



DR. G.D. POL FOUNDATION'S
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

Date - 12/12/2018

Notice

This is to inform all faculty members, U G & P G students that our institute is organising a lecture on “ **Reki – Healing touch**” under the efforts of institution towards conservation and validation of local health tradition which will be delivered by eminent speaker Dr Deepa Kale from 20/12/2018 to 22/12/2018 at 2.00 pm to 3.00 pm in Auditorium hall.

Kindly be present.

VD. SANJEEV YADAV
PRINCIPAL

Dr. G. D. POL FOUNDATION
Y.M.T. AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
Institutional Area Sector - 4,
Kharghar, Navi Mumbai - 410 210..

Principal

VD. SANJEEV YADAV
PRINCIPAL

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**3 Days Activities Report of Lecture Series of Reiki at G.D.Pol foundation's
Y.M.T. Ayurvedic Medical College, Kharghar**

Reiki is a pseudoscientific form of energy healing, a type of alternative medicine originating in Japan. According to the inscription on his memorial stone, Mikao Usui taught his system of reiki to more than 2,000 people during his lifetime. While teaching reiki in Fukuyama, Usui suffered a stroke and died on 9 March 1926. Reiki practitioners use a technique called *palm healing* or *hands-on healing* through which, according to practitioners, a "universal energy" is transferred through the palms of the practitioner to the patient, to encourage emotional or physical healing. Studies reporting positive effects have had methodological flaws.

Day 1: 20/12/2018 Introduction to Reiki Therapy

- The first day commenced with an introduction to Reiki Therapy by Dr Deepa Kale. The session aimed to familiarize the participants with the history, principles and benefits of Reiki.
- Dr Deepa Kale provided an overview of the origins of Reiki, its founder Mikao Usui, and the principles guiding this holistic healing practice.
- Basic concepts such as energy channels, chakras, and the flow of universal life force energy were discussed to lay the foundation for further learning.

Day 2: 21/12/2018 Practical Training and Application

- The second day focused on practical training and application of Reiki Therapy techniques. Participants were guided through hands-on exercises to experience the flow of energy and its effects.
- Various hand positions and techniques for channelling Reiki energy were demonstrated and practiced under the supervision of Dr Deepa Kale.
- Students learned how to conduct Reiki sessions for self-healing as well as for others, understanding the importance of intention and intuition in the healing process.

Day 3: 22/12/2018 Advanced Concepts and Clinic Setup

- On the final day, advanced concepts in Reiki Therapy were explored, including distance healing, emotional healing, and integrating Reiki with other healing modalities.
- Dr Deepa Kale provided insights into setting up a Reiki clinic, including practical tips on creating a healing environment, client management and ethical considerations.
- Three students who showed exceptional dedication and proficiency during the training expressed their interest in practicing Reiki in their clinics. They were provided with additional guidance and resources to support their journey as Reiki practitioners.

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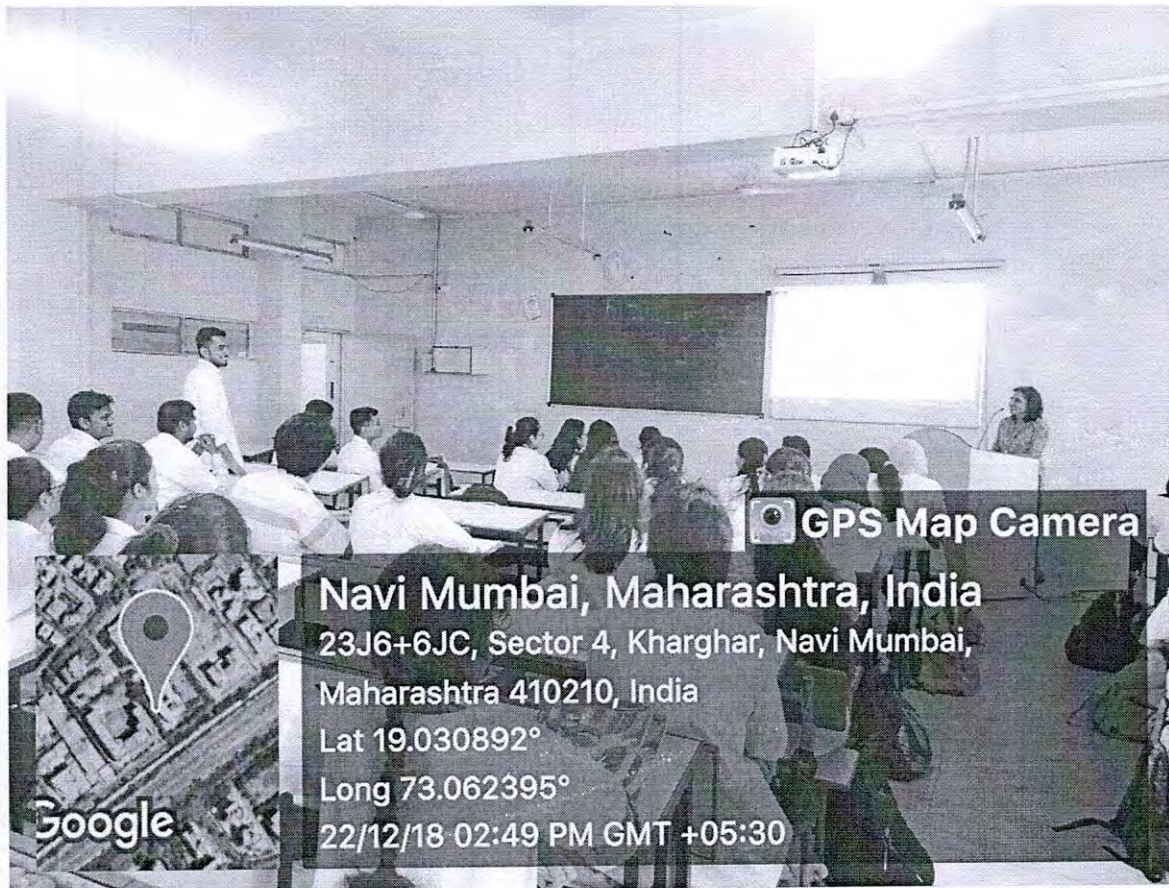
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Outcome:

- 48 students and 15 faculty members actively participated in the three-day Reiki Therapy workshop, benefiting from comprehensive theoretical knowledge and hands-on training.
- Participants gained a deeper understanding of Reiki principles and techniques, empowering them to incorporate this gentle yet powerful healing modality into their personal and professional lives.
- The workshop concluded with enthusiasm and gratitude from the participants, highlighting the transformative impact of Reiki Therapy on their well-being and holistic healing journey.




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20/12/2018 to 22/12/2018

S.No.	Name of student	Signature
1.	Madhu Melita	<u>MD.</u>
2.	Apurva Amol Mhatre	<u>Ashre</u>
3.	Miskale Rushikesh Deepak	<u>Rushikesh</u>
4.	Pratthamesh Tukaram Mote	<u>Prate</u>
5.	Maya Vajjanath Munde	<u>Mundemr.</u>
6.	Sandeep Prakash Munde	<u>Sandeep</u>
7.	Vishal Mohanrao Nalwade	<u>Vishal</u>
8.	Madhuri Ptemdas Nikalje	<u>Madhuri</u>
9.	Sameer Rajesh Pagare	<u>Pagare</u>
10.	Ankit Bhaskar Pandey	<u>Pandey</u>
11.	Amar Prakash Patil	<u>Patil</u>
12.	Jatin Bharat Singh Patil	<u>Patil</u>
13.	Patil Mahendra Shrikant	<u>Patil</u>
14.	Patil Mayuri Ravindra	<u>Patil</u>
15.	Patil Sairesh Sunil	<u>Patil</u>
16.	Patil Sanrabh Rajendra	<u>Patil</u>
17.	Pawar Neha Anil	<u>Pawar</u>
18.	Pawar Purni Sandeep	<u>Pawar</u>
19.	Paykar Purva Gurunath	<u>Paykar</u>
20.	Pedhavi Trishala Nayem	<u>Pedhavi</u>
21.	Pednekar Kunjal Rohidas	<u>Kunjali</u>
22.	Pereira Steffi celestin	<u>Pereira</u>
23.	Amruta Rajesh Pisal	<u>Pisal</u>
24.	Prince Ramlal Prajapati	<u>Prince</u>
25.	Roman Rai	<u>Roman</u>
26.	Rakhi Aditya Suresh	<u>Rakhi</u>
27.	Rutuja Mahesh Rotkar	<u>Rutuja</u>
28.	Ashish Dilip Salunkar	<u>Ashish</u>
29.	Shweta Jagannath Sapale	<u>Shweta</u>
30.	Pranita Ramdas	<u>Pranita</u>

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- | | |
|-------------------------------------|--|
| 31. Vaishnavi. V. Shukhane | |
| 32. Rohini N. Shinde | |
| 33. Brahachaitanya G. Takmoge | |
| 34. Tandale Aishwarya Madhav | |
| 35. Tanga Sanjama Veershetty | |
| 36. Mohite vishal pandurang | |
| 37. Ahmed raza Ayub Vora | |
| 38. Projwal Chondrashekhar Waghmare | |
| 39. Waghule Mansi Sunil | |
| 40. Ankita . J. Yadav | |
| 41. Swati Patil | |
| 42. Wavekar Manasi Deepak | |
| 43. Snehal Patil | |
| 44. Karuna Gaikwad | |
| 45. Akash Uttam Bhakare | |
| 46. Trupti Rakesh Yadav | |
| 47. Neha Nalinkumar Yadgirikar | |
| 48. Neha Ganesh Telre | |

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Attendance

Benefits of Reiki Healings

20/12/2018
to 22/12/2018

Name of Faculty	Department	Sign.
1) Vd. Manoj Jagtap	Shastri Rachana	
2) Vd. Akshata Chavan	Shastri Rachana	
3) Vd. Kelpana Gholap	Panchakarma	
4) Vd. Aashana Gharage	Rognidan	
5) Vd. Amit A. Chavan	Panchakarma	
6) Dr. Mirel S. Vaidya	Layachikitsa	
7) Dr. Sheela Paragunde	Resashastri	
8) Dr. N. V. Vergutkar	Kriyashastri	
9) Dr. D. S. K. Kulkarni	Kriya Shastri	
10) Dr. Jyoti Jangale	Kriya Shastri	
11) Dr. Mayura M.D.	PTSR.	
12) Dr. Vidya Dharne	Shalya	
13) Dr. Niraj Kelkar	Agad.	
14) Dr. Manoj Kadam	Dravya	
15) Dr. S. K. Tike	Dravya	

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Traditional healers meet at World Ayush Expo August 2019

Introduction: At the recent World Ayush Expo August 2019, a traditional healer showcased several Ayurvedic formulations, one of which has garnered significant attention for its effectiveness in treating acute asthma attacks. This revelation aligns with our college's commitment to exploring alternative medicine practices and integrating them into our research initiatives. Additionally, our institution has received funding from Nashik University to conduct further research on this specific formulation.

Key Findings: During the World Ayush Expo, the traditional healer introduced a range of Ayurvedic formulations, each with claimed health benefits. Of particular interest was a formulation designed to alleviate symptoms of acute asthma attacks. This formulation has been passed down through generations and has shown promising results in managing asthma symptoms, offering relief to sufferers during critical episodes.

Relevance to Our College: Our institution has long been dedicated to exploring alternative medicine practices, including Ayurveda, and integrating them into our curriculum and research endeavours. This alignment makes the revelation of this asthma treatment formulation particularly pertinent to our academic community. Students will get to know various formulations which have been practiced by many generations of Traditional healers and will be able to appreciate their results in patients.

Research Collaboration with Nashik University: Recognizing the potential of the asthma treatment formulation, our college has secured funding from Nashik University to conduct comprehensive research. This collaboration presents an exciting opportunity to delve deeper into the efficacy and mechanisms of action behind this traditional remedy. Additionally, it underscores the importance of interdisciplinary cooperation in advancing medical knowledge and improving patient outcomes.

Future Implications: The discovery and subsequent research on this Ayurvedic formulation hold significant promise for individuals suffering from asthma worldwide. By leveraging traditional healing practices alongside modern scientific inquiry, we have the potential to develop more holistic and accessible treatment options for respiratory conditions. Furthermore, this initiative underscores the importance of preserving and integrating traditional knowledge systems into contemporary healthcare practices. Students attending OPD will be able to get knowledge of traditional healing methods and formulations and try to inculcate in their clinical practice.

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Conclusion: The unveiling of an Ayurvedic formulation for treating acute asthma attacks at the World Ayush Expo marks a significant milestone in the intersection of traditional healing and modern medicine. With the support of Nashik University funding, our college is poised to lead research efforts aimed at validating and furthering the effectiveness of this remedy. Through collaboration and innovation, we strive to contribute to the advancement of healthcare practices that honour both tradition and scientific rigor.

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महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
दिंडोरी रोड, म्हासुरुळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004
Tel: (0253) 2539288/6659288, Student Helpline : (0253) 2539111/6659111
Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in

डॉ. कालिदास द. चव्हाण

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एससी

कुलसचिव

O. No. MUHS/URD/ 159 /2021

Dr. Kalidas D. Chavan

M.B.B.S., M.D. (Forensic Medicine), Ph.D, D.Sc.

Registrar

Date: 06/10/2021

To

The Dean/Director/Principal,

Dr. G. D. Pol Foundation's,

Y.M.T. Ayurvedic Medical College &

Hospital, Institutional Area, Sector - 4, Kharghar,

Navi Mumabi - 410 210.

Sub: - Approval of Research Grant of Long Term Research Grant (LTRG) 2019-20.

Ref.: - Application of Dr. Sandeep Kisan Rajput dt. 09/11/2019 for LTRG

Dear Sir/Madam,

With reference to above subject and application for LTRG cited at reference, this is to inform you that the proposal for Long Term Research Grant scheme for academic year 2019-20 of Dr. Sandeep Kisan Rajput, research grant has been sanctioned for Rs. 30,000/- (Rupees Thirty Thousand Only) for Research Topic: Assessment of Tricholepis Glaberrimer Brahmdandi Swaras in Tamak Shwas in Children Open Randomized Comparatively Study. It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned teacher.

He may initiate his research work and send the project completion report within stipulated time of one year. The duration of long-term research is ONE year only & may be extendable up to one more year with justified reasons. The teacher will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.

The teacher is expected to present his interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to hsr@muhs.ac.in for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the teacher for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to urd@muhs.ac.in & muhsurd@gmail.com must be submitted through you by the concerned teacher.

Copy to:

Dr. Sandeep Kisan Rajput.

Dr. G. D. Pol Foundation's,

Y.M.T. Ayurvedic Medical College &

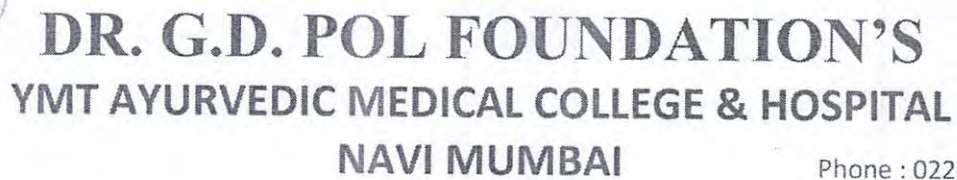
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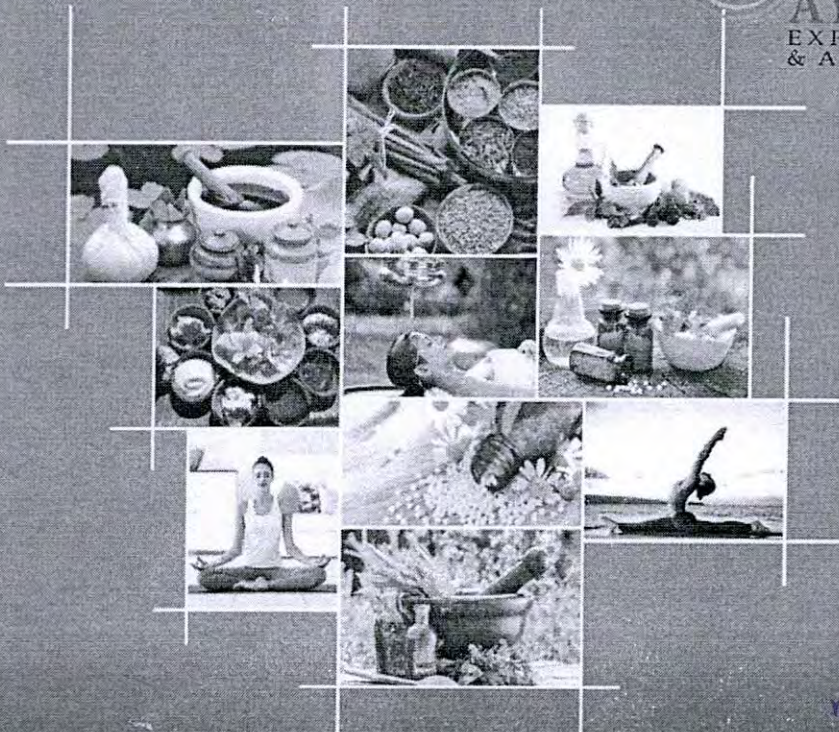
Registrar


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Time Table



Programme Schedule

TIME	EVENT	1 ST DAY
		THURSDAY
		22 ND AUGUST
9.00AM - 5.00PM	SEMINARS	Medicolegal Multi Disciplinary CME
		Yoga-I
		Yoga-II
	WORKSHOPS	Sushrut Ratna-Shalya-1st Day (Ayu)
		Kayachikitsa-I -1st Day (Ayu)
		Nagarjuna-Rasashastra-1st Day (Ayu)
		Supraja Sanskar-1st Day (Ayu)
		Panchakarma-1st Day (Ayu)
		Ayurvedanveshanam-Research Methodology-1st Day (Ayu)
		Shalakya-1st Day (Ayu)
		Manuscriptology (Ayu)
		Traditional Healers Meet
		International Summit
		Medical Journalism
		SHG
		Lakshyavedh-Professional Skill Development
		Physiotherapy-III
	CAMP	Free Health Check Up Camp (All Pathies)
	PUBLIC EVENTS	PUBLIC EVENTS
	Yoga Competitions	Yoga Asana Competition & Yoga on rope
	SCHOOL Activities & Competitions	SCHOOL Activities & Competitions
6.00 PM-9.00PM	CULTURAL EVENTS	CULTURAL EVENTS

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CANDIDATE ATTENDING THE PROGRAMME


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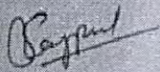
Date : 28/02/2023

CERTIFICATE

This is to certify that DR. SANDEEP K. RAJPUT has prepared
the dissertation entitled Assessment of Effect of Brahmdandi
Swaras (Tridax Procumbens) on Tamak Shwas in
Children - open Randomized Comparative study

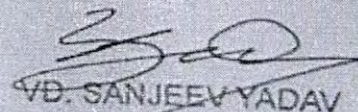
For MUHS funded LTRG (Long Term Research Grant) Project

RESEARCHER -



DR. SANDEEP RAJPUT

DEAN



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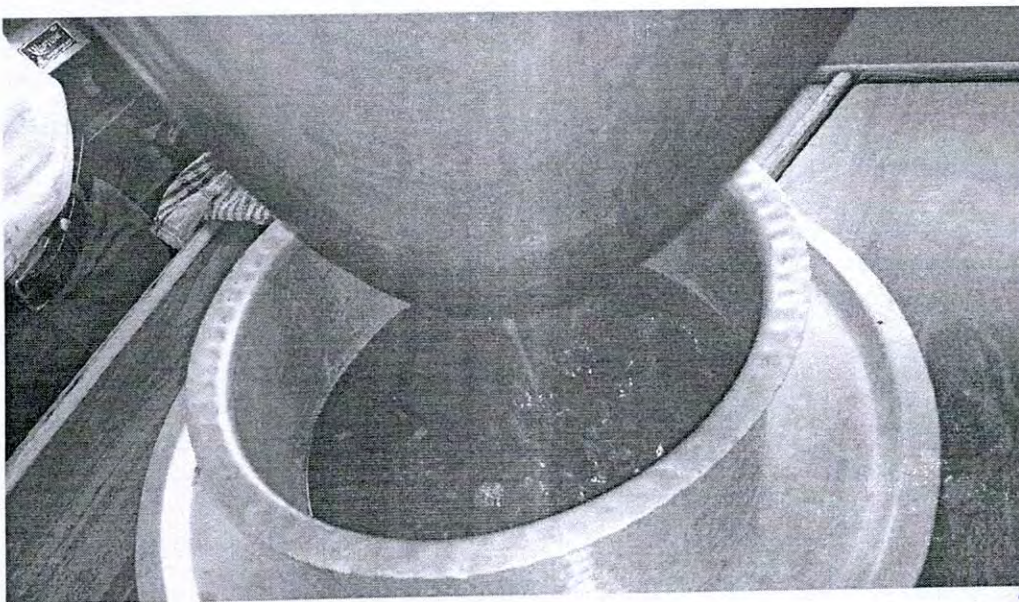
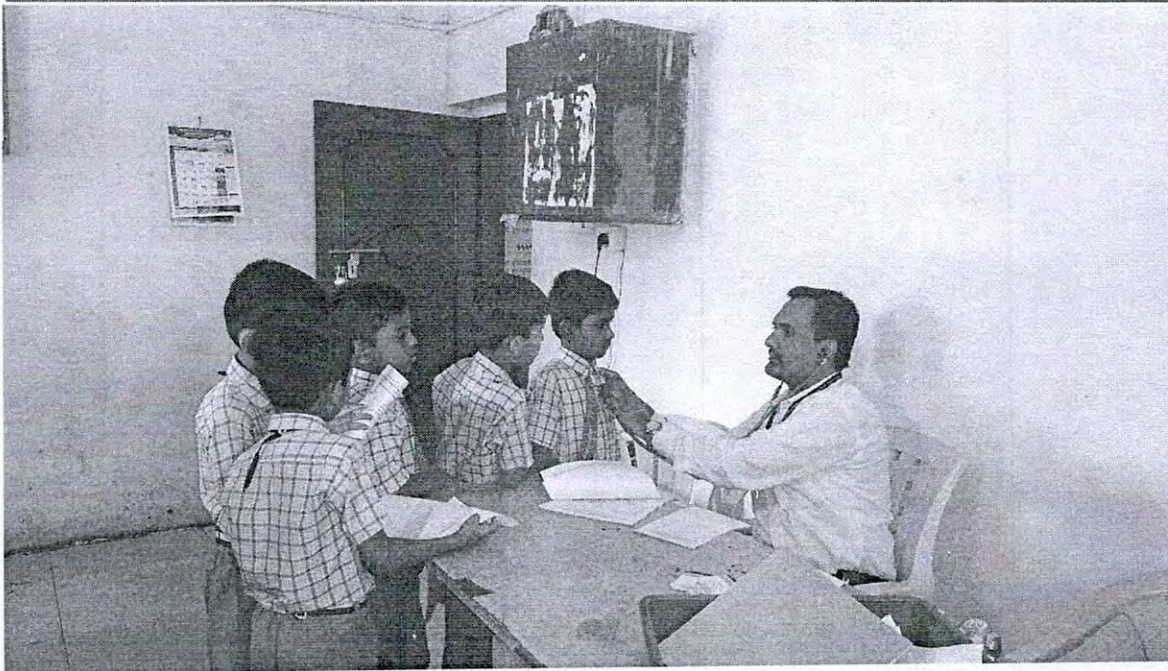
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PROGRESS:-

Based on the findings of the present study total In the present study Tamaka Shwasa was correlated to Childhood Asthma or Bronchial Asthma in children. • In the clinical study, all the participants were school- going children in both the groups. • Children from middle and lower socio- economic status were more in the study having low weight according to their age and lean built. • Consumption of Ruksha Aahara, packet foods and Agnimandya were the major etiological factors observed in the study. • The comparative result of both the groups in Subjective parameters showed significant result was seen only in Kasa in group B whereas other parameters shoed insignificant difference between the groups. The parameters such as Peenasa, Ghurghurkatwa, SPO2, PEFR , Urapida and Shwasakrichrrata showed reduction individually • The Bhrahamadandi Swaras was well tolerated by all the participants without any obvious Adverse Drug Reaction (ADR) during the treatment

In this study total participant 137 are involved. Group a brahamadandi swaras 55 patient taken. 30 patient was complete treatment & 25 patient withdrawal. 30 patient get moderate result . Group B brahamadandi swaras & nebulization 37 patient taken. 30 patients were complete treatment & 7 patient withdrawals. This group get moderate result. Group C nebulization 45 patient taken. 30 patient was complete & 15 patient withdrawal get mild result

Future Recommendations

Asthma in Indian school age children is estimated near about 10% and seems to be rising. A large population demonstrates bronchial hyperreactivity on exercise or at potential risk for asthma due to family history of atopy .

Study in larger sample size would give more detailed Efficacy of drugs.

Comparative trial with double blinded or standard control would give more precise results. Specific Investigation like Total Serum LgE , Specific LgE Meaurement of Peak Expiratory Flow Rate (PEFR) by a peak flow meter and Forced Expiratory Volume in one second (FEV1) by a Spirometer are most useful in making diagnosis and assessing the severity of Asthama . This measurement of PEFR and FEV1 should be done especially in Age Criteria above 5 year as mentioned in GINA Guideline (most standard protocol) which results for much accurate study. In Institute level study will be carried out in opd level for research point of view.

The obtain data from this study which will be create that we will introduce into research article and paper publication .

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Date - 05/12/2019

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Kindly be present.

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3 Days Activities Report of Lecture Series of Reiki at G.D.Pol foundation's Y.M.T.
Ayurvedic Medical College, Kharghar

Reiki is a pseudoscientific form of energy healing, a type of alternative medicine originating in Japan. According to the inscription on his memorial stone, Mikao Usui taught his system of reiki to more than 2,000 people during his lifetime. While teaching reiki in Fukuyama, Usui suffered a stroke and died on 9 March 1926. Reiki practitioners use a technique called *palm healing* or *hands-on healing* through which, according to practitioners, a "universal energy" is transferred through the palms of the practitioner to the patient, to encourage emotional or physical healing. Studies reporting positive effects have had methodological flaws.

Day 1: 12/12/2019 Introduction to Reiki Therapy

- The first day commenced with an introduction to Reiki Therapy by Dr Deepa Kale. The session aimed to familiarize the participants with the history, principles and benefits of Reiki.
- Dr Deepa Kale provided an overview of the origins of Reiki, its founder Mikao Usui, and the principles guiding this holistic healing practice.
- Basic concepts such as energy channels, chakras, and the flow of universal life force energy were discussed to lay the foundation for further learning.

Day 2: 13/12/2019 Practical Training and Application

- The second day focused on practical training and application of Reiki Therapy techniques. Participants were guided through hands-on exercises to experience the flow of energy and its effects.
- Various hand positions and techniques for channelling Reiki energy were demonstrated and practiced under the supervision of Dr Deepa Kale.
- Students learned how to conduct Reiki sessions for self-healing as well as for others, understanding the importance of intention and intuition in the healing process.

Day 3: 14/12/2019 Advanced Concepts and Clinic Setup

- On the final day, advanced concepts in Reiki Therapy were explored, including distance healing, emotional healing, and integrating Reiki with other healing modalities.
- Dr Deepa Kale provided insights into setting up a Reiki clinic, including practical tips on creating a healing environment, client management and ethical considerations.
- Four students who showed exceptional dedication and proficiency during the training expressed their interest in practicing Reiki in their clinics. They were provided with additional guidance and resources to support their journey as Reiki practitioners.


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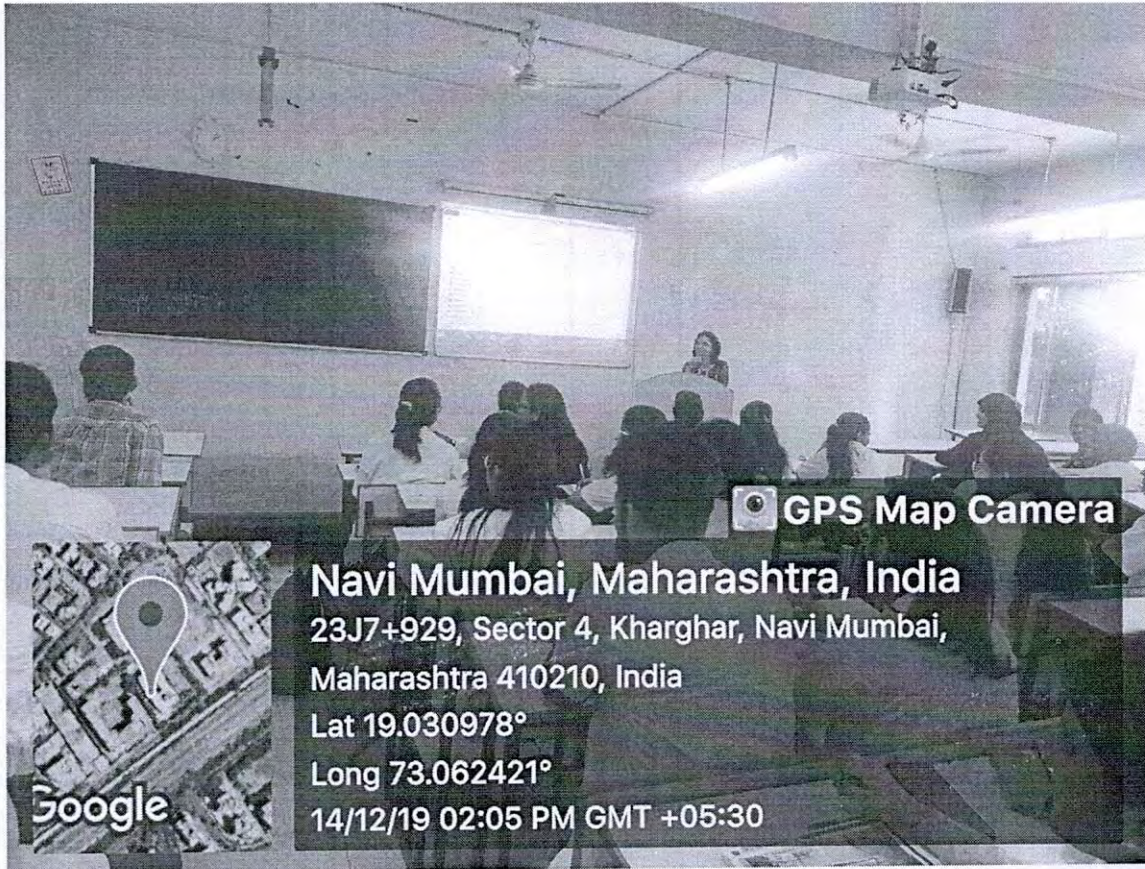
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Outcome:

- 79 students and 15 faculty members actively participated in the three-day Reiki Therapy workshop, benefiting from comprehensive theoretical knowledge and hands-on training.
- Participants gained a deeper understanding of Reiki principles and techniques, empowering them to incorporate this gentle yet powerful healing modality into their personal and professional lives.
- The workshop concluded with enthusiasm and gratitude from the participants, highlighting the transformative impact of Reiki Therapy on their well-being and holistic healing journey.




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Benefits of Reiki 12 to 14/12/2019

2pm to 3pm

<u>Sr No.</u>	<u>Name of Student</u>	<u>Signature</u>
1)	Komal Madimalar	
2)	Manisha S. Panthagan	
3)	Gayatri Dalvi	
4)	Geetee Mandave	
5)	Shraddha Pawar	
6)	Shirpeasod Sagar	
7)	Sarvesh Sanjay Marathe	
8)	Ruchi Mohan Akole	
9)	Aurpita Paratkar	
10)	Shivani Mokalkar	
11)	Diddhika Pahuja	
12)	Abhishek Bade	
13)	Neha Kadwe	
14)	Jadhav Piyusha Ashok	
15)	Divyangi Dilip Jadhav	
16)	Ankita Arun Jagtap	
17)	Krutika Bhoir	
18)	Aditi K. Hatle	
19)	Aniket Lalaso Vanave	
20)	Shrinal Sapkal	
21)	Vaishnavi Bangar	
22)		

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12/12/2019 to 14/12/2019

- | | |
|------------------------------|------------------|
| 23) Piyusha Bagul | <u>Piyush</u> |
| 24) Ashish Bidwe | <u>Ashish</u> |
| 25) Laxhan Rathod | <u>LPRathod</u> |
| 26) Muskan Jethani | <u>Muskan</u> |
| 27) Muskan Kapadia | <u>Muskan</u> |
| 28) Jahnavi Gupta | <u>Jahnavi</u> |
| 29) Shaily Joshi | <u>Shaily</u> |
| 30) Mahendra Choudhary | <u>Mahendra</u> |
| 31) Suprabha Manjankar | <u>Suprabha</u> |
| 32) Simran K. Labri | <u>Simran</u> |
| 33) Abdullah Sheikh | <u>Abdullah</u> |
| 34) Kunal More | <u>Kunal</u> |
| 35) Tanishq Gadhar | <u>Tanishq</u> |
| 36) Rehmunia Siddiqui | <u>Siddiqui</u> |
| 37) Palak R. Yamma | <u>Palak</u> |
| 38) Pooja Tathe | <u>Pooja</u> |
| 39) Tanaya Raskar | <u>Tanaya</u> |
| 40) Suyog Darde | <u>Suyog</u> |
| 41) Onkar Rathod | <u>Onkar</u> |
| 42) Yashraj Karhade | <u>Yashraj</u> |
| 43) Pratiksha Jaiswal | <u>Pratiksha</u> |
| 44) Ankita Arinash Godse | <u>Ankita</u> |
| 45) Saumitra Abhyut Joshi | <u>Saumitra</u> |
| 46) Kuntalaj. A. Kengar. | <u>Kuntalaj</u> |
| 47) Britam Subhash Lamphure. | <u>Britam</u> |
| 48) Ajinkya Bajad | <u>Ajinkya</u> |
| 49) Sujeeet Pandagale | <u>Sujeeet</u> |
| 50) Shivaddha Salpute | <u>Shivaddha</u> |
| 51) Teepati Vidhate | <u>Teepati</u> |


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- 52] Vishakha Adhikari
53] Vidya Raju funde
54] Diksha shankar
55] samiksha Vaspe
56] Sapana Gavali
57] Rutuja Harpude
58] Rutuja Khisagar
59] Kajal. Gupta.
60] Atshata Jain
61] Taher Vasaiwala
62] Sakshi Ramtke
63] Anushka Ruke
64] Supriya Wagh
65] Saloni Raut
66] Janhavi Satam
67] Shravika Bhalsare
68] Khushi Jain
69] chhaya Tiwari
70] Quba Shaikh
71] Saloni Bageriya
72] Ishvari Kadam
73] vaishnavi Asole
74] Akanksha Wankhede
75] Prachi Anecao
76] Harshada Bawiskar
77] Vaishnavi Arul.
78] Aisha Shaikh
79] Jalgaonkar Aisha A.A.

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Attendance

<u>Benefits of Reiki Healing Touch</u>			12/12/2019	2pm-3pm.
			to 14/12/2019	
Name of faculty	Department	Sign		
1) Vd. Manoj P. Palsap	Shari Rachana			
2) Vd. Akshata Chavan	Shari Rachana			
3) Vd. Kalpana Gholap	Panchkarma			
4) Vd. Anurana Gharge	Rognidan			
5) Vd. Amit A. Chavan	Panchkarma			
6) DR. Mind S. Vaidya	Kaya-chikitsa			
7) Dr. Ananddeep Kaur	Panchkarma			
8) Dr. Sheela Pargunde	Rasashastra			
9) Dr. N. V. Vengurdekar	Kriyashala			
10) Dr. Datta Kulkarni	Kriyashala			
11) Dr. Jyoti Jangale	Kriyashala			
12) Dr. Mayura M.D.	PTSR			
13) Dr. Vidya Dhanu	Surge			
14) Dr. Viraj Velkar	Agad			
15) Dr. S.K. Tike	Dhanga			

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Ref No -

Date - 21/12/2020

Circular

This is to inform all Panchkarma and Shalya PG students that a lecture series on "Cupping Therapy" has been organized which will be delivered by Eminent Speaker **Dr Damodar Dukle** from 28/12/2020 to 30/12/2020 at 2 pm to 3 pm in Panchkarma Department.

Principal

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3 Days Activity Report of Cupping Therapy at G.D.Pol Foundation YMT Ayurvedic Medical College

What is Cupping -

The world health organization (WHO) definition of cupping is application of suction by creating vacuum on dermis of affected part of the body. In traditional methods vacuum is created typically using fire and in modified versions using vacuum handles (manual) or machines (mechanically).

History of Cupping -

- Dates to as far as 1,550 B.C. in Ebers papyrus (Egyptian manuscript)
- In Ayurveda in Bruhatrayis it is mentioned under Raktamokshana - yantras having resemblance with cupping are alabu, ghati yanta and shrunga yantra.
- Hippocrates (400 B.C.)
- Ge Hong (281 -341 AD): most popular therapy in China in 2012 and is practiced in almost all Chinese hospitals since 1950.
- Muhammad Islamic prophet: Hijama in Islamic Hadit (609 to 632 AD)-widely practiced by Unani practitioners in the present era.

Day 1: 28/12/2020 Introduction to Cupping Therapy

- The first day of the workshop commenced with an introduction to Cupping Therapy, emphasizing its historical significance and traditional roots.
- The instructor provided an overview of the origins of Cupping Therapy, tracing its history back to ancient civilizations such as Egypt, China, and Greece.
- Students learned about the different forms of cupping, including dry cupping, wet cupping, and fire cupping, along with their respective techniques and applications.

Day 2: 29/12/2020 Practical Training and Techniques

- The second day focused on practical training and techniques of Cupping Therapy, allowing participants to experience and understand the therapeutic effects firsthand.
- Demonstrations were conducted to illustrate the proper placement of cups, suction techniques, and duration of treatment.
- Students actively participated in hands-on practice sessions under the guidance of the instructor, gaining proficiency in applying Cupping Therapy for various health conditions.

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Day 3: 30/12/2020 Advanced Applications and Clinic Setup

- On the final day, advanced applications and clinic setup for Cupping Therapy were discussed in detail.
- The instructor elaborated on the therapeutic benefits of Cupping Therapy for specific health issues such as pain management, inflammation, and detoxification.
- Four students who demonstrated exceptional skill and interest during the training expressed their intention to incorporate Cupping Therapy into their clinics. They received guidance on setting up a dedicated Cupping Therapy section in their practice, including equipment selection, sanitation protocols, and client management.

Outcome:

- A total of 10 students actively participated in the three-day Cupping Therapy workshop, benefiting from both theoretical knowledge and practical training.
- Participants gained a deeper understanding of the historical significance and therapeutic applications of Cupping Therapy, enabling them to integrate this traditional healing modality into their Ayurvedic practice.
- Four students expressed their commitment to incorporating Cupping Therapy into their clinics, reflecting the growing interest and recognition of this ancient healing technique in modern healthcare settings.
- The workshop concluded with positive feedback from participants, acknowledging the value of Cupping Therapy in promoting holistic well-being and complementing Ayurvedic treatments.

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Cupping Therapy Demonstration




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CUPPING THERAPY LECTURE ATTENDANCE

SR. NO.	STUDENT NAME	28 DECEMBER 2020	29 DECEMBER 2020	30 DECEMBER 2020
PANCHKARMA DEPARTMENT				
1	DR. AKSHATA SATPUTE	<i>AS</i>	<i>AS</i>	<i>AS</i>
2	DR. SNEHAL ANDRASKAR	<i>AS</i>	<i>AS</i>	<i>AS</i>
3	DR. SANJU SINGH	<i>Sanju</i>	<i>Sanju</i>	<i>Sanju</i>
4	DR. PRAJAKTA MHATRE	<i>Prajakta</i>	<i>Prajakta</i>	<i>Prajakta</i>
SURGERY DEPARTMENT				
5	DR. PAWAN POOJARI	<i>PP</i>	<i>PP</i>	<i>PP</i>
6	DR. SAURABH DORLIKAR	<i>Saurabh</i>	<i>Saurabh</i>	<i>Saurabh</i>
7	DR. SUJATA PATOLE	<i>Sujata</i>	<i>Sujata</i>	<i>Sujata</i>
8	DR. KRUTIKA KAMERKAR	<i>KK</i>	<i>KK</i>	<i>KK</i>
9	DR. ABHISHEK JADHAV	<i>Abhishek</i>	<i>Abhishek</i>	<i>Abhishek</i>
10	DR. KALPESH PATIL	<i>KP</i>	<i>KP</i>	<i>KP</i>

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Date - 10/12/2021

Notice

This is to inform all faculty members, U G & P G students that our institute is organising a lecture on “ **Reki – Healing touch**” under the efforts of institution towards conservation and validation of local health tradition which will be delivered by eminent speaker Dr Deepa Kale from 16/12/2021 to 18/12/2021 at 2.00 pm to 3.00 pm in Auditorium hall.

Kindly be present.

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Principal

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3 Days Activities Report of Lecture Series of Reiki at G.D.Pol foundation's Y.M.T.
Ayurvedic Medical College, Kharghar

Reiki is a pseudoscientific form of energy healing, a type of alternative medicine originating in Japan. According to the inscription on his memorial stone, Mikao Usui taught his system of reiki to more than 2,000 people during his lifetime. While teaching reiki in Fukuyama, Usui suffered a stroke and died on 9 March 1926. Reiki practitioners use a technique called *palm healing* or *hands-on healing* through which, according to practitioners, a "universal energy" is transferred through the palms of the practitioner to the patient, to encourage emotional or physical healing. Studies reporting positive effects have had methodological flaws.

Day 1: 16/12/2021 Introduction to Reiki Therapy

- The first day commenced with an introduction to Reiki Therapy by Dr Deepa Kale. The session aimed to familiarize the participants with the history, principles and benefits of Reiki.
- Dr Deepa Kale provided an overview of the origins of Reiki, its founder Mikao Usui, and the principles guiding this holistic healing practice.
- Basic concepts such as energy channels, chakras, and the flow of universal life force energy were discussed to lay the foundation for further learning.

Day 2: 17/12/2021 Practical Training and Application

- The second day focused on practical training and application of Reiki Therapy techniques. Participants were guided through hands-on exercises to experience the flow of energy and its effects.
- Various hand positions and techniques for channelling Reiki energy were demonstrated and practiced under the supervision of Dr Deepa Kale.
- Students learned how to conduct Reiki sessions for self-healing as well as for others, understanding the importance of intention and intuition in the healing process.

Day 3: 18/12/2021 Advanced Concepts and Clinic Setup

- On the final day, advanced concepts in Reiki Therapy were explored, including distance healing, emotional healing, and integrating Reiki with other healing modalities.
- Dr Deepa Kale provided insights into setting up a Reiki clinic, including practical tips on creating a healing environment, client management and ethical considerations.
- Two students who showed exceptional dedication and proficiency during the training expressed their interest in practicing Reiki in their clinics. They were provided with additional guidance and resources to support their journey as Reiki practitioners.

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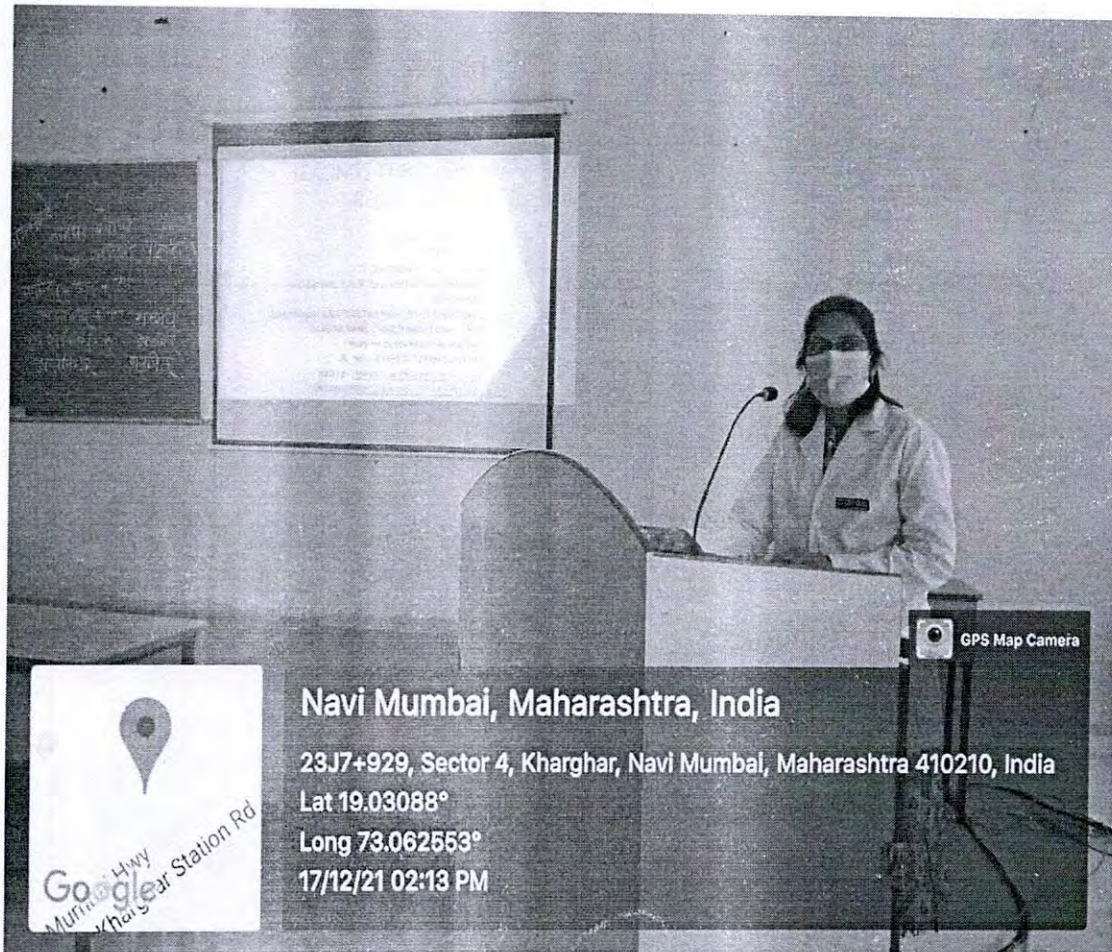
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Outcome:

- 14 students actively participated in the three-day Reiki Therapy workshop, benefiting from comprehensive theoretical knowledge and hands-on training.
- Participants gained a deeper understanding of Reiki principles and techniques, empowering them to incorporate this gentle yet powerful healing modality into their personal and professional lives.
- The workshop concluded with enthusiasm and gratitude from the participants, highlighting the transformative impact of Reiki Therapy on their well-being and holistic healing journey.



Dr Deepa Kale during Reiki Lecture


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Reiki Lecture.

16/12/2021 to 18/12/2021

1. Dr. Sudarshan Pawar - Spain.
2. Dr. Vaishnavi Potnis - Bhakt.
3. Dr. Pawan Shinde - Spain.
4. Dr. Shriya Pawar - Spain.
5. Dr. Sammed Chougale - Chougale.
6. Dr. Apaksha Tamaskar - Spain.
7. Dr. Sangeeta Lotlikar - Spain.
8. Dr. Lhanita Pawar - Spain.
9. Dr. Pradnya Norlekar - Spain.
10. Dr. Sneha Tanpalthale - Spain.
11. Dr. Akroja Ghubade - Akroja.
12. Dr. Akshada Bhor - Akshada.
13. Dr. Shradha Padmane - Spain.
14. Dr. Apurva Kapse - Spain.

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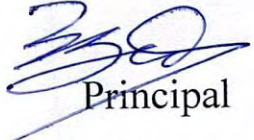
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Date - 04/02/22

Notice

This is to inform all P G students & Interns that our institute is organising a lecture on “**Medical Astrology**” under the efforts of institution towards conservation and validation of local health tradition which will be delivered by eminent speaker Dr Ninad Sathe from 10/02/2022 to 12/02/2022 at 2.00 pm to 3.00 pm in Auditorium hall.

Kindly be present.


Principal

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**3 Days Activity Report of Lecture Series of Medical Astrology at G.D.Pol foundation's
Y.M.T. Ayurvedic Medical College, Kharghar**

Medical astrology has roots dating back to ancient civilizations, including Mesopotamia, Egypt, Greece, and Rome. Many ancient cultures believed in the concept of "as above, so below," suggesting that the movements and positions of celestial bodies could influence events on Earth, including health and well-being.

- **Mesopotamia:** In Mesopotamia, scholars such as the Babylonians developed early forms of astrology, including medical astrology, around 2000 BCE. They believed that specific celestial events and planetary alignments could impact human health and disease.
- **Egypt:** Ancient Egyptians also practiced astrology and associated certain celestial phenomena with health-related matters. Egyptian physicians used astrology to diagnose illnesses and prescribe treatments based on the positions of celestial bodies.
- **Greece:** Greek philosophers like Hippocrates, often referred to as the "Father of Medicine," acknowledged the influence of celestial bodies on human health. Hippocrates famously said, "A physician without knowledge of astrology has no right to call himself a physician."
- **Rome:** The Romans further developed the practice of medical astrology, incorporating it into their medical traditions. Roman physicians used astrological principles to diagnose illnesses, determine optimal times for medical treatments, and prescribe herbal remedies.

Medical astrologers use birth charts, which map the positions of celestial bodies at the time of an individual's birth, to assess potential health risks, predispositions, and strengths. They may provide insights into preventive measures, lifestyle adjustments, and holistic remedies based on astrological analysis.

In recent years, there has been a resurgence of interest in medical astrology as people seek holistic approach to health and well-being. While not a replacement for conventional medical care, medical astrology can offer complementary insights into the mind-body connection and personalized health recommendations based on astrological principles.

Day 1: 10/02/2022 Introduction to Medical Astrology

- Dr Ninad Sathe started with Introduction to medical astrology: What is medical astrology, its history, and its relevance in modern times.
- Overview of the human body and its correspondence to astrological signs and planets was given by Dr Ninad Sathe

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- Basics of chart interpretation: understanding the houses, signs, and planets in relation to health was explained.
- **Dr Ninad Sathe explained about Planetary Influences:** Each planet is associated with specific bodily functions and organs. For example, Mars is linked to energy, vitality, and the muscular system, while Mercury governs the nervous system and communication.
- The charts of individuals with specific health conditions were analyzed
- Practical exercises: Interpreting planetary placements and aspects related to health indicators were taken.
- Q&A session: Clarification of concepts and discussions on individual charts was done

Day 2: 11/02/2022 Planetary Influences on Health

- Detailed exploration of planetary influences on health: Sun, Moon, Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto.
- Dr Ninad Sathe explained the significance of planetary aspects and transits in health predictions.
- Identifying potential health risks and strengths in a natal chart.
- Techniques for remedial measures using astrology for health improvement were discussed by Dr Ninad Sathe

Day 3: 12/02/2022 Medical Astrology in Practice

- Advanced techniques in medical astrology: Medical rulerships, medical degrees, and decumbiture charts were explained by Dr Ninad Sathe.
- Interpreting health-related asteroids and fixed stars.
- Ethical considerations in offering medical astrology consultations was discussed
- Interactive case studies: Analyzing complex health issues through astrological charts from participants were studied.
- Final Q&A and wrap-up: Review of key concepts, questions were addressed and future learning opportunities were discussed.

Outcome –

Total 41 students participated in this lecture series. Attendees were inspired to inculcate Medical astrology knowledge in their routine clinical practice. Medical astrology Lecture offered complementary insights into the mind-body connection and personalized health recommendations based on astrological principles which can be practiced in Clinics for wellbeing of patient.

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Attendance

ATTENDANCE SHEET FOR MEDICAL ASTROLOGY LECTURE

SR. NO.	NAME OF STUDENT	10 FEBRUARY 2022	11 FEBRUARY 2022	12 FEBRUARY 2022
PANCHKARMA DEPARTMENT				
1	Dr. Dimple Gori	<i>Dimple</i>	<i>Dimple</i>	<i>Dimple</i>
2	Dr. Sanjeevani Bhalerao	<i>Sanjeevani</i>	<i>Sanjeevani</i>	<i>Sanjeevani</i>
3	Dr. Nilambari Tupe	<i>N</i>	<i>N</i>	<i>N</i>
4	Dr. Akshata Satpute	<i>Akshata</i>	<i>Akshata</i>	<i>Akshata</i>
5	Dr. Prajakta Mhatre	<i>Prajakta</i>	<i>Prajakta</i>	<i>Prajakta</i>
6	Dr. Sanju Singh	<i>S</i>	<i>S</i>	<i>S</i>
7	Dr. Snehal Andraskar	<i>Snehal</i>	<i>Snehal</i>	<i>Snehal</i>
8	Dr. Mansi Deshmukh	<i>M</i>	<i>M</i>	<i>M</i>
9	Dr. Aarti Parkhe	<i>A</i>	<i>A</i>	<i>A</i>
RAS SHASTRA DEPARTMENT				
10	Dr. Kadambari Tupe	<i>Tupe</i>	<i>Tupe</i>	<i>Tupe</i>
11	Dr. Manasi Maurya	<i>Manasi</i>	<i>Manasi</i>	<i>Manasi</i>
12	Dr. Chinmayee Mestry	<i>Chinmayee</i>	<i>Chinmayee</i>	<i>Chinmayee</i>
13	Dr. Aditi Varekar	<i>Aditi</i>	<i>Aditi</i>	<i>Aditi</i>
14	Dr. Sayali Kamble	<i>S</i>	<i>S</i>	<i>S</i>
15	Dr. Natasha Sheshware	<i>N</i>	<i>N</i>	<i>N</i>
16	Dr. Manali Rajput	<i>M</i>	<i>M</i>	<i>M</i>
17	Dr. Renu Kokane	<i>R</i>	<i>R</i>	<i>R</i>
18	Dr. Akshata Chavan	<i>Akshata</i>	<i>Akshata</i>	<i>Akshata</i>
19	Dr. Mrunmayee Patil	<i>M</i>	<i>M</i>	<i>M</i>
20	Dr. Shweta Hardas	<i>Shweta</i>	<i>Shweta</i>	<i>Shweta</i>
21	Dr. Sukhada Joshi	<i>Sukhada</i>	<i>Sukhada</i>	<i>Sukhada</i>
22	Dr. Usha Rajput	<i>Usha</i>	<i>Usha</i>	<i>Usha</i>

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23	Dr. Shreepad Chitnis	<u>Shreepad</u>	<u>Shreepad</u>	<u>Shreepad</u>
24	Dr. Mayuri Ganatra	<u>Ganatra</u>	<u>Ganatra</u>	<u>Ganatra</u>
25	Dr. Kaumudi Bagul	<u>Bagul</u>	<u>Bagul</u>	<u>Bagul</u>
26	Dr. Snehal Mestry	<u>Snehal</u>	<u>Snehal</u>	<u>Snehal</u>
27	Dr. Trupti Bhone	<u>Bhone</u>	<u>Bhone</u>	<u>Bhone</u>
28	Dr. Shravan Sheth	<u>Sheth</u>	<u>Sheth</u>	<u>Sheth</u>
29	Dr. Sarvada Sarangdhar	<u>Sarangdhar</u>	<u>Sarangdhar</u>	<u>Sarangdhar</u>
INTERNS				
30	Shailaja Nagolkar	<u>Nagolkar</u>	<u>Nagolkar</u>	<u>Nagolkar</u>
31	Tejas Girase	<u>Girase</u>	<u>Girase</u>	<u>Girase</u>
32	Ankita Sase	<u>Sase</u>	<u>Sase</u>	<u>Sase</u>
33	Sneha Thorat	<u>Thorat</u>	<u>Thorat</u>	<u>Thorat</u>
34	Amol Bhuite	<u>Bhuite</u>	<u>Bhuite</u>	<u>Bhuite</u>
35	Omkar Patil	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>
36	Dnyaneshwar Guntapalle	<u>Guntapalle</u>	<u>Guntapalle</u>	<u>Guntapalle</u>
37	Samiksha Kale	<u>Kale</u>	<u>Kale</u>	<u>Kale</u>
38	Yogini Mali	<u>Mali</u>	<u>Mali</u>	<u>Mali</u>
39	Riddhi Kadav	<u>Kadav</u>	<u>Kadav</u>	<u>Kadav</u>
40	Dhanraj Birajdar	<u>Birajdar</u>	<u>Birajdar</u>	<u>Birajdar</u>
41	Madhura Chavan	<u>Chavan</u>	<u>Chavan</u>	<u>Chavan</u>

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Date - 15/12/2022

Notice

This is to inform all faculty members, U G & P G students that our institute is organising a lecture on “ **Reki – Healing touch**” under the efforts of institution towards conservation and validation of local health tradition which will be delivered by eminent speaker Dr Deepa Kale from 22/12/2022 to 24/12/2022 at 2.00 pm to 3.00 pm in Auditorium hall.

Kindly be present.


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Activity Report

Title of the event - Reiki Healing touch

Date – 22/12/2022-24/12/2022

Duration -1 hour, 2 pm to 3 pm

Venue – First Year classroom

Coordinator- Dr Kalpana Dhomase, Dr Akshata Chavan

Objectives- Introduction and knowledge about Reiki as one of the health traditions followed successfully

Description – Welcome note and introduction of topic of Lecture and speaker was given by Dr Tirth Shah

Day 1: 22/12/2022 Introduction to Reiki Therapy

- The first day commenced with an introduction to Reiki Therapy by Dr Deepa Kale. The session aimed to familiarize the participants with the history, principles and benefits of Reiki.
- Dr Deepa Kale provided an overview of the origins of Reiki, its founder Mikao Usui, and the principles guiding this holistic healing practice.
- Basic concepts such as energy channels, chakras, and the flow of universal life force energy were discussed to lay the foundation for further learning.

Day 2: 23/12/2022 Practical Training and Application

- The second day focused on practical training and application of Reiki Therapy techniques. Participants were guided through hands-on exercises to experience the flow of energy and its effects.
- Various hand positions and techniques for channeling Reiki energy were demonstrated and practiced under the supervision of Dr Deepa Kale.
- Students learned how to conduct Reiki sessions for self-healing as well as for others, understanding the importance of intention and intuition in the healing process.

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Day 3: 24/12/2022 Advanced Concepts and Clinic Setup

- On the final day, advanced concepts in Reiki Therapy were explored, including distance healing, emotional healing, and integrating Reiki with other healing modalities.
- Dr Deepa Kale provided insights into setting up a Reiki clinic, including practical tips on creating a healing environment, client management and ethical considerations.
- Two students who showed exceptional dedication and proficiency during the training expressed their interest in practicing Reiki in their clinics. They were provided with additional guidance and resources to support their journey as Reiki practitioners.

Outcome:

- 36 students actively participated in the three-day Reiki Therapy workshop, benefiting from comprehensive theoretical knowledge and hands-on training.
- Participants gained a deeper understanding of Reiki principles and techniques, empowering them to incorporate this gentle yet powerful healing modality into their personal and professional lives.
- The workshop concluded with enthusiasm and gratitude from the participants, highlighting the transformative impact of Reiki Therapy on their well-being and holistic healing journey.

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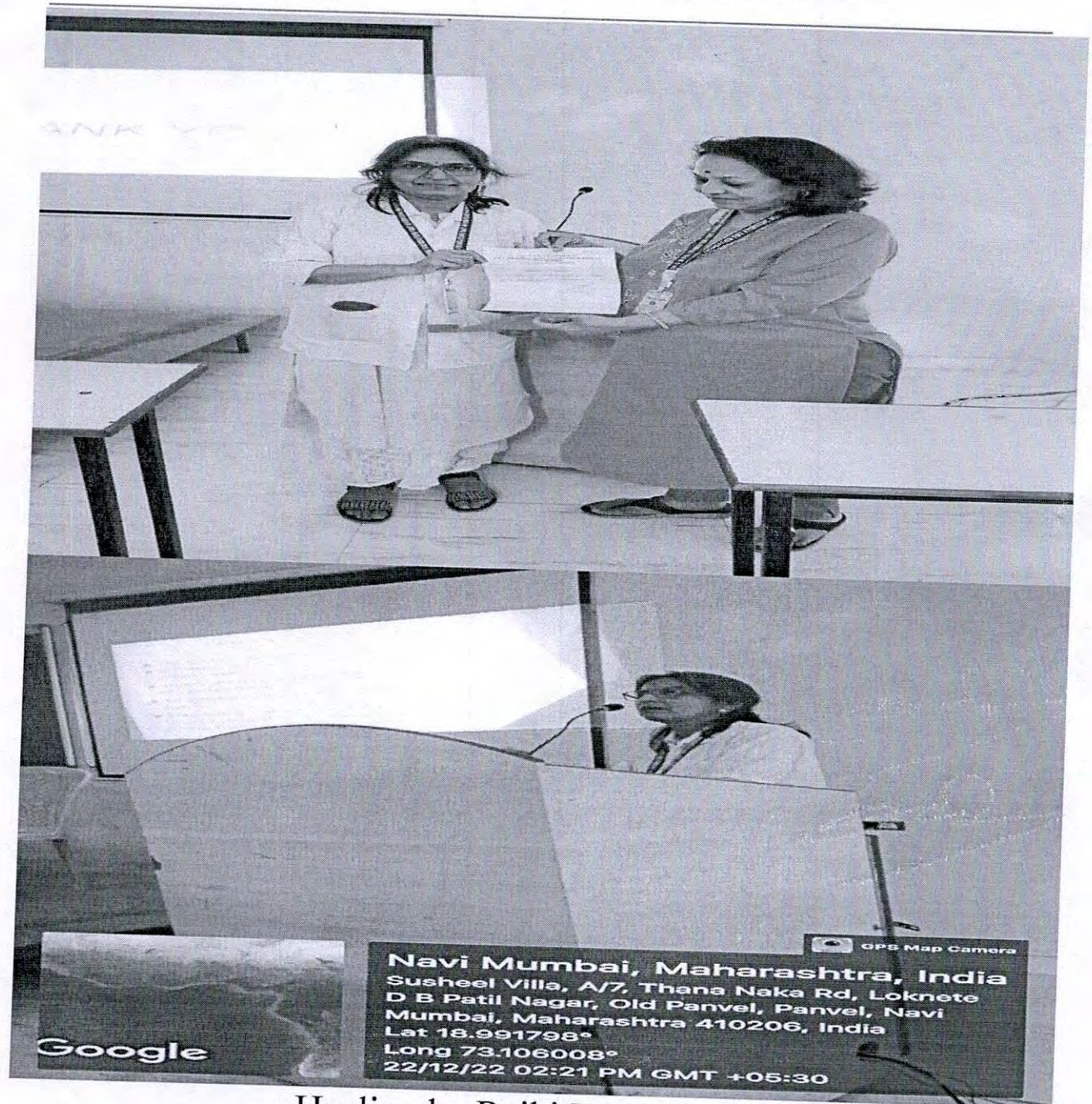
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Healing by Reiki Treatment

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Attendance of Students and Teachers

No	Full Name
1	Premanand bhagwan bhalerao
2	Akshata Amit Chavan
3	Dr.VIDYA DHARNE
4	Dr.Rajesh Kolarkar
5	Dr. Deepa R Kale
6	Dr.Rupa S.Kadam
7	Mahesh kashiram talekar
8	Mandar Jayant Karve
9	Dr.Ujjwala Mahesh Gokral
10	Jayashree Rajendra Vaidya
11	Dr Ketaki Chetan Kamat
12	Dr Aparna Sathe
13	Dr pramod pol
14	Dr Archana Rajaram Gharge
15	Dr. MANOJ KADAM
16	Jayashri Baliram Chate
17	Swapnil jaybhaye
18	Dr Namrata Vengurlekar
19	Dr.Pankaja Choudhari
20	Akshata Rajesh Borkar
21	Dr Jyoti Ravindra Jangale
22	Swapnil jaybhaye
23	Viraj Keshav Kelkar
24	Dr Neha Thakur
25	Komal suresh chaudhari
26	Madhura Pandurang Chavan
27	Afreen Sayyed Mohd Hasan
28	Shubham Chintaman jadhav
29	Apurva Chandrakant Karande
30	Jagruti Patil
31	Mahesh Pandey
32	Akash Dnyandev Dandgule

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33	Dr. Jeny Mukesh Bhatt
34	Dr. Vaishali Khobragade
35	Rekha Khade
36	Dr Ashvini Deshmukh

Sign of Coordinator

Dr. KALPANA GHOLAP M.D. (AYU)
ASSOCIATE PROFESSOR
HOD PANCHAKRMA DEPT.
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3 Days Activity Report of Cupping Therapy at Yerala Ayurvedic Medical College

What is Cupping -

The world health organization (WHO) definition of cupping is application of suction by creating vacuum on dermis of affected part of the body. In traditional method vacuum is created typically using fire and in modified version using vacuum handle (manual) or machines (mechanically).

History of Cupping -

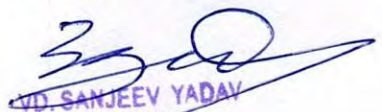
- Dates to as far as 1,550 B.C. in Ebers papyrus (Egyptian manuscript)
- In Ayurveda in Bruhatrayis it is mentioned under Raktamokshana - yantras having resemblance with cupping are alabu, ghati yanta and shrunga yantra.
- Hippocrates (400 B.C.)
- Ge Hong (281 -341 AD): most popular therapy in China in 2012 and is practiced in almost all Chinese hospitals since 1950.
- Muhammad Islamic prophet: Hijama in Islamic Hadit (609 to 632 AD)-widely practiced by Unani practitioners in present era.

Day 1: 9/2/2023 Introduction to Cupping Therapy

- The first day of the workshop commenced with an introduction to Cupping Therapy, emphasizing its historical significance and traditional roots.
- The instructor provided an overview of the origins of Cupping Therapy, tracing its history back to ancient civilizations such as Egypt, China, and Greece.
- Students learned about the different forms of cupping, including dry cupping, wet cupping, and fire cupping, along with their respective techniques and applications.

Day 2: 10/2/2023 Practical Training and Techniques

- The second day focused on practical training and techniques of Cupping Therapy, allowing participants to experience and understand the therapeutic effects firsthand.
- Demonstrations were conducted to illustrate the proper placement of cups, suction techniques, and duration of treatment.
- Students actively participated in hands-on practice sessions under the guidance of the instructor, gaining proficiency in applying Cupping Therapy for various health conditions.


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Day 3: 11/2/2023 Advanced Applications and Clinic Setup

- On the final day, advanced applications and clinic setup for Cupping Therapy were discussed in detail.
- The instructor elaborated on the therapeutic benefits of Cupping Therapy for specific health issues such as pain management, inflammation, and detoxification.
- Four students who demonstrated exceptional skill and interest during the training expressed their intention to incorporate Cupping Therapy into their clinics. They received guidance on setting up a dedicated Cupping Therapy section in their practice, including equipment selection, sanitation protocols, and client management.

Outcome:

- A total of 19 students actively participated in the three-day Cupping Therapy workshop, benefiting from both theoretical knowledge and practical training.
- Participants gained a deeper understanding of the historical significance and therapeutic applications of Cupping Therapy, enabling them to integrate this traditional healing modality into their Ayurvedic practice.
- Four students expressed their commitment to incorporating Cupping Therapy into their clinics, reflecting the growing interest and recognition of this ancient healing technique in modern healthcare settings.
- The workshop concluded with positive feedback from participants, acknowledging the value of Cupping Therapy in promoting holistic well-being and complementing Ayurvedic treatments.


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Ref No -

Date - 06/02/2023

Circular

This is to inform all Panchkarma and Shalya PG students that a lecture series on "Cupping Therapy" has been organized which will be delivered by Eminent Speaker **Dr Damodar Dukle** from 9/2/2023 to 11/2/2023 at 2 pm to 3 pm in Panchkarma Department.



Principal

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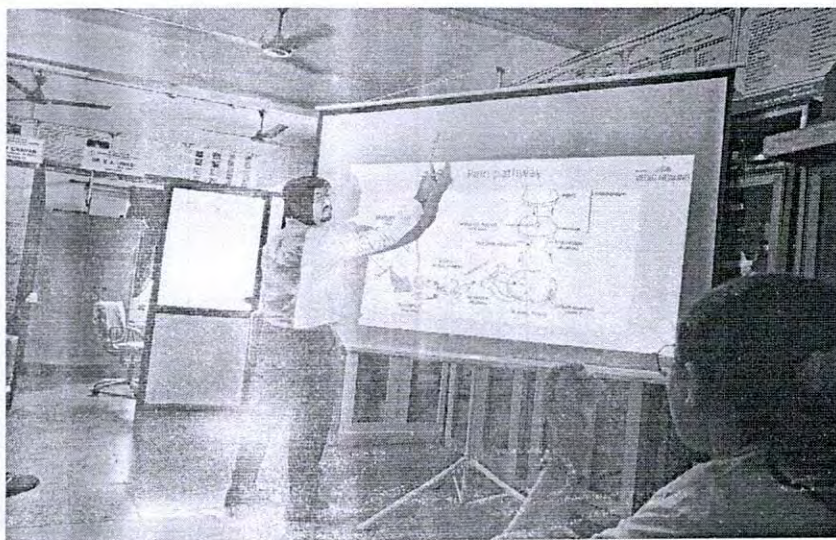
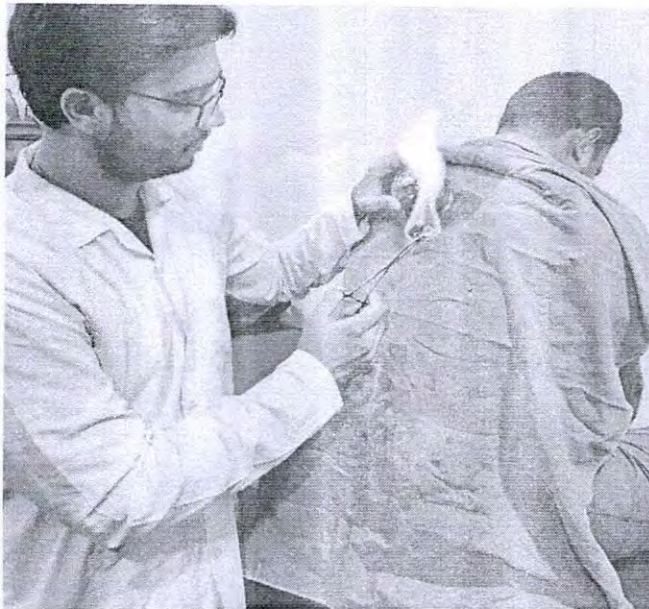
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Cupping Therapy Demonstration



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CUPPING THERAPY LECTURE ATTENDANCE

SR. NO.	STUDENT NAME	9 FEBRUARY 2023	10 FEBRUARY 2023	11 FEBRUARY 2023
PANCHKARMA DEPARTMENT				
1	DR. HEENU JANGRA			
2	DR. RENUKA JOSHI			
3	DR. TIRTH SHAH			
4	DR. SHRUTI SHUKLA			
5	DR. NILAMBANI TUPE			
6	DR. DIMPLE GORI			
7	DR. SANJEEVANI BHALERAO			
SURGERY DEPARTMENT				
8	DR. KALPIT ACHARYA			
9	DR. AJINKYA CHAWAN			
10	DR. SWARNIL CHAVAN			
11	DR. SHIBHAM KOLI AKKE			
12	DR. AJAYRATNA MESHRAM			
13	DR. SHRIRAM DALIATONDE			
14	DR. PRIYANKA KURE			
15	DR. PRANAV KALE			
16	DR. PRATHIBHA KANE			
17	DR. KIRAN KULKARNI			
18	DR. AKSHAY KEMADE			
19	DR. SNEHA NEGAWADE			

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