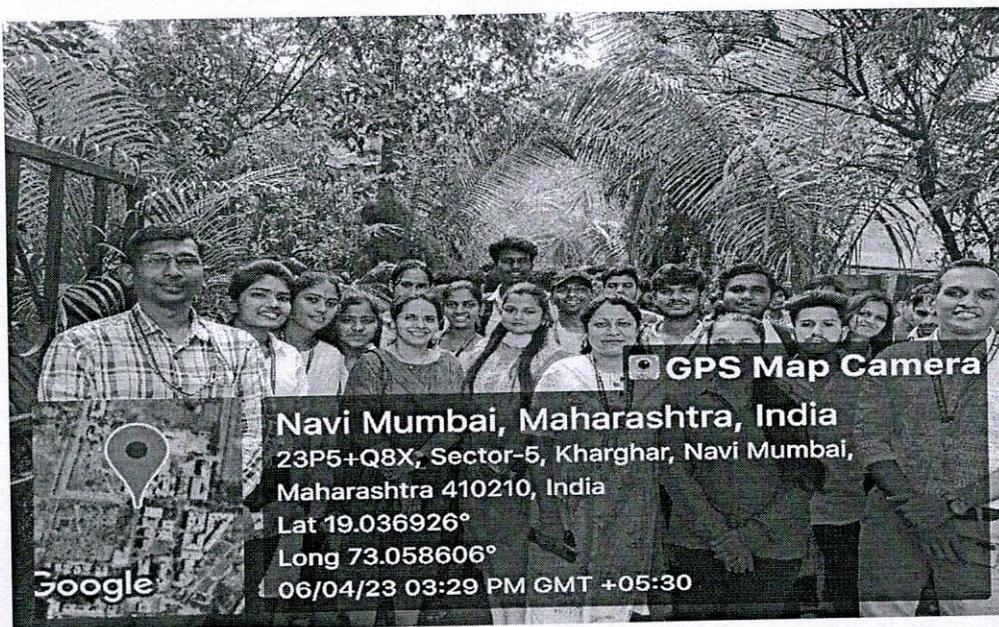
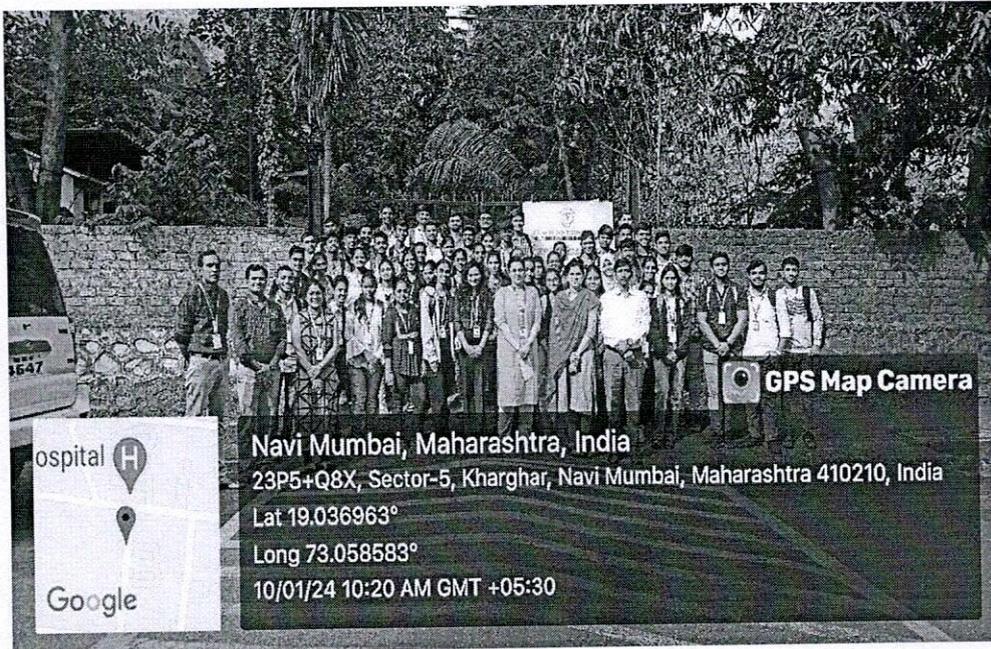
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**Visits of Students from Bharati Vidyapeeth to Herbal garden**



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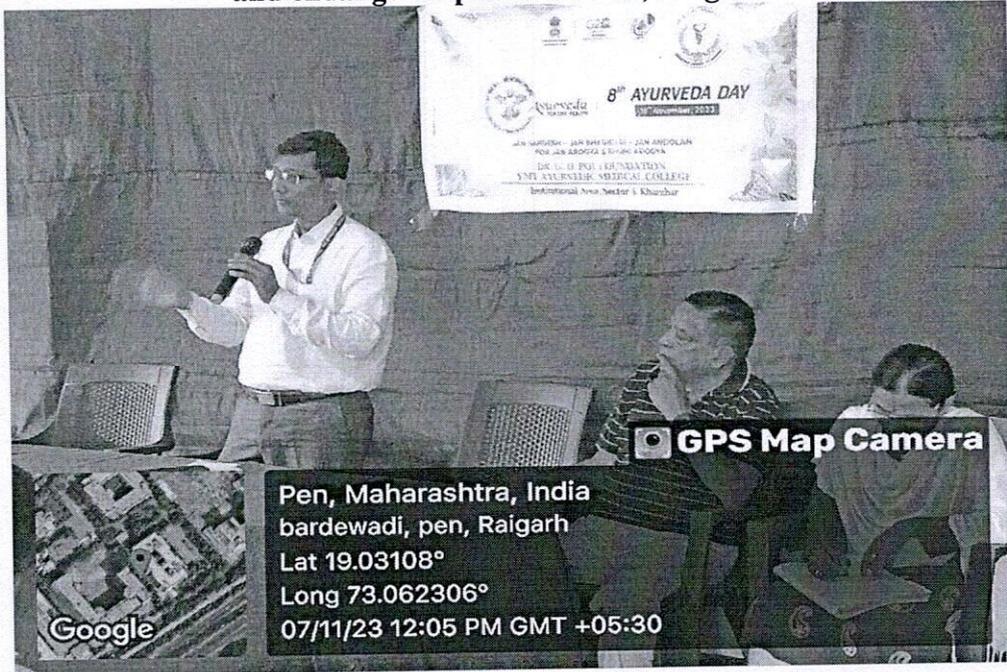
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**Farmer Awareness Program Is Arranged For Cultivation & Propagation Of rare  
and endangered plants. At Pen, Riagarh.**



  
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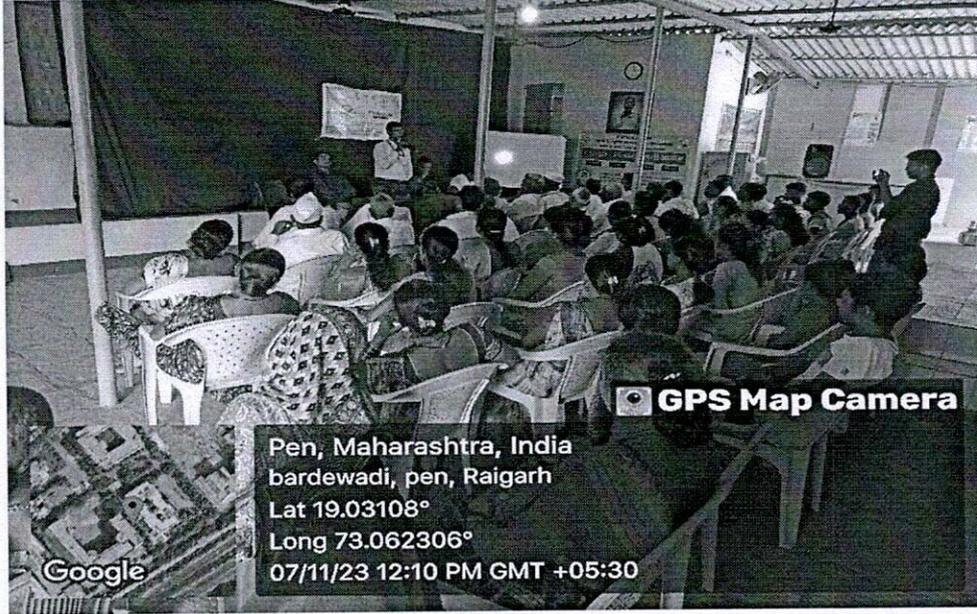
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