



# DR. G.D. POL FOUNDATION'S

## YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL NAVI MUMBAI

Phone : 022- 27744406 Fax:27749895 E-Mail :ymtayurved@drgdpolfoundation.org

**Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210**

### Activity Report

**Title of the event** - NSS Special camp 22-23

**Date**-21/01/2023 to 27/01/23

**Duration** - 7 days

**Venue** - At Pokharkarwadi Tal-Karjat Dist. Raigad

**Coordinator**-Dr Ashish Punde, Dr.Akshyata Chavan, Dr.Sayali Patil

### Objectives –

- 1) To provide free consultation to the benefiterers present for camp
- 2) To provide ophthalmic, Gynaecology,Surgical advice to the patients.
- 3) Free consultation for all the specializations available
- 4) Explain importance of Ayurveda in day to day life
- 5) Awareness of various surgical, Panchakarma packages.

### Description –

Dr G.D Pol foundation Ayurved College and hospital has been arranged Special NSS camp 22-23 from 21/01/23 to 27/01/23 At Pokharkarwadi Taluka Karjat District Raighad.

Inauguration of camp done on 21 of January by the chairperson of the function **Mr.Tanaji Patil (State counsel communicator Maharashtra state UNISEF)** by lighting the lamps and offering the flowers to Lord Dhanvantari idol and Swami Vivekanand.

### ❖ Chief Guests for Inauguration function were

- 1) Shri Dilip Tamhane (Shivsena Karjat Taluka Adhyakshya)
- 2) Shri Prasad Thorave(Yuva Nete)
- 3) Shri Deepak Borade (Aarogya Bharati Kokan Prant)
- 4) Shri dnyaneshwar Jadhav (Aarogya Bharati Karjat Taluka)
- 5) Shri Ram Mhaske( Sadasya Jilha balkalyan Samiti,Pratham Varga Nyayadhish,Bal Nyayalaya)
- 6) Amol Patil ( Jilha Parishad Sampark Pramuk)
- 7) Anil Shemte (Panchayat Samiti Vibhag Pramukh)
- 8) Rupesh Harpude( Gram Panchayat Sadasya)
- 9) Vilas Modake ( Maji Sarpanch)
- 10) Nivrutti Mate (Shakha Pramuka)

❖ Special appearance -Navaneet Kadam ( Jilha Parishad Sadasya)

❖ Anchoring of the function was done by NSS Volunteer Sneha Jadhav and Vithhal Nagarale

❖ Preface and Outline of the Function was presented by Dr.Mangesh Patil Sir.



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Chair Person Hon.Mr.Tanaji patil addressed the students specially emphasizing on responsibilities of youth towards our society. Honorable Mr.Ram Mhaske sir communicated with students and Honorable Shri Prasad Thorave created enthusiasm in programme. Thanks were shown in programme by Dr Ashish Punde sir.

### Daily Routine -

5 am to 5:30 am	Yoga, Running and Other exercises
5:30 am to 7 am	Self Cleanliness
7 am to 8 am	Prayer
8 am to 9 am	Breakfast
9 am to 1 pm	OPD and Survey
2 pm to 3 pm	Lunch
3 pm to 5 pm	Rest
5 pm to 8 pm	Entertainment
8 pm to 9 pm	Dinner
9 pm to 10 pm	Daily Diary Reading

### OPD and Survey

Date	OPD	Survey
21/01/2023	Pokharkar Wadi	Pokharkar Wadi
22/01/2023	Kotimbe	Kotimbe
23/01/2023	Khandan	Khandan
24/01/2023	Dhamani	Dhamani
25/01/2023	Anandwadi	Anandwadi, Michakar wadi
26/01/2023	Pingalas	Pingalas Dhile

### ❖ Guest Lecture – Dr.Sameer Mahajan ( Ayurved and Jyotish Sharir)

Finally the concluding of the camp was held on 27 January 2023 in presence of chair person and chief guests of function. Dr Ninad Sathe sir (Vice Dean) Presided over the programme.

### Guests were

- ❖ Dr.Jai Kini ( PG Co-ordinator)
- ❖ Dr.Sandip Rajput ( Professor Balarog Department)
- ❖ Dr.Sharadkumar Salunkhe ( Assistant Professor Shalyatantra Department)

### Experiences Share by Nss Volunteers

- ❖ Mr.Purushottam Sutar
- ❖ Mr. Shripad Deshamukh
- ❖ Mr.Ahad Shaikh
- ❖ Mrs.Laxmi Yadav
- ❖ Mr. Gajanan Nagagote

A thanksgiving was done by Dr.Ashish Punde sir (NSS Program officer)

Outcome Activity –

OPD No. – 255 Survey No - 202





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